

Third Sector Report 2011

Introduction

Voluntary Action South Ayrshire (VASA) is recognised as the local Third Sector Interface by South Ayrshire Community Planning Partnership and Scottish Government.

The VASA delivery framework for South Ayrshire has been endorsed by the Community Planning Partnership Board and incorporates four key functions which are:

- Volunteering development
- Social Enterprise development
- Supporting and developing a strong third sector
- Building the third sector relationship with community planning

South Ayrshire has a robust Third Sector that provides a comprehensive range of services and activities in both our rural and urban communities. The spectrum of organisations and groups developing or delivering services incorporates small volunteer dependant groups, regional / national organisations, local project based organisations and social enterprises.

One of VASA's key priorities in 2011 is to highlight Third Sector impact against local and national outcomes, identified as priorities for South Ayrshire in the Single Outcome Agreement. This report highlights the importance of the activities and services that Third / Community Sector organisations and groups deliver for the people of South Ayrshire. It also provides a fuller understanding of the impact the Sector has with reference to achieving the Community Planning Partnership's vision.

VASA is grateful to the 44 organisations and groups who have contributed to this report. We are also keen to highlight that there are many more organisations and groups providing services and activities for the people of South Ayrshire that are not included in the 2011 Report.

VASA aspire to produce a Third Sector Impact Measurement Report on an annual basis. This will ensure the work of the Third / Community Sector continues to be highlighted and its impact is recognised in relation to the achievement of both national and local outcomes.



Contributor Organisations and Groups

- A.C.E. RaceRunning Club (Ayr Carrick Eagles)
- Access to Employment
- Addaction Ayrshire – ARBD Service
- Adventure Centre for Education (ACE)
- Age Concern Girvan
- Ailsa Horizons
- Alzheimer Scotland (South Ayrshire Service)
- Aspire2gether
- Ayr Arts Guild
- Ayr Hospital Volunteers
- Ayr Housing Aid Centre
- Ayr Stroke Club
- Ayr United Football Academy
- Ayrshire Council on Alcohol
- Ballantrae Development Group (BDG)
- Ballantrae Rural Initiative Care in the Community (BRICC)
- Barnardos - South Ayrshire
- Blackwood
- Blue Triangle (Glasgow) Housing Association – Ayr
- Bookcycle
- Boyle Court Sheltered Housing START Association (Girvan)
- Care & Share Project (Riverside Church, Ayr)
- Children 1st
- Friends of Newton Park (Ayr)
- Galloway Forest Project (ProjectScotland)
- Girvan & South Carrick Community Action Network (CAN)
- Girvan Community Garden
- Girvan Youth Trust / Z1 Youth Bar
- Make it Happen (Girvan)
- Real Work Skills
- S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)
- Scottish Marriage Care
- South Ayrshire Befriending Project
- South Ayrshire Dementia Support Association (SADSA)
- South Ayrshire Escape from Homelessness (known as SeAscape)
- South Ayrshire Senior’s Forum
- South Ayrshire Women’s Aid – Children & Young Person’s Support Service
- Stepping Stones for Families – Childcare Development Project
- Strokefolk
- The Ark
- The Lighthouse Foundation
- Turning Point Scotland
- Unity Enterprise – South Ayrshire (PRTC) Carers Centre
- Wallacetoun and Newton Regeneration Forum

Community Plan - Outcomes and Commitments	Single Outcome Agreement - Local Outcome	Community Planning Partnership – Theme Group
Prosperous, Learning & Achieving	Outcomes 1 - 4	Economic Development Partnership
Children, Young People & Families	Outcomes 5 - 8	Children & Families
Healthy & Caring	Outcomes 9 - 10	Community Health Partnership
Healthy & Caring	Outcome 11	Alcohol & Drug Partnership
Safe & Supported	Outcome 12 - 13	Community Safety Partnership
Clean, Attractive & Sustainable	Outcome 14 -16	Sustainability Partnership

Strategic Objective Contributor Organisations / Community Groups -South Ayrshire Single Outcome Agreement – 2009 -2012 (For 2010 /2011)

Contributor – Organisations & Groups	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
A.C.E. RaceRunning Club (Ayr Carrick Eagles)					●		●									
Access to Employment				●	●					●						
Addaction Ayrshire – ARBD Service									●		●					
Adventure Centre for Education (ACE)					●		●									
Age Concern Girvan									●							
Ailsa Horizons	●	●		●									●	●	●	●
Alzheimer Scotland (South Ayrshire Service)									●							
Aspire2gether	●		●	●	●		●	●	●	●	●	●				
Ayr Arts Guild									●							
Ayr Hospital Volunteers				●												
Ayr Housing Aid Centre				●			●	●	●	●	●	●				
Ayr Stroke Club									●							
Ayr United Football Academy					●		●		●	●	●	●				
Ayrshire Council on Alcohol				●			●	●	●	●	●	●				
Ballantrae Development Group (BDG)	●	●			●	●	●		●			●	●	●	●	
Ballantrae Rural Initiative Care in the Community (BRICC)				●					●					●		●
Barnardos - South Ayrshire					●	●	●	●			●					
Blackwood									●	●		●			●	
Blue Triangle (Glasgow) Housing Association – Ayr				●					●	●	●					

Strategic Objective Contributor Organisations / Community Groups -South Ayrshire Single Outcome Agreement – 2009 -2012 (For 2010 /2011)

Contributor – Organisations & Groups	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Bookcycle				●												●
Boyle Court Sheltered Housing START Association (Girvan)					●				●			●	●	●	●	●
Care & Share Project (Riverside Church, Ayr)	●		●	●	●	●	●		●	●	●	●				
Children 1 st				●	●		●	●	●	●		●				
Friends of Newton Park (Ayr)					●	●	●		●			●	●	●	●	●
Galloway Forest Project (ProjectScotland)				●					●		●			●		●
Girvan & South Carrick Community Action Network (CAN)		●														
Girvan Community Garden					●				●						●	●
Girvan Youth Trust / Z1 Youth Bar				●	●	●			●		●	●				
Make it Happen (Girvan)					●											
Real Work Skills	●	●		●						●						●
S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)									●	●						
Scottish Marriage Care				●		●	●	●	●	●	●	●				
South Ayrshire Befriending Project				●	●	●		●	●	●		●				
South Ayrshire Dementia Support Association (SADSA)									●							
South Ayrshire Escape from Homelessness (known as SeAscape)									●	●						
South Ayrshire Senior’s Forum									●			●				
South Ayrshire Women’s Aid – Children & Young Person’s Support Service					●		●									
Stepping Stones for Families – Childcare Development Project	●			●	●		●	●	●	●						

Strategic Objective Contributor Organisations / Community Groups -South Ayrshire Single Outcome Agreement – 2009 -2012 (For 2010 /2011)

Contributor – Organisations & Groups	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome	Outcome
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Strokefolk									●							
The Ark					●				●		●					
The Lighthouse Foundation					●	●	●	●	●		●	●				
Turning Point Scotland				●			●	●	●	●	●	●				
Unity Enterprise – South Ayrshire (PRTC) Carers Centre					●	●			●	●						
Wallacetoun and Newton Regeneration Forum	●			●	●											

Prosperous, Learning & Achieving

Outcomes 1 - 4

Economic Development Partnership (Theme Group)

Contributor Organisations and Groups

Access to Employment
 Ailsa Horizons
 Aspire2gether
 Ayr Hospital Volunteers
 Ayr Housing Aid Centre
 Ayrshire Council on Alcohol
 Ballantrae Development Group (BDG)
 Ballantrae Rural Initiative Care in the Community (BRICC)
 Blue Triangle (Glasgow) Housing Association – Ayr
 Bookcycle
 Care & Share Project (Riverside Church, Ayr)
 Children 1st
 Galloway Forest Project (ProjectScotland)
 Girvan & South Carrick Community Action Network (CAN)
 Girvan Youth Trust / Z1 Youth Bar
 Real Work Skills
 Scottish Marriage Care
 South Ayrshire Befriending Project
 Stepping Stones for Families – Childcare Development Project
 Turning Point Scotland
 Wallacetoun and Newton Regeneration Forum

Single Outcome Agreement - Outcomes and Commitment – Prosperous, Learning & Achieving (Organisation, Agency, Group Contributors)

Businesses in South Ayrshire are enterprising, innovative and equipped to succeed in a changing world				Local Outcome 1
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
1a) Put in place accessible, quality advice and support for business creation and development	Increase - new business formation	<p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide a pre-registration programme for small business - support setting up individuals as childminders</p> <p>We also provide on-going support, information and advice to enable established childminders to sustain their business.</p> <p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. Economic Sustainability is one of the four Strategic Themes in the Development Plan, and is a key priority for the village. Two Priority Actions highlight the Group’s plans relating to business creation / development. These are:</p> <p>Support for local businesses: A “Buy Local, Buy Ballantrae” or similar campaign, to ensure local businesses are supported (in employing and / or training local people), encourage entrepreneurial skills, and explore the potential for new small businesses in the village</p> <p>Encouraging Tourism: Contribute to and benefit from tourist initiatives in Carrick and the surrounding area, more local information signs / brown tourist signs, and further develop local attractions, activities and facilities.</p>	<p>During 2010/11 16 South Ayrshire childminders completed the programme</p> <p>During 2010/11 we provided on-going support to 122 childminders in South Ayrshire</p> <p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG's ideas.</p> <p>One of the first "deliverables" was a village website www.ballantrae.org.uk</p> <p><i>We intend to work in collaboration with other villages in the surrounding area, to take forward this Priority Action ie, Colmonell, Lendalfoot, Pinwherry, Pinmore and Barrhill. The first meeting of a collaborative group which aspires to creating a Stinchar Valley Development Plan is scheduled to take place in September 2011.</i></p>	<ul style="list-style-type: none"> • 67% Local Authority • 33% Self Generated / Trading <p>We have received / generated no income to date.</p>

<p>(Continuation)</p> <p>1a) Put in place accessible, quality advice and support for business creation and development</p>	<p>(Continuation)</p> <p>Increase - new business formation</p>	<p><u>Wallacetoun and Newton Regeneration Forum</u></p> <p>The Forum facilitated a Directors Development Programme delivered by the Social Enterprise Academy and funded by the Big Lottery. The training programme has played a key role in developing the idea of a social enterprise company, which if formed may go some way helping to address the level of deprivation in the local area.</p> <p>The training provided the knowledge and skills necessary for governing a new company and generated ideas and business planning for additional revenue streams to support financial growth and sustainability of a company. On completion of the training programme the participants were given the opportunity to gain an award from the Institute of Leadership and Management.</p> <p><u>Ailsa Horizons</u></p> <p>Ailsa Horizons is the Rural Regeneration and Enterprise Agency within South Ayrshire. We work with small business and social enterprises and help with:</p> <ul style="list-style-type: none"> • Business planning • Accessing funds • Market research • Reducing carbon footprints and energy bills <p>We also work with community organisations to develop these organisations (sometimes as social enterprises) and build their capacity to be sustainable where possible.</p>	<p>Both Paid staff and voluntary members of the Wallacetoun and Newton Regeneration Forum studied alongside members from local residents and Tenants associations and attended the 8 Full day training sessions held in Ayr. (15 Participants in total).</p> <p>Capacity Building – 15 groups supported so far this year with secretariat and capacity building activity</p> <p>Funder Finding – over £350K of funds levered into this area via wind farm and other funds</p> <p>Advice and Signposting – over 30 groups helped with advice and information, 5 communities being assisted with business planning for the sustainable operation of community buildings and facilities</p> <p>Retail and local businesses supported through New Business Association and facilitating that group, 5 communities assisted with their action plans</p>	<ul style="list-style-type: none"> • 100% Grant Funding • 20% Service Level Agreements • 80% Self Generated
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<p>(Continuation)</p> <p>1a) Put in place accessible, quality advice and support for business creation and development</p>	<p>(Continuation)</p> <p>Increase - new business formation</p>	<p><u>Real Work Skills</u></p> <p>We run training and mentoring programmes that help new start businesses. We also operate the Jobcentre Plus Enterprise Scheme for new start businesses. We also operate serviced subsidised startup business offices; we have a total of 4 offices available for use in South Ayrshire <i>(most of our work relating to this initiative is in North Ayrshire).</i></p>	<p>In 2010 we helped 24 new start businesses in South Ayrshire.</p> <p>To end of June 2011 we have helped 18 new start businesses, 4 of which were referred under the JC+ scheme.</p>	<p>We receive no funding for this work.</p>
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Single Outcome Agreement - Outcomes and Commitment – Prosperous, Learning & Achieving (Organisation, Agency, Group Contributors)

Businesses in South Ayrshire are enterprising, innovative and equipped to succeed in a changing world				Local Outcome 1
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
1b) Work collectively to minimise the impact of the economic downturn in South Ayrshire	Reduce - the number of companies planning redundancies	<p>Care & Share Project (Riverside Church, Ayr)</p> <p>Care and Share encourages volunteering amongst its service users. We are also involved in a social enterprise group via Wallacetoun & Newton Regeneration Forum.</p> <p>Ballantrae Development Group (BDG)</p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. Economic Sustainability is one of the four Strategic Themes in the Development Plan, and is a key priority for the village. Two Priority Actions highlight the Group’s plans relating to business creation / development. These are:</p> <p>Support for local businesses: A “Buy Local, Buy Ballantrae” or similar campaign, to ensure local businesses are supported (in employing and / or training local people), encourage entrepreneurial skills, and explore the potential for new small businesses in the village</p> <p>Encouraging Tourism: Contribute to and benefit from tourist initiatives in Carrick and the surrounding area, more local information signs / brown tourist signs, and further develop local attractions, activities and facilities</p>	<p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p> <p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG's ideas.</p> <p>One of the first "deliverables" was a village website www.ballantrae.org.uk We have also participated fully in the ‘Pan Ayrshire’ Tourism Strategy Consultations in order to develop knowledge and understanding of how we can enhance our Development Plan.</p> <p><i>We intend to work in collaboration with other villages in the surrounding area, to take forward this Priority Action ie, Colmonell, Lendalfoot, Pinwherry, Pinmore and Barrhill. The first meeting of a collaborative group which aspires to creating a Stinchar Valley Development Plan is scheduled to take place in September 2011.</i></p>	<ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) <p>We have received / generated no income to date.</p>

<p>(Continuation)</p> <p>1b) Work collectively to minimise the impact of the economic downturn in South Ayrshire</p>	<p>(Continuation)</p> <p>Reduce - the number of companies planning redundancies</p>	<p><u>Ailsa Horizons</u></p> <p>Ailsa Horizons is the Rural Regeneration and Enterprise Agency within South Ayrshire. We work with small business and social enterprises and help with:</p> <ul style="list-style-type: none"> • Business planning • Accessing funds • Market research • Reducing carbon footprints and energy bills <p>We also work with community organisations to develop these organisations (sometimes as social enterprises) and build their capacity to be sustainable where possible.</p>	<p>Capacity Building – 15 groups supported so far this year with secretariat and capacity building activity</p> <p>Funder Finding – over £350K of funds levered into this area via wind farm and other funds</p> <p>Advice and Signposting – over 30 groups helped with advice and information, 5 communities being assisted with business planning for the sustainable operation of community buildings and facilities</p> <p>Retail and local businesses supported through New Business Association and facilitating that group, 5 communities assisted with their action plans</p>	<ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated
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Single Outcome Agreement - Outcomes and Commitment – Prosperous, Learning & Achieving (Organisation, Agency, Group Contributors)

Businesses in South Ayrshire are enterprising, innovative and equipped to succeed in a changing world				Local Outcome 1
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
1c) Develop and support the local Social Economy	Increase - the number of people employed in social enterprises	<p>Care & Share Project (Riverside Church, Ayr)</p> <p>The Project is actively involved in progressing social enterprise locally ,via Wallacetoun & Newton Regeneration Forum.</p> <p>Ballantrae Development Group (BDG)</p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. Economic Sustainability is one of the four Strategic Themes in the Development Plan, and is a key priority for the village. Two Priority Actions highlight the Group’s plans relating to business creation / development. These are:</p> <p>Support for local businesses: A “Buy Local, Buy Ballantrae” or similar campaign, to ensure local businesses are supported (in employing and / or training local people), encourage entrepreneurial skills, and explore the potential for new small businesses in the village</p> <p>Encouraging Tourism: Contribute to and benefit from tourist initiatives in Carrick and the surrounding area, more local information signs / brown tourist signs, and further develop local attractions, activities and facilities</p>	<p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG's ideas. One of the first "deliverables" was a village website www.ballantrae.org.uk We have also participated fully in the ‘Pan Ayrshire’ Tourism Strategy Consultations in order to develop knowledge / understanding of how we can enhance our development Plan.</p> <p><i>(We intend to work in collaboration with other villages in the surrounding area, to take forward this Priority The first meeting of a collaborative group which aspires to creating a Stinchar Valley Development Plan is scheduled to take place in September 2011)</i></p> <p>Capacity Building – 15 groups supported so far this year with secretariat and capacity building activity</p>	<ul style="list-style-type: none"> • 52% Contracts / SLA’s • 26% Local Authority • 22% Self Funded (contribution from Church) <p>We have received / generated no income to date.</p>

<p>(Continuation)</p> <p>1c) Develop and support the local Social Economy</p>	<p>(Continuation)</p> <p>Increase - the number of people employed in social enterprises</p>	<p><u>Ailsa Horizons</u></p> <p>Ailsa Horizons is the Rural Regeneration and Enterprise Agency within South Ayrshire. We work with small business and social enterprises and help with:</p> <ul style="list-style-type: none"> • Business planning • Accessing funds • Market research • Reducing carbon footprints and energy bills <p>We also work with community organisations to develop these organisations (sometimes as social enterprises) and build their capacity to be sustainable where possible.</p> <p><u>Aspire2gether</u></p> <p>Aspire2gether is a social enterprise and we strive to provide a high quality environment for our employees, ensuring they have access to appropriate training and development opportunities.</p> <p><u>Real Work Skills</u></p> <p>We run training and mentoring programmes that help new start social enterprises.</p>	<p>Funder Finding – over £350K of funds levered into this area via wind farm and other funds</p> <p>Advice and Signposting – over 30 groups helped with advice and information, 5 communities being assisted with business planning for the sustainable operation of community buildings and facilities</p> <p>Retail and local businesses supported through New Business Association and facilitating that group, 5 communities assisted with their action plans.</p> <p>We currently employ 36 staff, 26 of whom are full time. Our employee numbers have increased by just over 25 per cent in the last year.</p> <p>We participate in the Community Jobs Scotland Initiative and are providing 4 jobs in social care and administration through this programme.</p> <p>In 2010 we helped 2 new social enterprises, and to June 2011 we have helped 2 new start social enterprises</p>	<ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated <p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated <p>We receive no funding for this work.</p>
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Single Outcome Agreement - Outcomes and Commitment – Prosperous, Learning & Achieving (Organisation, Agency, Group Contributors)

South Ayrshire has the right infrastructure in place to support business aspirations				Local Outcome 2
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>2a) Enhance town centres and address business accommodation and transport issues</p>	<p>Increase - Refurbished retail space</p> <p>Decrease - the percentage of road network that should be considered for maintenance treatment</p>	<p><u>Girvan & South Carrick Community Action Network (CAN)</u></p> <p>CAN provide a bespoke patient transport service for people residing in Girvan and the South Carrick District. The service enables people who are affected by transport issues to attend hospital / health check appointments, treatment and day surgery clinics, etc. The service enables people to attend outpatient services and appointment throughout a wide geographical area incorporating Ayrshire, Dumfries & Galloway, Glasgow and Edinburgh. It is managed and delivered by team of volunteer co-ordinators / drivers. The service can be accessed via health professionals. Self referral is also possible through the Dalrymple Street office premises / telephone contact on promotion materials. Thrift shop activity and book lending library also provided from the office premises. The service is primarily delivered to elderly or infirm residents however in exceptional circumstances children and parents (e.g. cancer, serious on-going health issues) have accessed.</p> <p><u>Real Work Skills</u></p> <p>We operate from an office space in Ayr High Street that was an unused shell when we took it on in 2009. We have reinstated both upper floors (1st in 2009, 2nd in 2010) and brought the building back into use, including provision of subsidised serviced offices for new start businesses.</p>	<p>May 2010 /2011</p> <p>7 Volunteer Co-ordinators (referrals and Thrift shop activities)</p> <p>14 Volunteer Drivers</p> <p>615 People transported to and from appointments clinics etc</p> <p>613 Journeys provided by volunteer drivers</p>	<p>Our funding is 100% Self Generated</p> <p>We receive no funding for this provision.</p>

<p>(Continuation)</p> <p>2a) Enhance town centres and address business accommodation and transport issues</p>	<p>(Continuation)</p> <p>Increase - Refurbished retail space</p> <p>Decrease - the percentage of road network that should be considered for maintenance treatment</p>	<p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. Environmental Improvements that will enhance the village centre and impact on business accommodation and transport issues are as follows:</p> <p>How the village looks: More planters, tidy gardens and public areas; and a concerted, co-ordinated effort to improve the look of the buildings in our streets</p> <p>Homes and Housing: Contribute to and influence the South Ayrshire Council Community Plan for this area</p> <p>Transport: Improve public transport links resulting in a more integrated transport network</p> <p>Caring for the Environment: Be responsible custodians of our local environment eg in relation to issues such as the biosphere; energy conservation; windfarms and landfill</p> <p>Community Safety: Improve road safety and the prevention of crime</p> <p><u>Ailsa Horizons</u></p> <p>Community Transport is supported in our work by being part of the RTNG Network for Carrick.</p>	<p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG's ideas. One of the first "deliverables" was a village website www.ballantrae.org.uk We have also participated fully in the ‘Pan Ayrshire’ Tourism Strategy Consultations in order to develop knowledge / understanding of how we can enhance our development Plan.</p> <p><i>(We intend to work in collaboration with other villages in the surrounding area, to take forward this Priority The first meeting of a collaborative group which aspires to creating a Stinchar Valley Development Plan is scheduled to take place in September 2011)</i></p> <p>RTNG is working on a feasibility study that will inform South Ayrshire about the accessibility and capacity of rural community transport within Carrick. This has supported and brought together 4 local Community Transport Operators</p>	<p>We have received / generated no income to date.</p> <ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated
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Single Outcome Agreement - Outcomes and Commitment – Prosperous, Learning & Achieving (Organisation, Agency, Group Contributors)

Research and innovation in South Ayrshire is enhanced				Local Outcome 3
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
3a) Support for local business to gain from, and contribute to the enhancement of research and innovation	Increase - Number of Knowledge Transfer Partnership established	<p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Care and Share Project works in partnership with South Ayrshire Alcohol and Drug Partnership to whom we have submitted research / surveys / questionnaires.</p> <p><u>Aspire2gether</u></p> <p>Aspire2gether is actively participating in three of the mirror theme groups, facilitated by VASA to feed into the CPP. We are also members of a number of regional and national organisations established for this purpose, including the Ayrshire Chamber of Commerce, ACOSVO, Senscot, CRNS, Scottish Mentoring Network and local Community Learning Partnerships.</p>		<ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) <p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated

Single Outcome Agreement - Outcomes and Commitment – Prosperous, Learning & Achieving (Organisation, Agency, Group Contributors)

People in South Ayrshire are confident, qualified and prepared to access better job opportunities				Local Outcome 4
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>4a) Improve opportunities for the transition between out of work benefits and employment</p>	<p>Reduce the difference between –</p> <p>a)Unemployment rates</p> <p>b)Out of work benefits claimed</p> <p>South Ayrshire (authority wide) & Regeneration Areas</p>	<p><u>Scottish Marriage Care</u></p> <p>Scottish Marriage Care provides a number of volunteer opportunities to improve the confidence and skills of individuals moving into the world of work. From receptionist skills to advanced counselling skills. After training with SMC many find full time or part-time employment.</p> <p><u>Access to Employment</u></p> <p>Access to Employment delivers specific services to individuals to improve employability:</p> <ul style="list-style-type: none"> • Client Engagement, support and training for employment to assist non-employed clients to gain and retain employment • Job Seeking Skills (CV Prep; Interview Skills; Assistance with Application forms) • Signposting to appropriate support services and provision • Work based placements for clients • After-care follow up support • Core Skills; Literacy & Numeracy Provision and Basic ICT • Personal Development provision (Pacific Institute Provider) <p>Childcare for families accessing training, education and/or employment: From 6 weeks to 16 years old; enables clients to take up opportunities in training; education and employment</p>	<p>Scottish Marriage Care provides between 4-6 volunteering opportunities on an annual basis</p> <p>During 2010/11</p> <ul style="list-style-type: none"> • Registered 397 new non-employed clients of which 30% had been non-employed over 2 years • Supported 166 clients into employment • Provided childcare for 227 children 	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches <ul style="list-style-type: none"> • 50% Community Planning Partnership (CPP) • 50% Self generated / Trading

<p>(Continuation)</p> <p>4a) Improve opportunities for the transition between out of work benefits and employment</p>	<p>(Continuation)</p> <p>Reduce the difference between –</p> <p>a)Unemployment rates</p> <p>b)Out of work benefits claimed</p> <p>South Ayrshire (authority wide) & Regeneration Areas</p>	<p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol provides a comprehensive counselling and support services to people for whom alcohol is a barrier to employment.</p> <p>The service also receives referrals from employers where alcohol has been causing problems at work.</p> <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Care and Share Project helps build confidence in individuals by establishing relationships and routine. The Project provides a variety of support mechanisms for those furthest removed from the labour market including:</p> <ul style="list-style-type: none"> • Facilitating access to support services • Accompanying service users to appointments / providing individuals with support as they enter into courses in further education (links with Ayr College) • Running a variety of outward bound activity days which help to develop confidence, interest and focus • Providing access to a landline phone which can be used to carry out benefit / housing enquiries • Running weekly arts and crafts activities allowing service users to try new activities / contribute to group projects • Involving service users in our Steering Group. Taking part in the Steering Group also provides opportunities to lobby Local Authority on behalf of their peers 	<p>249 service users in South Ayrshire during 2010/11. Analysis of service users (completed interventions - typical quarter). Employability indicators – improvement in the following areas:</p> <ul style="list-style-type: none"> • 71% social functioning • 71% general health • 71% occupation • 35% criminal involvement • 86% drug/ alcohol use • 57% working relationships • 50% compliance <p>Current caseload (employer referrals 10 service users)</p> <p>Service provision includes: Weekly drop in sessions (<i>Wednesdays</i>) 285 individuals have accessed the service since August 2010 – 48 people average weekly attendance.</p> <p>Ladies Nights (<i>last Saturday each month</i>) on average 11 young women attending. Outdoor Activities – (<i>a varied programme delivered between March and October</i>) on average 10 young people attending each activity session. Steering Group – an average of 6 people attending per meeting</p> <p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night).</p>	<p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church)
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<p>(Continuation)</p> <p>4a) Improve opportunities for the transition between out of work benefits and employment</p>	<p>(Continuation)</p> <p>Reduce the difference between –</p> <p>a)Unemployment rates</p> <p>B)Out of work benefits claimed</p> <p>South Ayrshire (authority wide) & Regeneration Areas</p>	<p><u>South Ayrshire Befriending Project</u></p> <p>South Ayrshire Befriending Project provides volunteering opportunities for people who are job seeking. Through volunteering people in the age range 18-63 can enhance their skills and experience, which results in improved employability. The Project offers a variety of in-house and external training opportunities for volunteers. All volunteers complete Child Protection Training which is a necessary skill base for those wishing to source employment in the social care sector.</p> <p><u>Ayr Hospital Volunteers</u></p> <p>Ayr Hospital Volunteers has in excess of 300 volunteers who provide staffing at the very busy hospital tea room and shop. Volunteers also staff the trolley and library service for patients. People from all ages and backgrounds volunteer with the service. Opportunities are available for unemployed people to develop skills in areas such as till operation, stock control, serving the public etc. For volunteers who are returning to the labour market or need extra experience and support to access it the opportunity provides real work experience, employment references etc.</p> <p><u>Girvan Youth Trust / Z1 Youth Bar</u></p> <p>The Trust is providing opportunities to up-skill young people by providing meaningful work experience through the Operational Management Team Initiative (OMT).</p> <p>The initiative provides employment opportunities for local young people who are employed for 10-hours per week (pay is in excess of NMW). Young people receive training / practical experience in: team working, basic first aid, food hygiene, mixology (preparing alcohol free cocktails) and customer care (training delivered by the Bar Guild).</p>	<p>South Ayrshire Befriending Project has a bank of 44 volunteers, 5 of whom are currently job seeking.</p> <p>During the past 2-years 6 unemployed volunteers have found employment as a direct result of the volunteering experience</p> <p>From Sept 2009 – Sept 2011 the Project will provide opportunities for 40 local young people.</p> <p>To date 3 young people who have an identified higher support need have been employed through the initiative</p>	<ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations <p>Ayr Hospital Volunteers is a self-governing, self funding organisation. After covering its costs all additional funds go back into the hospital. (<i>Ayr Hospital provide the Hospital Volunteers with a 'wish list' where funds might be best used</i>)</p> <ul style="list-style-type: none"> • 80% Trusts / Foundations • 20% Self Generated
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<p>(Continuation)</p> <p>4a) Improve opportunities for the transition between out of work benefits and employment</p>	<p>(Continuation)</p> <p>Reduce the difference between –</p> <p>a)Unemployment rates</p> <p>B)Out of work benefits claimed</p> <p>South Ayrshire (authority wide) & Regeneration Areas</p>	<p><u>Galloway Forest Project (ProjectScotland)</u></p> <p>The Project provides employment opportunities through The Future Jobs Fund Initiative to young people aged 18-25. Project participants benefit from a combination of work experience and accredited land-based skills training which is designed to enhance employability. Beneficiaries also receive personal development support (through the provision of a bespoke mentor), and take part in health and lifestyle workshops. The Project provides job search skill development training and beneficiaries receive support to access employment / learning opportunities at exit point. They also have access to aftercare support.</p> <p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff work in partnership with a wide variety of statutory / voluntary agencies locally, to provide a comprehensive support / signposting service for service users. Thus enabling enhanced employability. Services include :</p> <ul style="list-style-type: none"> • access to training, education, employment and volunteering opportunities within the local area • access to local services such as income maximization, local Jobcentre Plus employment initiatives, etc <p><u>Turning Point Scotland</u></p> <p>As part of the work we do with our clients, we promote the benefits of maintaining a healthy balanced life, working with individuals through goal setting in their care plans to evaluate where they would like to be in the future. A high proportion of our clients state they would like to be off benefits and look at starting further education, training or employment as part of their recovery.</p>	<p>July 2010 – June 2011</p> <p><u>South Ayrshire Travel to Work Area:</u> 56 young people completed the 6-month initiative</p> <p><u>Regeneration Areas:</u> 19 of the 56 young people who completed the 6-month initiative live in regeneration areas</p> <p>During 2010 /11 The Chalmers Court facility has provided support to 40 people</p> <p>100% of service users have been given the opportunity to access training, funding, employment experience etc</p> <p>As a service over the last 12 months we have positively discharged 63 individuals due to them starting college or employment thus reducing the difference between unemployment rates and out of work benefits claimed.</p>	<p>In South Ayrshire we are 100% funded by Project Scotland</p> <ul style="list-style-type: none"> • 61% SAC Supporting People • 39% Housing Benefit • 46% Local Authority • 54% NHS
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<p>(Continuation)</p> <p>4a) Improve opportunities for the transition between out of work benefits and employment</p>	<p>(Continuation)</p> <p>Reduce the difference between –</p> <p>a)Unemployment rates</p> <p>B)Out of work benefits claimed</p> <p>South Ayrshire (authority wide) & Regeneration Areas</p>	<p><u>Real Work Skills</u></p> <p>We operate a comprehensive employability training service, which includes all 8 elements of the employability pipeline (as defined by WorkForce Plus Group). This is a free to access service for anybody who is not able to gain access to statutory provision. Programmes are tailored for each individual.</p> <p>In addition we operate a drop-in centre where anybody can access PCs to carry out job search activity; applications, CVs, etc. <i>(We do not maintain statistics on these service users).</i></p> <p>The service is accessible Monday to Friday 9am to 5pm.</p> <p><u>Ayr Housing Aid Centre</u></p> <p>Many of our service users are unemployed and have concerns about the impact of moving into employment, in particular the impact this has on affordability of accommodation across all tenure sectors. <i>(The welfare reform agenda and current changes to benefits will all impact on this important objective).</i></p> <p><u>Bookcycle</u></p> <p><i>Bookcycle is a new social enterprise, with profits going back into the community. We operate Ayrshire wide to raise funds for not-for-profit organisations and community groups. We have local collection points in South Ayrshire.</i></p> <p>Recycling activities enable us to support local volunteers, provide work skills, supply free books to local literacy groups and avoid landfill. Volunteers have the opportunity to gain confidence, develop new skills and improve employability.</p>	<p>In 2010 we helped 101 people in South Ayrshire. In 2011 to June we have helped 168 people in South Ayrshire. <i>(We can provide these figures broken down by Ward; if it is of interest)</i> This includes people referred to us by JC+ on the Work Club. In 2011, to June, we achieved the following positive outcomes:</p> <p>5 people into further education 20 people into employment 3 people into volunteering 1 person into an apprenticeship 1 person into self employment</p> <p>The Centre provided services to over 330 service users in 2010/11 who are unemployed. <i>Within both our housing advice and support services we can provide information and projections through relevant soft ware.</i></p> <p><i>Unable to quantify at present as we are in our first year of trading. We have only recently secured premises for our operations.</i></p>	<p>We receive no funding for this work</p> <ul style="list-style-type: none"> • 95% Contract / Service Level Agreement • 5% Self Generated / Donations <p>Start-up funding has been received from 2 social enterprise support agencies.</p>
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<p>(Continuation)</p> <p>4a) Improve opportunities for the transition between out of work benefits and employment</p>	<p>(Continuation)</p> <p>Reduce the difference between –</p> <p>a)Unemployment rates</p> <p>B)Out of work benefits claimed</p> <p>South Ayrshire (authority wide) & Regeneration Areas</p>	<p><u>Aspire2gether</u></p> <p>Aspire2gether’s support service work with its clients to help them to achieve goals they set out in personal learning plan and this often includes moving towards employment. Our new Aspire2Learn service aims to work with 80-100 people each year who are furthest from the labour market and move them towards mainstream learning, training and employment opportunities. We also offer a drop in careers advice service to our clients on a weekly basis.</p> <p>Our support workers advise service users on claiming appropriate benefits and liaise closely with DWP and JobCentre Plus to ensure they are paid timeously and correctly.</p>	<p>In 2010-11 our Home learn Link service provided one-to-one home base literacy support to 25 individuals who were unable to access mainstream learning support. Those assisted were mostly vulnerable and often had chaotic lifestyles but expressed a desire to move on. As a result of the support provided all stated that their basic skills had improved; 17 moved into mainstream learning and 3 moved into employment.</p> <p>In 2010/11 our Housing Support and First Home services raised a total of £395,000 for service users; most of which was by ensuring they received the appropriate benefits.</p>	<p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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Single Outcome Agreement - Outcomes and Commitment – Prosperous, Learning & Achieving (Organisation, Agency, Group Contributors)

People in South Ayrshire are confident, qualified and prepared to access better job opportunities				Local Outcome 4
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
4b) Learning interventions to low-paid or low-skilled employees	Decrease – Percentage of the working age population with no qualifications	<p><u>Access to Employment</u></p> <ul style="list-style-type: none"> Flexible Learning Resource to augment skills acquisition: Provision of Basic IT Skills; SQA PC Passport and European Computer Driving Licence (ECDL) Provider National Training Programmes: Training for Work and Skillseekers/Modern Apprenticeships Vocational Training and SVQ courses:(SQA Centre); Business Admin Level II; Playwork Level II and III; Childcare Learning and Development Level II & III; Health and Social Care Level II & III Individual Learning Accounts/ Commercial Provision: Assist trainees to develop within their career; Funding to support core activities <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project facilitates access to learning for its service users; who are those furthest removed from the labour market. The Project’s Development Worker is trained to tutor adult learners and can provide opportunities for this to happen throughout the week. Strong partnership links with Ayr College also enables the Project’s service users to access college courses, receive support to resolve funding issues, etc. <i>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</i></p>	<p>During 20010 /2011</p> <ul style="list-style-type: none"> Supported 98 clients to gain Labour Market qualifications including: ECDL Food Hygiene Certificate, First Aid and Construction Site Safety Cards Supported 42 clients into gaining SVQ Level 2 or above. These included Health & Social Care, Business Admin, Playwork and Childcare Learning & Development Provided 3693 drop in session delivered in the Flexible Learning Centre <p>Service provision includes: Weekly drop in sessions (<i>Wednesdays</i>) 285 individuals have accessed the service since August 2010 – 48 people average weekly attendance. Ladies Nights (<i>last Saturday each month</i>) on average 11 young women attending. Outdoor Activities –on average 10 young people attending each activity session</p>	<ul style="list-style-type: none"> 50% Community Planning Partnership (CPP) 50% Self generated / Trading 52% Contracts / Service Level Agreements 26% Local Authority 22% Self Funded (contribution from Church)

<p>(Continuation)</p> <p>4b) Learning interventions to low-paid or low-skilled employees</p>	<p>(Continuation)</p> <p>Decrease – Percentage of the working age population with no qualifications</p>	<p><u>Galloway Forest Project (ProjectScotland)</u></p> <p>The project trains beneficiaries to NPTC / Forestry Commissions standards in a variety of land based disciplines including: strimmer / brushcutter, chainsaw, chemical spraying, wood chipper and fencing. In addition beneficiaries receive training in moving and handling, small tools maintenance, emergency planning and risk assessment. This training is recognised through a bespoke passport system which is endorsed by Lantra. Prior to engaging with the Project many beneficiaries had no formal vocational qualifications.</p> <p><u>Real Work Skills</u></p> <p>We are an SQA training centre, and run approved courses on a range of vocational and non-vocational subjects, including:</p> <ul style="list-style-type: none"> • Core Skills • Enterprise & Employability • PC Passport • Customer Services • Business & Administration / Management • Finance & Accounting <p>We also offer Sage training in Accounts and Payroll.</p>	<p>July 2010 – June 2011 Number of beneficiaries achieving NPTC / Forestry Commission approved qualifications: <u>South Ayrshire Travel to Work Area: 23</u> young people achieved one or more competency certificate (<i>9 of the 23 young people achieving approved qualifications live in regeneration areas</i>)</p> <p>Number of beneficiaries achieving accreditation through the Lantra Passport System: <u>South Ayrshire Travel to Work Area: 56</u> young people, (<i>19 of the 56 young people achieving Lantra Passport accreditation live in regeneration areas</i>)</p> <p>To date 32 people are undertaking accredited courses. (<i>In most cases these qualifications continue for more than a year, so are still ongoing, as we did not start to deliver this work until mid 2010</i>).</p> <p>We have had 24 people complete both courses in 2010 and 2011. <i>We typically run courses with 4-5 paid places, and 2 free places (we do not get funding for these). We have found work for the majority of candidates on free places after the course completes.</i></p>	<p>In South Ayrshire we are 100% funded by Project Scotland</p> <ul style="list-style-type: none"> • 70% Self Generated / Trading • 30% Lottery
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<p>(Continuation)</p> <p>4b) Learning interventions to low-paid or low-skilled employees</p>	<p>(Continuation)</p> <p>Decrease – Percentage of the working age population with no qualifications</p>	<p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff work in partnership with a wide variety of statutory / voluntary agencies including colleges, universities and training providers, to provide access to learning for service users. All service users have a Person Centred Support Plan which incorporates actions to realise education and training goals. A high percentage of services users have physical / mental health issues.</p> <p><u>Children 1st</u></p> <p>We provide Family Support Services to vulnerable families. This support includes the provision of parenting support. Although this activity is not a direct learning intervention in relation to employability, it often contributes to an increased sense of self-confidence. This increased self-confidence often results in parents feeling more able to access training or employment. Also, often parents of children who struggle to be maintained within mainstream school, require to be available to accommodate their child’s part-time timetable, or frequent exclusions from school. Our work with parents, children, and other agencies is aimed at improving childrens’ abilities to be maintained within mainstream education. This allows for more opportunities for parents to access education, training, and employment.</p> <p><u>Turning Point Scotland</u></p> <p>As part of the work we do with our clients, we promote the benefits of maintaining a healthy balanced life, working with individuals through goal setting in their care plans to evaluate where they would like to be in the future, a high proportion of our clients state they would like to be off benefits and look at starting further education, training or employment as part of their recovery.</p>	<p>The Chalmers Court facility has supported 40 people during 2010 /11.</p> <p>Encouragement is provided by staff to 100% of services users to enable them to engage in continuous learning. <i>(Continuous learning not only improves employability, but can result in many additional benefits for service users such as increased confidence and improved self-esteem)</i></p> <p>On average, 4 parents per year access training/ further education courses as a result of increase in self-confidence, and more predictable routines at home.</p> <p>As a service over the last 12 months we have positively discharged 63 individuals some of these are due to them starting college thus decreasing the percentage of the working age population we work with who have no qualifications.</p>	<ul style="list-style-type: none"> • 61% SAC Supporting People • 39% Housing Benefit • 70% Local Authority • 30% Trusts / Foundations • 46% Local Authority • 54% NHS
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(Continuation)	(Continuation)			
<p>4b) Learning interventions to low-paid or low-skilled employees</p>	<p>Decrease – Percentage of the working age population with no qualifications</p>	<p><u>Stepping Stones for Families – Childcare Development Project</u></p>	<p>5 x SVQ 3 Playwork (2009 – 2010) 1 x SVQ 4 Playwork (2009 -2010) 2 x SVQ 4 CCLD (2009 – 2010) 2 x SVQ 3 CCLD (2010 - 2011) 1 x SVQ 3 Playwork (2010 – 2011)</p>	<ul style="list-style-type: none"> • 67% Local Authority • 33% Self Generated / Trading
		<p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p>	<p>We currently have 33 full / part time carers who provide homecare services to over 110 clients</p>	<p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop’s staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p>
		<p><u>Ailsa Horizons</u></p>	<p><i>Act as a catalyst for existing training programmes, Co-ordinate training needs with existing courses, Source / design courses (demand led), Provide support for new business start-ups, Provide mentors for new businesses and self employment.</i></p>	<ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated

(Continuation)	(Continuation)			
<p>4b) Learning interventions to low-paid or low-skilled employees</p>	<p>Decrease – Percentage of the working age population with no qualifications</p>	<p><u>Wallacetoun and Newton Regeneration Forum</u></p> <p>The Forum has engaged in a programme to up-skill existing members of staff to enable them to bring many administrative tasks in-house such as HN payroll and Recording of financial transactions and using financial software.</p> <p>Employment of the Social Enterprise Academy to provide directorship training for formation of a social enterprise company. Participants gained an award from the Institute of Leadership and Management.</p> <p><u>Aspire2gether</u></p> <p>Our new Aspire2Learn service aims to work with 80-100 people each year who are furthest from the labour market and move them towards mainstream learning, training and employment opportunities. Aspire2Learn will offer accredited learning to its service users.</p>	<p>The Forum has given time and financial support to staff members to enable them to attend classes.</p> <p>Both Paid staff and voluntary members of the Wallacetoun and Newton Regeneration Forum studied alongside members from local residents and Tenants associations and attended the 8 Full day training sessions held in Ayr. (15 Participants in total).</p> <p>In 2010/11 our Home Learn Link service assisted 17 people who had not previously been engaged in learning activities into mainstream learning opportunities including opportunities leading to formal qualifications.</p> <p>In 2010/11 our First Home service, which supports vulnerable young people in Carrick considering taking on a tenancy, assisted 26 young people to move into or remain in education and training.</p>	<ul style="list-style-type: none"> • 100% Grant Funding <p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated

Children, Young People & Families

Outcomes 5 - 8

Children & Families (Theme Group)

Contributor Organisations and Groups

A.C.E. RaceRunning Club (Ayr Carrick Eagles)
 Access to Employment
 Adventure Centre for Education (ACE)
 Aspire2gether
 Ayr Housing Aid Centre
 Ayr United Football Academy
 Ayrshire Council on Alcohol
 Ballantrae Development Group (BDG)
 Barnardos - South Ayrshire
 Boyle Court Sheltered Housing START Association (Girvan)
 Care & Share Project (Riverside Church, Ayr)
 Children 1st
 Friends of Newton Park (Ayr)
 Girvan Community Garden
 Girvan Youth Trust / Z1 Youth Bar
 Make it Happen (Girvan)
 Scottish Marriage Care
 South Ayrshire Befriending Project
 South Ayrshire Women's Aid – Children & Young Person's Support Service
 Stepping Stones for Families – Childcare Development Project
 The Ark
 The Lighthouse Foundation
 Turning Point Scotland
 Unity Enterprise – South Ayrshire (PRTC) Carers Centre
 Wallacetoun and Newton Regeneration Forum

Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

South Ayrshire’s children and young people are inspired motivated and ambitious				Local Outcome 5
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
5a) Increase the number of children and young people participating in positive and constructive activities	1. Increase - Numbers of children and young people participating in recognised positive activities	<p><u>Access to Employment</u></p> <p>Delivery of Childcare Provision including the delivery of Curriculum for Excellence activity.</p> <p><u>Girvan Community Garden</u></p> <p>Girvan Community Garden has involved Girvan Academy pupils in participating in garden activities over an 8 week block. The pupils built a bench for the garden as their main project. Other S3 pupils created mosaics in school for the garden as a mini trail for younger children to follow in the garden as well as painting signs to distribute around the garden.</p> <p>Girvan Primary school pupils (P1’s) Discovery Group are currently visiting the garden to learn how to sow seeds, pot on seedlings and look after them as they mature. They have also looked at wild flowers and what insects they attract into the garden and will participate in eating and harvesting their produce over the coming weeks. Sacred Heart school has also taken part in a story telling session and planted beans this year.</p> <p>Invergarven School for special need pupils have participated in small activities in the garden in 2010. Young people from the local community have also been involved in volunteering in the garden (<i>not attached to school volunteering projects</i>).</p>	<p>During 2010 /2011</p> <p>Provided childcare provision to 227 children aged between 6 weeks and 16 year old. This enabled 73 clients to access employment, training or education.</p> <p>An average of 11 Girvan Academy pupils participated (weekly)</p> <p>30 pupils participated over a 6 week period</p> <p>26 pupils participated</p>	<ul style="list-style-type: none"> • 50% Community Planning Partnership (CPP) • 50% Self generated / Trading • 49% Leader • 24% Leader (Claimed Back) • Donations • Self Generated • Local Authority

(Continuation)	(Continuation)			
<p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>1. Increase - Numbers of children and young people participating in recognised positive activities</p>	<p><u>The Ark</u></p> <p>The Ark provides safe socialising options for young people, mainly at the weekend, but also midweek. The facility actively engages volunteers to deliver its services. Volunteers (age range 16-25 years) receive training as relational youth workers / positive role models. The facility also encourages its service users / volunteers to become involved in the Youth Advisory Committee. This committee provides a platform to ensure the Ark meets the needs of its services users. The committee also help staff / volunteers plan and organise events held at the facility.</p> <p><u>Ayr United Football Academy</u></p> <p>This area is central to our organisation's objectives and therefore most of our programmes are designed to promote healthy lifestyles through participation in sport – with football as the core sport.</p> <p>In particular, we deliver programmes encouraging children from kindergarten age through primary school and secondary school ages, both in Nursery, Primary and Secondary schools and in local activity centres</p> <p><u>South Ayrshire Befriending Project</u></p> <p>South Ayrshire Befriending Project provides a befriending service for young people with social or emotional difficulties within South Ayrshire. The Project facilitates one-to-one befriending relationships (fortnightly) for young people referred from a variety of sources including: Social Work, Health Care Teams, schools and partner voluntary sector organisations. The young people who are befriended benefit from access to a variety of social activities such as: cinema, ice-skating, swimming walking, etc. The service also provides group based activities and facilitates paired peer matching relationships.</p>	<p>The Ark works with around 11,000 young people each year</p> <p>We currently have a team of 30 active volunteers.</p>	<ul style="list-style-type: none"> • 45% Charitable Trust • 41% Self Generated / Fees / Income • 11% Donations • 3% Gift Aid
			<p>Delivered 213,369 activity attendances in the Academy's Football in the Community Programme for the 2009/10 year, keeping children and adults active and promoting the benefits of sport and health.</p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding
			<p>During 2010 /11 the Project supported 51 befriending relationships.</p>	<ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations

<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>1. Increase - Numbers of children and young people participating in recognised positive activities</p>	<p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project regularly has young people attending who benefit from the following:</p> <ul style="list-style-type: none"> • Access to NHS – podiatry, sexual health, addictions • Regular meals / Emergency food packages • Variety of diversionary activities such as pool, internet access, outdoor activities, arts and crafts, relaxation • Access to Throughcare / Social Work • Advocacy /Access to a landline phone • Access to support workers from Turning Point, S.T.E.P. (Skills Towards Employment Programme) <p>Some younger females are attending a Ladies Night once a month benefitting from being in a safe environment on a Saturday night enjoying relaxation and pampering as well as having a meal and socialising in a safe environment. <i>(Last Saturday of each month)</i></p> <p><u>Girvan Youth Trust / Z1 Youth Bar</u></p> <p>Z1 Youth Bar is a purpose built alcohol free night club / contemporary lounge bar for young people (11-18) living in Girvan and surrounding 7 rural communities. The facility provides a varied programme of activities that are designed to engage young people in positive and constructive activity; in addition to diversion from alcohol consumption.</p> <p>The programme of activities incorporates:</p> <ul style="list-style-type: none"> • MCMC Support Work – drop in facility involving multi agency guidance and support (pm) • S1 Club – for 12-year olds most ‘at risk’ (evening) • Girls Group – Focused on Developing Skills (evening) • Oasis Drop-in Youth Club (age group 14-18) (evening) • Y-Dance – (age group 11-16) (evening) • Friday / Saturday social networking 	<p>The Project has made contact with 285 individuals since August 2010 <i>(some fall into the 16-25 year old age group)</i>.</p> <p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p> <p>On average 11 young women attend the Ladies Nights</p> <p>Z1 has increased the number of young people accessing the facility from 65 in 2008 to in excess of 400 young people in 2011 (the facility operates 7 days / nights over 52-weeks)</p> <ul style="list-style-type: none"> • Average of 20 attending • Up-to 65 attending • Average of 20 attending • Membership 70 • Average 20-25 attending • Average of 65 attending each evening 	<ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) • 80% Trusts / Foundations • 20% Self Generated
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>1. Increase - Numbers of children and young people participating in recognised positive activities</p>	<p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>Young Carers Service - Young carers are often socially isolated and do not get the opportunity to mix with their peers or try positive activities. We try to reduce social isolation by providing age appropriate groups where they can socialise with their peers and feel safe. We also give them the opportunity to participate in positive and constructive activities i.e. cadets, brownies, outdoor activities etc. Our aim is to increase their social networks and to enable them to join groups or regularly attend activities in the community.</p> <p><u>Barnardos - South Ayrshire</u></p> <p>We offer a range of activity based contact, groupwork programmes and individual sessions for children and young people who are experiencing or threatened with homelessness. We are also in the process of reviewing our service provision to include a pre natal and mother and baby/toddlers group. Our ultimate aim is to develop a level of confidence and self efficacy which enables children young people and families to access and be part of community based activities. We have one FTE member of staff whose remit is to deliver and develop services to children and young people. We also actively encourage the participation of parents in this process in order that they can be part of the children’s learning and achievement.</p> <p><u>Adventure Centre for Education (ACE)</u></p> <p>ACE delivers a comprehensive programme of outdoor activities for young people. Activities are linked to the advancement of: environmental protection / improvement education, citizenship and community development. We support groups to apply for funding to enable them to access services and also run our own groups. We work with children right across the board from highly motivated to highly challenging, and those with learning disabilities. ACE works in partnership with schools, youth groups, community safety initiatives.</p>	<p>We have a current caseload of 349 young carers - 79 regularly / actively participate in group work and activities. Of all the young carers who reported feeling socially isolated, 97% have benefited from our groups and outings. 84% of young carers do not access activities in the community or have joined a group i.e. scouts etc. After our intervention, 39% now have hobbies / groups that they regularly attend.</p> <p>In the first quarter of 2011/2012 we have delivered a direct service to 55 adults and 24 children.</p> <p>In the past year ACE has provided outdoor adventure activities to over 1,500 children / young people across South Ayrshire.</p> <p>40% of these children have engaged in more than one activity.</p>	<ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • 80% Self Generated • 20% Contracts / Service Level Agreements
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>1. Increase -</p> <p>Numbers of children and young people participating in recognised positive activities</p>	<p><u>Make it Happen (Girvan)</u></p> <p>Bairn’s ‘n’ Books Story Sack Library has been established to allow parents and their young children the chance to borrow and take home a story sack with a book, games and puzzles within it. This is to help with interaction with the child and parent through play and also to encourage the child to become interested in reading. The library has Book Start Rymetime sessions to compliment activities.</p> <p><u>Children 1st</u></p> <p>We encourage parents to interact positively with their children from an early age. The early involvement of parents in encouraging their children to participate in appropriate positive activities, such as play, contributes to an increased potential for their later involvement in positive activities. We also encourage children and families to access positive activities which are taking place within their own communities, such as Boys Brigade, Football Clubs etc.</p> <p><u>A.C.E. RaceRunning Club (Ayr Carrick Eagles)</u></p> <p>A.C.E. RaceRunning Club is a disability recreation and sport club based on the running bike which supports you as you walk or run. It can be used by all ages and is suitable for people with disabilities that affect mobility and balance. <i>(For those with mobility difficulties there are few opportunities for aerobic exercise).</i> The Club is run entirely by volunteers.</p> <p>It is fun, friendships are formed and self confidence is enhanced. It provides an opportunity for competition and social interaction experiences.</p> <p><i>We also promote the running bikes throughout Scotland</i></p>	<p><i>The Library hopes to ‘catch’ the children at the early stages to establish this later on in life through the educational activities the library can offer.</i></p> <p>During 2010/11 we worked with 64 children and 113 parents</p> <p>We are the first successful disability recreation and sports club in South Ayrshire that provides aerobic activity, and as a result have received a lot of interest. We currently have 18 volunteers who all play a part in running the club. In club members we have witnessed the following positive benefits to health and wellbeing:</p> <ul style="list-style-type: none"> • Increased muscle tone, fitness and stamina • Growth in confidence and a desire to participate in sporting events • Development of team spirit 	<ul style="list-style-type: none"> • Methodist Church • Donations • 70% Local Authority • 30% Trusts / Foundations • Trusts • Donations • Lottery • Membership
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>1. Increase - Numbers of children and young people participating in recognised positive activities</p>	<p><u>South Ayrshire Women’s Aid – Children & Young Person’s Support Service</u></p> <p>South Ayrshire Women’s Aid (SAWA) provides information and support to Children and Young People (CYP) who have or are experiencing Domestic Abuse. As well as direct one-to-one support CYP can access support via text, phone and email.</p> <p>Referrals are received from a variety of sources including Social Work, Voluntary Sector, Education, Health, Self-referrals, parents and family members. CYP are involved in their own initial Needs Assessment. We deliver a Key Worker approach. Support Plans devised by CYP become a working document as support progresses and is led by CYP at all times. This demonstrates the promotion of a child led service. Our work includes using a variety of approaches to address issues, including artwork, creative writing, as well as talking and listening.</p> <p>SAWA Children’s Service promotes opportunities for social and leisure (funding permitting) thus enabling a wider range of different experiences aiming to build on mother / child relationships leading to strengthened bonds for the family as a whole. These extended opportunities for families can be one of the key contributors to recovery. In addition to direct support with CYP there are opportunities for involvement in Peer Support Groups. The aim of such groups is to build on self-confidence, self-esteem and raise awareness that children experiencing Domestic Abuse are not alone. CYP often maintain new friendships after the groups have taken place.</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide home based childcare (Sitter service) and Playzone (Creche service) to families across South Ayrshire. These services provide a range of positive and constructive activities including indoors and outdoors activities as well as organised events such as going to Boys Brigade, visiting farms, pictures, play parks, team games, etc.</p>	<p>We evaluate our service regularly by seeking feedback from service users and stake holders.</p> <p>During the period Mar 2010 - Mar 2011 115 children and young people were supported by the children’s service at SAWA.</p> <p>There are currently 16 children in SAWA refuge accommodation and 28 receiving support on an outreach or follow on basis.</p> <p>There is no time scale for support. The average can be around a year but can vary between a few weeks to longer than a year</p> <p>During 2010/11 the following were provided:</p> <p>Sitter service (32 children) Playzone (34 children) Additional Support needs (36 children)</p>	<p>The Children & Young Persons Outreach & Follow-on Support Service is 100% Funded by Scottish Government.</p> <ul style="list-style-type: none"> • 67% Local Authority • 33% Self Generated / Trading
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>1. Increase - Numbers of children and young people participating in recognised positive activities</p>	<p><u>The Lighthouse Foundation</u></p> <p>We offer support, comfort and advice to families who are affected by drug and alcohol misuse (observing the rules of confidentiality). We provide assessment and on-going therapy to children/ young people who have lived with a parent / carer or sibling with an addiction. The following activities enable us to provide meaningful support to children / young people, engage them in positive and constructive activities.</p> <p>Our STOP Drugs Education Saves Lives Project has been delivered to young people over 13 years old in a number of South Ayrshire Secondary Schools (during the last four years).</p> <p>Children’s Play Therapy Project (3-11 years). Play therapy enables children to express their feelings, explore relationships, tell about experiences and wishes. Our therapist helps the child to make sense of what has happened so that they can develop an emotional language and express themselves more easily. We work in partnership with the child, carer, social worker, school.</p> <p>Young People’s Therapy Project (12-18 years). Young People’s Therapy is delivered in different forms, these include counselling, discussion other verbal communication or non-verbal creative forms, such as drama. Therapy sessions are tailored to suit the needs of the young person. (We work in partnership with Blue Triangle Housing to identify and support young people aged 16-18 who are living in homeless accommodation).</p> <p>We also support children / young people by engaging them in: group work, befriending / peer mentoring relationships, fun activities, respite trips and breaks.</p>	<p>In excess of 2,000 South Ayrshire secondary school pupils have received basic drugs awareness information through the STOP Drugs Education Saves Lives Project</p> <p>To date we have supported 8 children in South Ayrshire through the Children’s Therapy Project</p> <p>To date we have supported 4 young people in South Ayrshire through the Young Person’s Therapy Project</p>	<ul style="list-style-type: none"> • 90% Trusts / Foundations • 10% Self Generated
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>1. Increase - Numbers of children and young people participating in recognised positive activities</p>	<p><u>Wallacetoun and Newton Regeneration Forum</u></p> <p>The Wallacetoun and Newton Regeneration Forum has worked in partnership with the North Wallacetoun Tenants and Residents Association and the Riverside Church to provide the following:</p> <p><u>The Glee Club</u> - Glee Club is a musical theatre group provided, one day per week for the duration of the school summer holidays. The club gave 25 local children aged between 7 and 13 the opportunity to showcase their talents, to achieve a sense of their own value regardless of their background or ability. This sense of value could then be taken away with the children into the community and wider society.</p> <p><u>Summer Activities</u> - The Forum worked in partnership with North Wallacetoun Tenants and Residents Association to provide an activity one day per week for the duration of the six weeks (school holiday period). These activities included; Den building, Magic tricks, Art and Crafts, Pirate Treasure Trail and Games/Sports Day.</p> <p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village's Development Plan sets out a "Vision, Themes and Priorities" for the future of the village.</p> <p>BDG works closely with all 27 groups who operate in the village. The local Primary school, children's / youth groups, church, parent and toddler groups, scouts etc all actively involve children in projects linked to community issues.</p>	<p>The Forum supports each of the projects in the following ways:</p> <ul style="list-style-type: none"> • By providing a member of staff to facilitate the classes / workshops / activities • By providing financial support to employ the services of sound technicians, dance teachers, play workers etc • Administrative support • By providing a member of staff and financial support for the engagement and team building activities for 20 children over 6 full days <p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG's ideas.</p> <p>Recent community projects actively involving children and young people include: Beautiful Ballantrae (poster competition), litter picks and beach cleans, community activities at the local Garden Centre, seasonal community based family events.</p>	<ul style="list-style-type: none"> • 100% Grant Funding <p>We have received / generated no income to date.</p>
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Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

South Ayrshire’s children and young people are inspired motivated and ambitious				Local Outcome 5
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
5a) Increase the number of children and young people participating in positive and constructive activities	2. Increase – Percentage of pupils who report positively on their development as successful learners, confident individuals, responsible citizens and effective contributors	<p><u>Ayr United Football Academy</u></p> <p>This area is central to our organisation's objectives and therefore most of our programmes are designed to promote healthy lifestyles through participation in sport – with football as the core sport.</p> <p>In particular, we deliver programmes encouraging children from kindergarten age through primary school and secondary school ages, both in Nursery, Primary and Secondary schools and in local activity centres</p> <p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>Young Carers Service - 86% of young carers reported having no confidence or low self esteem, at entry point. This resulted in them being socially withdrawn / isolated. In some instances poor attendance at school and low educational attainment were also highlighted. We work with young carers on a one-to-one basis to increase self confidence / self esteem and eventually through groupwork, encourage them to try new positive activities and socialise with their peers / adults. We also run young carer self - development sessions focusing on setting / achieving goals.</p> <p>We have set up a committee with responsibilities given to young carers. This has resulted in them having more of a say in how the service is run, which in turn has made them more confident and responsible.</p>	<p>Delivered 213,369 activity attendances in the Academy’s Football in the Community Programme for the 2009/10 year, keeping children and adults active and promoting the benefits of sport and health</p> <p>We have a current caseload of 349 young carers - 79 regularly / actively participate in group work and activities.</p> <p>Of the 86% who reported having no confidence or low self esteem, 92% say that their confidence and self esteem has improved since engaging with the service. There is no change for the other 8% at present, as they are new to the service. Of the young carers who identified education was a problem, 81% have increased their attendance at school, 47% left with qualifications, 19% went on to further education.</p>	<ul style="list-style-type: none"> 85% Contracts / Service Level Agreements 15% Self Generated Funding 49% Local Authority (Housing Support & other sources) 51% Barnardos Voluntary Funds

<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>2. Increase – Percentage of pupils who report positively on their development as successful learners, confident individuals, responsible citizens and effective contributors</p>	<p><u>Friends of Newton Park (Ayr)</u></p> <p>Newton Park is a public park which is open twenty-four, seven. The park has a dedicated team of volunteers who are committed to progressing the park’s development; encouraging enriched use of this urban space. The volunteer team works in partnership with Heathfield Primary School and Scottish National Trust (Culzean Country Park) to provide an annual programme of activities that link to the Curriculum for Excellence (as highlighted in 5a, 2).</p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>The Association has worked in partnership with local schools to successfully deliver two intergenerational projects. Many of the pupils who took part in the intergenerational projects have continued to maintain contact with the Boyle Court residents (post project). Examples of continued engagement include:</p> <p>One young person gives up her Christmas morning to assist with the Christmas festivities at the unit, a boy brings along his dog to visit the residents and helps prepare / serve afternoon teas on a regular basis</p> <p>A group of pupils have established themselves as the ‘fruit smoothie makers’ for the unit; taking time to show residents how to make smoothies before joining them in enjoying their creations</p> <p><u>Children 1st</u></p> <p>We work with children in order to improve their outcomes, in relation to their family lives, educational attainment and their role as citizens. Our group work programmes with children compliment the Curriculum for Excellence, and contribute to children achieving positive progress in relation to being successful learners, confident individuals, responsible citizens, and effective contributors.</p>	<p>Feedback from schools, children, teachers, parents and grandparents show that children are interested, knowledgeable, confident, caring and proud of their contributions. (<i>In the past vandalism was an enormous problem. Engaging more children / young people in the development of the park has resulted a steady decrease of instances of vandalism</i>)</p> <p>Over 30 young people from the local community engage with Boyle court residents, through a variety of activities</p> <p>During 2010/11 we worked with 64 children</p>	<ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations • 95% Self Generated • 5% Trusts / Grants • 70% Local Authority • 30% Trusts / Foundations
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>2. Increase – Percentage of pupils who report positively on their development as successful learners, confident individuals, responsible citizens and effective contributors</p>	<p><u>Adventure Centre for Education (ACE)</u></p> <p>ACE delivers a comprehensive programme of outdoor activities for young people. Activities are linked to the advancement of: environmental protection / improvement education, citizenship and community development. We work with children right across the board from highly motivated to highly challenging, and those with learning disabilities. ACE works in partnership with schools, youth groups, community safety initiatives.</p> <p><i>Those young people that have been involved in longer developmental programs such as those who have involvement with community safety report that the program has impacted on their behaviour. This would help towards them becoming more responsible citizens.</i></p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide home based childcare (Sitter service) and Playzone (Creche service) to families across South Ayrshire. These services provide a range of positive and constructive activities including indoors and outdoors activities as well as organised events such as going to Boys Brigade, visiting farms, pictures, play parks, team games, etc.</p> <p><u>South Ayrshire Women’s Aid – Children & Young Person’s Support Service</u></p> <p>Through the delivery of our support service to CYP in schools we aim to minimise disruption to education. This is achieved through having well established positive inter agency working with teaching staff in school, who are welcoming and accommodating by providing appropriate rooms in which to carry out our work. We strive to deliver a service that does not impact negatively on the school curriculum. Through engaging with our service CYP are recognised as requiring MCMC to Succeed and therefore through receiving support are encouraged to remain within the educative system. <i>Many referrals come directly from Head Teachers in schools.</i></p>	<p>We receive positive feedback from the schools (staff and pupils) that participate in our programs. From our surveys over 90% of the pupils report positively on their experience.</p> <p><i>(We work with about 50 young people per year on such programs)</i></p> <p>During 2010/11 we provided:</p> <p>Sitter service (32 children) Playzone (34 children) Additional Support needs (36 children)</p> <p><i>Some CYP we supported told us they only attended school on a particular day as they knew they were meeting with their Key Worker. This demonstrates the benefit to improved educational attainment our service contributes to.</i></p> <p>We deliver our service to schools across South Ayrshire. During the last year we supported CYP in: 1 Nursery School, 19 Primary schools and 6 Secondary Schools. We are currently involved in 14 schools.</p>	<ul style="list-style-type: none"> • 80% Self Generated • 20% Contracts / Service Level Agreements <ul style="list-style-type: none"> • 67% Local Authority • 33% Self Generated / Trading <p>The Children & Young Persons Outreach & Follow-on Support Service is 100% Funded by Scottish Government.</p>
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Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

South Ayrshire’s children and young people are inspired motivated and ambitious				Local Outcome 5
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
5a) Increase the number of children and young people participating in positive and constructive activities	3. Increase - Percentage of school leavers progressing to positive destinations	<p><u>Access to Employment</u></p> <p>Modern Apprenticeships Provision</p> <p>Transition Towards Employment Project</p> <p><u>Ayr United Football Academy</u></p> <p>We deliver NC and HNC courses for young football players, which allow many to participate in further education where they would not have done so had the course not been in place. We have also engaged in Future Jobs Fund and Support Employment schemes and successfully assisted participants to take up places in further or higher education or in employment</p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>Two former youth volunteers have been so motivated by their volunteering experiences at Boyle Court that they have now found employment in residential care homes, for the elderly.</p>	<p>During 2010 / 2011 the</p> <p>MA provision in Childcare and Health & Social care enables 16-19 year to enhance their skills and develop their career. Provision includes the delivery of SVQ level II & III as well as Core Skills.</p> <p>A2E work in partnership with STEP to support their clients to make the transition towards employment. A2E provide employability support to young non-employed clients who are not to accessing mainstream provision including Through Care Clients.</p> <p>The Academy’s NC and HNC courses accommodate 20 students on each.</p> <p>Two young people have found employment as a direct result of their volunteering experience at the Boyle Court sheltered housing complex</p>	<ul style="list-style-type: none"> • 50% Community Planning Partnership (CPP) • 50% Self generated / Trading • 85% Contracts / Service Level Agreements • 15% Self Generated Funding • 95% Self Generated • 5% Trusts / Grants

<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>3. Increase - Percentage of school leavers progressing to positive destinations</p>	<p><u>Girvan Community Garden</u></p> <p>The Garden exists to advance development and regeneration of the area of land situated at rear of Knockcushan House, 25 Knockcushan St, Girvan, and other areas of land in Girvan and surrounding villages in South Ayrshire. Its main aims are the advancement of citizenship or community development and the provision of recreational facilities. The Garden utilises volunteers and provides training opportunities. It also acts as a venue for public events, art work displays etc.</p> <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project facilitates access to learning for young service users; who are those furthest removed from the labour market. The Project’s Development Worker is trained to tutor adult learners and can provide opportunities for this to happen throughout the week. Strong partnership links with Ayr College also enables the Project’s young service users to access college courses, receive individual learning support in addition to support to resolve funding issues, etc. We encourage young people to take part in outdoor activities which lets them try new things and opens up new areas of interest to them.</p> <p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>Young Carers Service - 86% of young carers reported having no confidence or low self esteem, at entry point. This resulted in them being socially withdrawn / isolated. In some instances poor attendance at school and low educational attainment were also highlighted. We work with young carers on a one-to-one basis to increase self confidence / self esteem and eventually through groupwork, encourage them to try new positive activities and socialise with their peers / adults. We also run young carer self - development sessions focusing on setting / achieving goals.</p>	<p>One of our young volunteers is now going on to attend a horticultural course at college (as a direct result of their volunteering experience)</p> <p>We have made contact with approximately 285 individuals since August 2010</p> <p>Outdoor Activities – on average 10 young people taking part per activity</p> <p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p> <p>We have a current caseload of 349 young carers - 79 regularly / actively participate in group work and activities.</p> <p>Of the young carers who indentified education was a problem, 81% have increased their attendance at school, 47% left with qualifications, 19% went on to further education.</p>	<ul style="list-style-type: none"> • 49% Leader • 24% Leader (Claimed Back) Donations • Self Generated • Local Authority <ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) <ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>3. Increase - Percentage of school leavers progressing to positive destinations</p>	<p><u>Children 1st</u></p> <p>We work with children 0-12 years. This early intervention approach contributes to positive outcomes for young people in the future</p> <p><u>Adventure Centre for Education (ACE)</u></p> <p>ACE delivers a comprehensive programme of outdoor activities for young people. Activities are linked to the advancement of: environmental protection / improvement education, citizenship and community development. We work with children right across the board from highly motivated to highly challenging, and those with learning disabilities.</p> <p>ACE is proactive in providing job opportunities / work experience for local young people. We work in partnership with South Ayrshire Council schools / youth initiatives and statutory agencies such as JobCentre Plus / Skills Development Scotland to offer employment / career development opportunities for young people.</p> <p><u>South Ayrshire Women’s Aid – Children & Young Person’s Support Service</u></p> <p>Children and Young People (CYP) receiving support around their experiences of Domestic Abuse are encouraged to make more positive life choices. Support is offered in making decisions around leaving school, further education, housing and careers in general.</p> <p>SAWA CYP service liaises with further education settings including Ayr College Access to Learning and Career as well as South Ayrshire Council’s Skills Towards Employment Programme (STEP).</p>	<p>During 2010/11 we worked with 64 children</p> <p>Over the past five years we have provided work placements / job opportunities for 12 young people, through Skills Towards Employment Project / Future Jobs Fund. Most young people have been with us for 6-months but others have been lucky enough to have 12-month placements. <i>(11 of these have either gone on to other work or are back in further education).</i></p> <p>We provide 5 school work experience placements each year.</p> <p>From March 2010 to March 2011:</p> <p>6 young people were supported through positive life choices</p>	<ul style="list-style-type: none"> • 70% Local Authority • 30% Trusts / Foundations • 80% Self Generated • 20% Contracts / Service Level Agreements <p>The Children & Young Persons Outreach & Follow-on Support Service is 100% Funded by Scottish Government.</p>
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<p>(Continuation)</p> <p>5a) Increase the number of children and young people participating in positive and constructive activities</p>	<p>(Continuation)</p> <p>3. Increase - Percentage of school leavers progressing to positive destinations</p>	<p><u>Aspire2gether</u></p> <p>Our 'First Home', volunteering and learning services works with young people to support them into training, education and volunteering, while supporting any housing issues they may have. Young people are actively encouraged to take up opportunities and can be supported by mentors to achieve their goals, as identified in their support plans.</p>	<p>In 2010/11 our First Home service worked with 89 young people aged 16 to 25 years. We helped them to make informed choices about housing and supported them to move away from dependency and progress into learning, training and employment. 40 young people were supported to move into employment and 26 young people were supported to remain in or move into education and training.</p> <p>A further 23 young people attended short courses at Ayr College or other local learning facilities. These young people also received one-to-one literacy support, through our Home Learn Link service.</p> <p>In addition 9 young people were trained and supported to volunteer in their local community. This cohort included a small group of young women who established their own Mother and Toddler Group.</p>	<p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

The voices of our children and young people are heard and have influence				Local Outcome 6
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
6a) Develop opportunities for children and young people to influence decision making	Increase – Number of children and young people participating in Pupil and Youth Forums	<p><u>Scottish Marriage Care</u></p> <p>As an organisation SMC can provide family or systemic counselling. This means that not only the parents are involved in the healing process but children play an important part in the decision making process to help restore a family that is not functioning properly to one that is able to grow and develop in a more positive way. Children are often the scapegoat and blamed for problems that belong to the whole family so this way their voice can be heard.</p>	Approximately 10% of all cases involve children and families. In excess of 15 children may be helped through counselling.	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches
		<p><u>South Ayrshire Befriending Project</u></p> <p>South Ayrshire Befriending Project is based on the principle that the service involves and meets the needs of young people. The Project has a Young People’s Committee. The Committee membership includes services users, volunteers and staff, thus ensuring the needs and wishes of services users are taken into consideration. Project delivery / development are based on recommendations made by the Committee.</p>	The Young People’s Committee has an average of 8-12 service users actively involved in influencing decision making; with reference to service delivery / development	<ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations
		<p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project runs a Quarterly Management Meeting which is open to all our partners, volunteers and service users. All are encouraged to attend. We also have a weekly Steering Group meeting which is led by the Development Worker which gives service users an opportunity to contribute to the decision making process at Care & Share. Each week we think about the needs of the wider Care & Share group by discussing and planning ways to improve our service.</p>	We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)	<ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church)

(Continuation)	(Continuation)			
<p>6a) Develop opportunities for children and young people to influence decision making</p>	<p>Increase – Number of children and young people participating in Pupil and Youth Forums</p>	<p><u>Girvan Youth Trust / Z1 Youth Bar</u></p> <p>Z1 Youth Bar is a purpose built alcohol free night club / contemporary lounge bar for young people (11-18) living in Girvan and surrounding 7 rural communities. The Trust actively involves young people in all its activities and encourages the personal and career development of all service users. Young people have the opportunity to be involved in generating / taking forward ideas such as the ‘Gig on the Green’ open air music festival (in excess of 400 members of the wider community attended the event)</p> <p><u>Barnardos - South Ayrshire</u></p> <p>As part of our direct work with children we are planning to host a focus group to help us extend our participation agenda for the development and delivery of our service to children and young people.</p> <p><u>Friends of Newton Park (Ayr)</u></p> <p>Newton Park is a public park which is open twenty-four, seven. The park has a dedicated team of volunteers who are committed to progressing the park’s development; encouraging enriched use of this urban space. The Park has a Youth Forum which is affiliated to South Ayrshire Youth Forum. A school survey on improvements to the park has been carried out and the opinions of young park users are valued and where possible acted upon.</p> <p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>Young Carers Service - We have set up a committee with responsibilities given to young carers. This has resulted in them having more of a say in how the service is run, which in turn has made them more confident and responsible.</p>	<p>During 2010 /2011</p> <p>2 youth reps on Girls Group Committee</p> <p>11 young people were involved in planning and organising the Gig on the Green music festival. <i>(3 previous service users are now employed by Girvan Youth Trust)</i></p> <p>There are currently 6 young people on our Youth Forum <i>(all are regular attendees at meetings)</i></p> <p>We have a current caseload of 349 young carers - 79 regularly / actively participate in group work and activities.</p>	<ul style="list-style-type: none"> • 80% Trusts / Foundations • 20% Self Generated • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • Trusts / Foundations • Lottery • Donations • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds

<p>(Continuation)</p> <p>6a) Develop opportunities for children and young people to influence decision making</p>	<p>(Continuation)</p> <p>Increase – Number of children and young people participating in Pupil and Youth Forums</p>	<p><u>The Lighthouse Foundation</u></p> <p>We support children / young people who have been affected by a family member’s drug / alcohol addiction. Support includes engaging them in: group work, befriending / peer mentoring relationships, fun activities, respite trips and breaks. Children and young people are involved in the decision making / fund raising activities connected with group outings and respite trips.</p> <p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village.</p> <p>BDG works closely with all 27 groups who operate in the village. The local Primary school, children’s / youth groups, church, parent and toddler groups, scouts etc all actively involve children in consultations which are linked to community issues.</p>	<p>Empowering children / young people in this way has proved to improve confidence, self-esteem, feeling of self worth, etc.</p> <p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG’s ideas.</p> <p>The Group consults with children / young people from the local primary school, scouts, youth / drop in group, etc when identifying (relevant) key actions in the village’s Development Plan</p>	<ul style="list-style-type: none"> • 90% Trusts / Foundations • 10% Self Generated <p>We have received / generated no income to date.</p>
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Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

Our children and young people are healthy and reach their full potential				Local Outcome 7
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
7a) Implement transformational change for early years (0-8 years)	Reduce – the number of children living in poverty	<p><u>Barnardos - South Ayrshire</u></p> <p>All families who have contact with our service have benefits checks to ensure that their income is maximized. We are also able to access Barnardo’s In House Grants which are always about enhancing the living conditions for our children young people and families. As an organisation Barnardos plays a key role in campaigning around poverty issues for children young people and families We also refer onto debt management agencies or negotiate with creditors ourselves on behalf of our service users.</p> <p><u>Adventure Centre for Education (ACE)</u></p> <p>ACE delivers a comprehensive programme of outdoor activities for young people. Activities are linked to the advancement of: environmental protection / improvement education, citizenship and community development. We work with children right across the board from highly motivated to highly challenging, and those with learning disabilities.</p> <p><u>Children 1st</u></p> <p>We work intensively with families in order to improve outcomes. Where poverty is an issue for families, we signpost them to appropriate agencies such as Welfare Rights, etc.</p>	<p>All 55 adults who have received a service from us this year will have had a benefits check and any underpayment or opportunities for grants will have been pursued</p> <p>We broaden the vision of young people so that they have opportunities to participate in outdoor activity programs which they would not normally be able to afford. We assist schools / youth groups with funding to enable them to engage in our outdoor programmes. <i>(Forehill / Girvan Primaries - over 800 children attend these schools).</i></p> <p>During 2010/11 we worked with 113 parents</p>	<ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • 80% Self Generated • 20% Contracts / Service Level Agreements • 70% Local Authority • 30% Trusts / Foundations

<p>(Continuation)</p> <p>7a) Implement transformational change for early years (0-8 years)</p>	<p>(Continuation)</p> <p>Reduce – the number of children living in poverty</p>	<p><u>Ayr Housing Aid Centre</u></p> <p>The Centre opened many cases involving young people and families. Many are on low income / benefits and about 50% of our cases relate to homeless / threatened with homelessness. <i>Much of our work relates to homeless prevention.</i></p> <p><u>The Lighthouse Foundation</u></p> <p>We provide assessment and on-going therapy to children/ young people who have lived with a parent / carer or sibling with an addiction. <i>(In many cases where the child has lived with a family member with an addiction issue poverty has also impacted greatly on their lives).</i></p> <p>Children’s Play Therapy Project (3-11 years). Play therapy enables children to express their feelings, explore relationships, tell about experiences and wishes. Our therapist helps the child to make sense of what has happened so that they can develop an emotional language and express themselves more easily. We work in partnership with the child, carer, social worker, education.</p> <p><u>Turning Point Scotland</u></p> <p>By supporting individuals to remain drug free and by enabling them to start training and/or employment, we are enabling them to increase the household income and by reducing drug use and by helping to negotiate debts we improve the use of moneys being brought into the household.</p>	<p>Total number of children involved in cases opened by the Centre 774, of which 217 involved homelessness</p> <p><i>Info taken from Annual Report 2010/11: In 2009/10 the Centre prevented homelessness in 145 cases (many of these are families).</i></p> <p>To date we have supported 8 children in South Ayrshire through the Children’s Therapy Project</p> <p>Of our 249 clients, 69%* of those with comparable outcomes report that they are maintaining or positively moving towards illicit drug free lives. Our 249 clients have between them 275 children that we are aware of, therefore by reducing the parents substance use the number of children living in poverty will be reduced.</p>	<ul style="list-style-type: none"> • 95% Contract / Service Level Agreement • 5% Self Generated / Donations • 90% Trusts / Foundations • 10% Self Generated • 46% Local Authority • 54% NHS
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<p>(Continuation)</p> <p>7a) Implement transformational change for early years (0-8 years)</p>	<p>(Continuation)</p> <p>Reduce – the number of children living in poverty</p>	<p><u>Aspire2gether</u></p> <p>Our support services work with families to maximise their incomes and help them to set and follow a manageable household budget ensuring they can provide necessary items for their children.</p>	<p>Our Housing Support and First Home services worked with 425 households in 2010/11 of which around 200 were households with children. As a result of our support these services maximized the income of households by a total of just under £400,000.</p>	<p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

Our children and young people are healthy and reach their full potential				Local Outcome 7
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>7b) Tackle health inequalities and improve wellbeing for children and young people</p>	<p>1. Increase – the percentage of babies who are exclusively breastfed at 6-8 week review</p> <p><i>(for South Ayrshire & the Regeneration Areas)</i></p>	<p><u>Children 1st</u></p> <p>Our premises are part of the Breastfeed Happily Here Initiative</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We actively promote the breastfeeding message and promote training in breastfeeding</p> <p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. BDG works closely with all 27 groups who operate in the village. There is an active Breast Feeding Group in the village, which is promoted via the website and village information boards.</p>	<p>We promote breastfeeding to all families and services we come into contact with</p> <p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG’s ideas. One of the first "deliverables" was a village website www.ballantrae.org.uk</p>	<ul style="list-style-type: none"> • 70% Local Authority • 30% Trusts / Foundations • 67% Local Authority • 33% Self Generated / Trading <p>We have received / generated no income to date.</p>

<p>(Continuation)</p> <p>7b) Tackle health inequalities and improve wellbeing for children and young people</p>	<p>2. Reduce – the percentage of overweight or obese children at: Primary 1 & Primary 7</p>	<p><u>Ayr United Football Academy</u></p> <p>This area is central to our organisation's objectives and therefore most of our programmes are designed to promote healthy lifestyles through participation in sport – with football as the core sport.</p> <p><u>Barnardos - South Ayrshire</u></p> <p>Whilst this not an explicit outcome for our service we do work hard to influence the nutritional customs of our children young people and families.</p> <p><u>Friends of Newton Park (Ayr)</u></p> <p>Newton Park is a public park which is open twenty-four, seven. The park has a dedicated team of volunteers who are committed to progressing the park's development; encouraging enriched use of this urban space. Children are involved in a varied programme of activities including: litter clearing, planting trees flowers and shrubs, wildlife rescue, etc. The park has designates areas for paying games /football, a playground and a safe cycle circuit. It also ensures a safe walking route to school for pupils from the Heathfield catchment area.</p> <p><u>Children 1st</u></p> <p>We work with parents on providing appropriate nutrition to their children. We do this by supporting them to budget for the purchase of healthy food, and by supporting them to prepare balanced meals for their children.</p>	<p>This area is central to the organisation's objectives and therefore most of our programmes are designed to promote healthy lifestyles through participation in sport – with football as the core sport.</p> <p><i>(The Active Schools Co-ordinator is interested in becoming involved in partnership working with Park volunteers, in order to promote/ encourage healthy lifestyle among local Primary School children)</i></p> <p>During 2010/11 we worked with 113 parents / carers</p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • Trusts / Foundations • Lottery • Donations • 70% Local Authority • 30% Trusts / Foundations
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<p>(Continuation)</p> <p>7b) Tackle health inequalities and improve wellbeing for children and young people</p>	<p>(Continuation)</p> <p>2. Reduce – the percentage of overweight or obese children at: Primary 1 & Primary 7</p>	<p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide a variety of training which specifically links to reducing the percentage of overweight / obese children:</p> <p>Through our Sitter Service we provide both indoor and outdoor physical activities for children, including children with additional support needs. The Sitter Service also provides activities which promote healthy eating and encourage children to make healthy choices.</p> <p>Through provision of activities which promote healthy eating and encourage children to make healthy choices, through our Playzone service. Children who have an identified additional support need are involved.</p> <p><i>(In the near future we plan to deliver training to childcare staff in the voluntary sector to look at raising the issue of physical activity and healthy eating)</i></p>	<p>Training delivered to voluntary sector childcare workers 2010/11:</p> <p>Food & Nutrition (8) Active Play (14) Parachutes and More (4) All About Sports (4) Den building (10) Retro Play (promotes physical play outdoors / indoors) (3)</p> <p>44 children, 12 of whom have an identified additional support need</p> <p>58 children, 24 of whom have an identified additional support need</p> <p><i>(Training will be accessible to all families and staff we work with)</i></p>	<ul style="list-style-type: none"> • 67% Local Authority • 33% Self Generated / Trading
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<p>(Continuation)</p> <p>7b) Tackle health inequalities and improve wellbeing for children and young people</p>	<p>(Continuation)</p> <p>2. Reduce – the percentage of overweight or obese children at: Primary 1 & Primary 7</p>	<p><u>A.C.E. RaceRunning Club (Ayr Carrick Eagles)</u></p> <p>A.C.E. RaceRunning Club is a disability recreation and sport club based on the running bike which supports you as you walk or run. It can be used by all ages and is suitable for people with disabilities that affect mobility and balance. <i>(For those with mobility difficulties there are few opportunities for aerobic exercise).</i> The Club is run entirely by volunteers</p> <p>It is fund, friendships are formed and self confidence is enhanced. It provides an opportunity for competition and social interaction experiences. The running bike many also be used by non disabled children who are obese to ease them back into regular exercise at a gentle and controlled rate.</p> <p><i>We also promote the running bikes throughout Scotland</i></p>	<p>We are the first successful disability recreation and sports club in South Ayrshire that provides aerobic activity, and as a result have received a lot of interest. We currently have 18 volunteers who all play a part in running the club.</p> <p>In club members we have witnessed the following positive benefits to health and wellbeing:</p> <ul style="list-style-type: none"> • Increased muscle tone, fitness and stamina • Growth in confidence and a desire to participate in sporting events • Development of team spirit <p>Children who were previously obese and unable to exercise freely no longer require the support of the bike.</p>	<ul style="list-style-type: none"> • Trusts • Donations • Lottery • Membership
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Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

Our children and young people are healthy and reach their full potential				Local Outcome 7
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
7b) Tackle health inequalities and improve wellbeing for children and young people	3. Reduce – Number of women recorded as current smoker at antenatal booking appointment	<p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project provides on-going opportunity for female service users to access NHS Public Health Facilitators. This happens during the weekly group meetings.</p> <p><u>Barnardos - South Ayrshire</u></p> <p>Whilst not an explicit outcome we do always encourage our service users to attempt to reduce or cease smoking.</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide advice, support and a signposting service to all families we work with</p>	<p>Wednesday drop in service – on average 48 people attending. We have between 10-15 women who access the drop in service, approximately 5 access NHS services (through the drop in service). <i>Not everyone accesses professional support on a weekly basis.</i></p>	<ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • 67% Local Authority • 33% Self Generated / Trading

Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

Our children and young people are healthy and reach their full potential				Local Outcome 7
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
7c) Maintain and improve educational achievement for all	<p>1. Maintain –</p> <p>The percentage of relevant S4 roll achieving 5+ awards at SCQF Level 4 or better by the end of S6</p>	<p><u>Scottish Marriage Care</u></p> <p>There is a wide body of research which clearly shows the link between children from broken or dysfunctional homes and low educational achievement. SMC can help by supporting parents who may be having relationship difficulties, be constantly arguing and in a very tense and anger filled environment. The tensions and pressures at home are transferred onto children who often switch off at school; often studies are the last thing on their mind. By offering a new way of communicating and providing counselling support to parents the conflict is resolved and as a result the home environment becomes more stable and as a result children and young people can refocus on their school work and have a better chance of reaching their potential.</p> <p><u>Children 1st</u></p> <p>We work with children 0-12 years. This early intervention approach contributes to positive outcomes for young people in the future</p>	<p>Approximately 150 children are helped in this way.</p> <p>During 2010/11 we worked with 64 children</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches <ul style="list-style-type: none"> • 70% Local Authority • 30% Trusts / Foundations

<p>(Continuation)</p> <p>7c) Maintain and improve educational achievement for all</p>	<p>(Continuation)</p> <p>1. Maintain –</p> <p>The percentage of relevant S4 roll achieving 5+ awards at SCQF Level 4 or better by the end of S6</p>	<p><u>South Ayrshire Women’s Aid – Children & Young Person’s Support Service</u></p> <p>Through the delivery of our support service to CYP in schools we aim to minimise disruption to education. This is achieved through having well established positive inter agency working with teaching staff in school, who are welcoming and accommodating by providing appropriate rooms in which to carry out our work. We strive to deliver a service that does not impact negatively on the school curriculum. Through engaging with our service CYP are recognised as requirieng MCMC to Succeed and therefore through receiving support are encouraged to remain within the educative system.</p> <p><i>Many referrals come directly from Head Teachers in schools.</i></p>	<p><i>Some CYP we supported told us they only attended school on a particular day as they knew they were meeting with their Key Worker. This demonstrates the benefit to improved educational attainment our service contributes to.</i></p> <p>We deliver our service to schools across South Ayrshire. During the last year we supported CYP in: 1 Nursery School, 19 Primary schools and 6 Secondary Schools. We are currently involved in 14 schools.</p>	<p>The Children & Young Persons Outreach & Follow-on Support Service is 100% Funded by Scottish Government.</p>
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Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

Our children and young people are healthy and reach their full potential				Local Outcome 7
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
7c) Maintain and improve educational achievement for all	<p>2. Increase – the percentage of relevant S4 roll achieving 3+ awards at SCQF Level 6 or better by the end of S6</p>	<p><u>Ayrshire Council on Alcohol</u></p> <p>We have delivered alcohol awareness session to young people tagged as MCMC. The sessions are designed to highlight the negative effects of alcohol misuse not only relating to health but also how it impacts on educational achievement.</p>	<p>3 Sessions delivered during 2010/11</p>	<p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 70% Local Authority • 30% Trusts / Foundations
	<p>3. Maintain – the percentage of all children achieving English and Maths at SCQF 3 or above</p> <p>4. Increase – the percentage of young people ceasing to be <i>looked after</i> achieving English and Maths at SCQF 3 or above</p>	<p><u>Children 1st</u></p> <p>We work with children 0-12 years. This early intervention approach contributes to positive outcomes for young people in the future</p>	<p>During 2010/11 we worked with 64 children</p>	

Single Outcome Agreement - Outcomes and Commitment – Children, Young People & Families (Organisation, Agency, Group Contributors)

Our children, young people and families at risk are protected				Local Outcome 8
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
8a) Identify and keep safe all children and young people at risk through early interventions	1. Maintain – Number of children re-registered on the Child Protection Register	<p><u>Scottish Marriage Care</u></p> <p>SMC has a policy of ensuring that couples come for counselling before they get into serious breakdown. We can even offer RE-FOCCUS which is a programme that can help couples look at how healthy their relationships are. This MOT or health-check on a relationship can identify weaknesses at an early stage and if necessary provide counselling support to address any difficulties. We also have the staff that are trained to work with young people in schools, primary and secondary to help those who may already exhibit disruptive behaviour patterns and be in danger of becoming violent or be victims of violence.</p> <p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol work closely with the local Children & families Team, providing alcohol counselling to parents where alcohol is a risk factor to their children. We have recently recruited a dedicated work for this are of our service provision. This will enable us to help more children and families who are affected by alcohol.</p> <p><u>South Ayrshire Befriending Project</u></p> <p>South Ayrshire Befriending Project provides an inclusive young person led befriending service. The Project supports young people who are: protected, looked after and accommodated, appear on the Child Protection Register. A direct referral service to the Project is available to Social Work / Statutory services.</p>	<p>FOCCUS work is delivered between 5 and 10 couples per annum. <i>(Currently schoolwork is confined to Glasgow – with more resources it could be offered in South Ayrshire)</i></p> <p><i>Knife crime is a real problem in Scotland and a zero tolerance is the only way forward.</i></p> <p>The service is currently working with more than 20 families</p> <p>During 2010 /11 the Project supported 24 young people who are affected by Child Protection issues</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches <p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations

<p>(Continuation)</p> <p>8a) Identify and keep safe all children and young people at risk through early interventions</p>	<p>(Continuation)</p> <p>1. Maintain – Number of children re-registered on the Child Protection Register</p>	<p><u>Barnardos - South Ayrshire</u></p> <p>The safety and wellbeing of children is at the core of our service development and delivery. We have a child protection service statement which is shared with families. This message is communicated to all parents from the onset of our contact and is evidenced in our practice. Our referral route often avails us the opportunity to identify children and families who are at risk and are less likely to be identified as such given the level of isolation and the transitory nature of their accommodation status. We are therefore able to alert the statutory agencies to potential risk factors at an early stage</p> <p><u>Children 1st</u></p> <p>We work with the children on the Child Protection register, and their families, in order to improve outcomes for children, particularly in relation to their safety. This work contributes to a decreased potential for children being re-registered, by promoting improved parenting capacity.</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide a ‘supervised contact sits’ service for families in South Ayrshire.</p> <p>We deliver Child Protection Awareness (on behalf of South Ayrshire Council) to voluntary sector staff involved in children and families work</p> <p>We deliver ‘keep safe programmes’ and information to children using our sitter service. We use a range of resources to deliver this programme including story telling, games, drama, etc.</p> <p><i>In the near future we plan to deliver anti bullying training to voluntary sector staff in South Ayrshire (passing on the message from RESPECT ME)</i></p>	<p>In the first quarter of this year we have delivered a service to 55 adults and 53 children</p> <p>During 2010/11 we worked with 12 children on the Child Protection register</p> <p>Supported 4 families in 2010/11 (children on the CPR)</p> <p>Delivered to 32 staff in 2010/11</p> <p>During 2010/11 we delivered the following keep safe programmes:</p> <p>fire safety activities (21 children) road safety (44 children) bullying (18 children)</p>	<ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • 70% Local Authority • 30% Trusts / Foundations • 67% Local Authority • 33% Self Generated / Trading
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<p>(Continuation)</p> <p>8a) Identify and keep safe all children and young people at risk through early interventions</p>	<p>(Continuation)</p> <p>1. Maintain – Number of children re-registered on the Child Protection Register</p>	<p><u>The Lighthouse Foundation</u></p> <p>We provide assessment and on-going therapy to children/ young people who have lived with a parent / carer or sibling with an addiction. Therapy identifies issues that are worrying children. Support is then discussed with relevant carer and statutory agencies involved.</p> <p><u>Turning Point Scotland</u></p> <p>We currently support individuals who are parents and who have social work involvement due to the children being at risk due to their parents drug misuse. By working together with social work, we support the parents by providing person centered care planned treatment to address the individuals drug misuse. By providing this support to the parents we ensure any risks to children and young people are kept to a minimum.</p>	<p>To date we have supported 8 children (3-11 years) and 4 young people (12-18 years) through our Therapy services (South Ayrshire)</p> <p>We currently work with 33 individuals who have compulsory social work involvement. These individuals have between them about 72 children; not one of these have been re-registered on the child protection register during their parent’s involvement with TPS SEASTAR. Over the last 6 months, we have had 8 individuals have their period of compulsory social work end and had their children removed from the child protection register.</p>	<ul style="list-style-type: none"> • 90% Trusts / Foundations • 10% Self Generated • 46% Local Authority • 54% NHS
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<p>(Continuation)</p> <p>8a) Identify and keep safe all children and young people at risk through early interventions</p>	<p>2. Reduce – Number of children housed in temporary accommodation (hostels, B&B etc)</p>	<p><u>Barnardos - South Ayrshire</u></p> <p>Our housing support work is focused on ensuring that children young people and families spend no more time in temporary accommodation than is absolutely necessary. A key outcome for our work is to minimise the impact of the homelessness process on the lives of children, young people and families.</p> <p><u>Ayr Housing Aid Centre</u></p> <p>In our homeless prevention work including rent arrears referral systems, works with families and if tenure is stabilised then there is no need to go into temporary accommodation. This work covers all sectors public and private rented and owner occupied.</p> <p><u>Aspire2gether</u></p> <p>Our support services work with families to prevent homelessness by supporting them to manage their tenancies successfully and stabilise their lives. We support them to manage debts, reduce anti-social behaviour instances and mediate with landlords as appropriate to avoid entry to the homeless system wherever possible.</p>	<p>In the first quarter of this year we have delivered a service to 55 adults and 53 children</p> <p>In terms of outcomes, 217 children involved in cases relating to threatened or actual homeless. Threatened with homeless accounted for 174 cases, we prevented homeless in 145 cases many of these are households with children, which has considerable economic and social benefits for children.</p> <p>Our Housing Support and First Home services worked with around 200 households with children at risk of losing their tenancies or experiencing homelessness in 2010/11.</p>	<ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • 95% Contract / Service Level Agreement • 5% Self Generated / Donations • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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Healthy & Caring

Outcomes 9 - 10

Community Health Partnership (Theme Group)

Contributor Organisations and Groups

<p>Access to Employment Addaction Ayrshire – ARBD Service Age Concern Girvan Alzheimer Scotland (South Ayrshire Service) Aspire2gether Ayr Arts Guild Ayr Housing Aid Centre Ayr Stroke Club Ayr United Football Academy Ayrshire Council on Alcohol Ballantrae Development Group (BDG) Ballantrae Rural Initiative Care in the Community (BRICC) Blackwood Blue Triangle (Glasgow) Housing Association – Ayr Boyle Court Sheltered Housing START Association (Girvan) Care & Share Project (Riverside Church, Ayr) Children 1st Friends of Newton Park (Ayr) Galloway Forest Project (ProjectScotland) Girvan Community Garden Girvan Youth Trust / Z1 Youth Bar Real Work Skills S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)</p>	<p>Scottish Marriage Care South Ayrshire Befriending Project South Ayrshire Dementia Support Association (SADSA) South Ayrshire Escape from Homelessness (known as SeAscape) South Ayrshire Senior’s Forum Stepping Stones for Families – Childcare Development Project Strokefolk The Ark The Lighthouse Foundation Turning Point Scotland Unity Enterprise – South Ayrshire (PRTC) Carers Centre</p>
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire enjoy the best possible health throughout their lives				Local Outcome 9
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>9a) A shift in the balance of care to more localised health and care services</p>	<p>Reduce - Rates of hospital admissions and bed delays of patients with primary diagnosis:</p> <p>a) Chronic Bronchitis or Emphysema (COPD)</p> <p>b) Asthma</p> <p>c) Diabetes</p>	<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>Residents have access to NHS anti-smoking literature during annual anti-smoking campaigns etc. COPD computerised link-ups are accessible in the unit, with the nurses at the local hospital; pre emptying infections flare ups etc. Annual education leaflets etc, sugar free afternoons, cooking demonstrations, recipe exchanges, talks, nurse visits, weight reduction talks, MOT’s etc are also all held in the unit.</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We deliver Asthma training to voluntary sector staff</p> <p><u>Age Concern Girvan</u></p> <p>We provide a safe and structured environment for service users to interact with their peers, which helps reduce feelings of isolation, depression, anxiety and promotes good mental-health and wellbeing. We also offer support / advice to any service user experiencing barriers / issues in order to promote peace of mind.</p> <p>We ensure NHS leaflets / literature is available to service users on a variety of health related topics such as: anti-smoking, COPD, weight management etc. Health promotion materials are on display and available for interested service users. We also invite guest speakers to present health related talks. Topics covered have included weight reduction talks, which in turn helps reduce the risk of diabetes.</p>	<p>Localised health education / monitoring services are provided for 30 residents, annually</p> <p>Training delivered to 3 staff during 2010/11</p> <p>Approximately 40 service users per week use our drop in facility which is made possible by the help of 19 volunteers.</p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants • 67% Local Authority • 33% Self Generated / Trading <p>Our income is 100% self generated.</p>

<p>(Continuation)</p> <p>9a) A shift in the balance of care to more localised health and care services</p>	<p>(Continuation)</p> <p>Reduce - Rates of hospital admissions and bed delays of patients with primary diagnosis:</p> <p>a) Chronic Bronchitis or Emphysema (COPD)</p> <p>b) Asthma</p> <p>c) Diabetes</p>	<p><u>South Ayrshire Dementia Support Association (SADSA)</u></p> <p>Our staff are trained / experienced in the monitoring the health needs of our service users and act on any issues or concerns quickly, by seeking advice from our local medical practitioners. SADSA has been able to proactively check with GP’s service user’s medication so as to practically fit in with the service/care provided. Through the systems we have in place we are contributing to a reduction in the number of admissions to hospital.</p> <p>SADSA Staff are trained in the safe handling of medications and are able to closely monitor / support service users to appropriately use medication. We ensure that all staff are trained in nutrition and dietary requirements, and receive training from diabetic specialists and dieticians. Staff support service helps users in self medication and control of their diabetes.</p> <p>We have close links with appropriate medical practitioners and specialist clinics. The experience SADSA have with service users monitoring and working in consultation with partners has resulted in the development of experience and in sight into what to look out for and this is communicated across our work force.</p>	<p>We currently have two residential facilities in South Ayrshire. We provide on-going support to 39 service users at these residential facilities (25 residents at our Ayr facility and 14 residents at our Prestwick facility).</p> <p>We also provide home based support for 65 service users (including residents) at the current time.</p> <p>We have 11 active volunteers which include members of our committee. Our volunteers commit an average of 20 to 30 hours per week, supporting our service users.</p>	<ul style="list-style-type: none"> • 92% Grant Funding • 2% Donations/Fundraising • 6% Other Income <p>Please note that the above figures are approximate. Grant Funding which is facilitated via South Ayrshire Council and they determine any increases/decreases in the funding provided.</p>
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire enjoy the best possible health throughout their lives				Local Outcome 9
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>9a) A shift in the balance of care to more localised health and care services</p>	<p>The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets</p>	<p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol provides brief interventions to problem drinkers to reduce long-term alcohol misuse. This service is provided in a variety of outreach locations in order to target hard to reach groups. We work closely with partner agencies working with people who are affected by drug misuse, homelessness, long term unemployment etc.</p> <p><u>Scottish Marriage Care</u></p> <p>Scottish Marriage Care as an organisation is committed to local service provision. Hence the volunteers will work in communities where there is a demand for our services. At the moment much of our work is done in the Holmston Bungalow, but we will also work in other location in South Ayrshire. For example if a number of couples from a particular church wanted to do out marriage preparation course our facilitators will go to the local church hall to deliver the programme.</p> <p><u>South Ayrshire Seniors Forum</u></p> <p>The Forum is represented on the Public Partnership Forum which has direct engagement with Health Services.</p>	<p>Unable to quantify brief interventions due to the nature of this area of work</p> <p>During 2010 / worked with between 5 and 10 couples in outreach locations.</p> <p><i>(In the past the organization has also offered FOCCUS to around 50 couples in outreach locations)</i></p> <p>The Forum is part of a working group developing an improved information pack for hospital discharges procedures.</p>	<p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches <p>To date we have received 1 grant from South Ayrshire Council, we have received no other funding.</p>

<p>(Continuation)</p> <p>9a) A shift in the balance of care to more localised health and care services</p>	<p>(Continuation)</p> <p>The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets</p>	<p><u>Alzheimer Scotland (South Ayrshire Service)</u></p> <p>Alzheimer Scotland provides a comprehensive range of support for people with dementia and their families, who live in South Ayrshire. Service delivery is supported by volunteers who receive training on dementia awareness, behaviour / communication, etc.</p> <p>Service provision includes: signposting to appropriate HNS / Statutory and voluntary service providers (for all new service users), on-going post-diagnostic support for people with dementia and their family, friends, kinship and professional carers</p> <p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff provide a comprehensive support / signposting service for service users who often have complex issues and needs (<i>generally requiring referral to health professionals</i>). Specific support is made available to service users to access key health, benefits services as many had disengaged with mainstream services prior to accessing to the Chalmers Court facility. Staff also work closely with service users to encourage re-engagement with family networks, increase confidence, dignity and raise feelings of self-worth.</p>	<p>99 new referrals were signposted to support services during 2010 /11</p> <p>6 volunteers have been involved in providing support to deliver the service</p> <p>In excess of 40 people with dementia supported / In excess of 50 family members, carers etc supported</p> <p>During 2010 / 11 the Chalmers Court facility has supported 40 services users.</p> <p>100% of service users have been offered support to access relevant health services.</p>	<ul style="list-style-type: none"> • 10% Donations • 90% Local Authority • 61% SAC Supporting People • 39% Housing Benefit
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<p>(Continuation)</p> <p>9a) A shift in the balance of care to more localised health and care services</p>	<p>(Continuation)</p> <p>The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets</p>	<p><u>S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)</u></p> <p>We offer local services to local communities through having 3 staffed Outreach Centres for the Elderly Hearing Impaired (deaf) to drop in and get their hearing aids services, find help and advice, help with related equipment available ie environmental aids/adapted telephones and they can access local support groups and lipreading classes.</p> <p>We also have a very large volunteer project with 25 volunteers just in South Ayrshire. We carry out volunteer visits to people in their own homes, sheltered housing complexes, day care centres etc.</p> <p><u>Ayr Housing Aid Centre</u></p> <p>The homes people living in can often impact on their health therefore it is important that these homes are of a standard which positively impacts on people’s physical and mental wellbeing. It is well documented that currently in South Ayrshire worst house conditions are associated with the lower end of the private rented market. There are of course issues around dampness/condensation in all tenures which requires concerted actions. Issues around elderly owner occupiers who cannot afford to maintain/heat their homes needs addressed.</p>	<p>Total of 2,920 elderly hearing impaired individuals supported, 8,282 visits carried out (2010 statistics). Breakdown as follows:</p> <p>Befriending & Help Visits - 1,742 Befriending Support Groups - 61 Internet / Text Phone Training - 67 Digital Hearing Aid Workshops - 176 Lipreading Classes - 84 Signposting & Advice - 612 Relaxation Therapies – 182</p> <p>16 new volunteers have completed training</p> <p>The Centre opened 341 cases from the private rented sector; we opened 78 cases relating to landlord/tenant problems and 42 directly related to repair. <i>(Annual Report 2009/10)</i></p> <p><i>Within our draft business plan 2011/14 we are projecting increased demand across sectors and potential increased problems in terms of repair/house conditions relating to fuel poverty</i></p>	<ul style="list-style-type: none"> • Trusts / Foundations • Donations • Self Generated / Trading • Local Authority • Lottery <ul style="list-style-type: none"> • 95% Contract / Service Level Agreement • 5% Self Generated / Donations
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<p>(Continuation)</p> <p>9a) A shift in the balance of care to more localised health and care services</p>	<p>(Continuation)</p> <p>The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets</p>	<p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p> <p>The principal objective of BRICC is to support the elderly, frail and other people in need throughout the Stinchar Valley and South Carrick. We provide a weekly social club (The BRICC Club) and a weekly Drop in Club. The BRICC Club which is entirely staffed by volunteers provides an opportunity for social interaction with peers. It also stimulates interests in many spheres and for some members it provides a ‘will to live’. Transport to and from the club is provided by volunteer drivers (for those who need this service). Volunteer drivers also take club members to and from hospital / clinic and other necessary appointments.</p> <p><u>Blackwood Care (South Ayrshire)</u></p> <p>We provide a high level of flexible assistance by professionally trained staff to our tenants, who live in 13 specially designed flats at our St Leonard’s Court complex, in Ayr. Staff work closely with GPs and District Nursing services to maximize the health and well-being of service users to reduce hospital admissions. District nurses visit the complex 2/3 times weekly and health professionals such podiatrists and physiotherapists also provide on-site care to service users. We also offer packages of care tailored to ensure prompt hospital discharge to reduce “bed-blocking”. Our service users have varying support needs as a result of learning / physical disabilities, acquired brain damage, epilepsy etc.</p> <p>We also provide care services to people who have high care needs, in their own homes. (Throughout Ayr and Prestwick)</p>	<p>The BRICC Club has approximately 45 members (over 65 years) who attend regularly. The Drop in Club has up to 9 members attending on a weekly basis. Members from both clubs are invited to complete annual questionnaires. Results from the questionnaires show that the group provides a highly desirable service. (This view is upheld by carers, health professionals and families of group members)</p> <p>13 tenants currently receiving care / housing support services at the St Leonard’s Court complex</p>	<p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop’s staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p> <ul style="list-style-type: none"> • Donations • Local Authority • NHS • Scottish Government • Membership
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire enjoy the best possible health throughout their lives				Local Outcome 9
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>Reduce - Premature mortality rates in under 75s in relation to Community Health Division (CHD)</p> <p>Increase - Number of years of life in good health</p>	<p><u>The Ark</u> The Ark has worked with YDance in providing diversionary exercise activities and hopes to be able to provide classes in the near future. We promote healthy eating in our midweek lunch café, providing healthy alternatives..</p> <p><u>Ayr United Football Academy</u> This area is central to our organisation's objectives and therefore most of our programmes are designed to promote healthy lifestyles through participation in sport – with football as the core sport.</p> <p><u>South Ayrshire Befriending Project</u> South Ayrshire Befriending Project provides a befriending service for young people with social / emotional difficulties. The Project facilitates one-to-one befriending relationships (fortnightly) for young people referred from a variety of sources including: Social Work, Health Care Teams, schools and partner voluntary sector organisations. The young people who are befriended benefit from access to social activities, which impact positively on physical health, for example: ice-skating, swimming, bowling walking, etc.</p> <p><u>Galloway Forest Project (ProjectScotland)</u> Health Improvement Workshops - Project beneficiaries participate in sexual health / drug and alcohol awareness raising workshops.</p>	<p>Working with up to 20 young people Serving up to 70 young people each Wednesday in our lunch café.</p> <p>This area is central to the organisation's objectives and therefore most of our programmes are designed to promote healthy lifestyles through participation in sport – with football as the core sport.</p> <p>During 2010 /11 the Project supported 51 befriending relationships</p> <p>During 2010 /11 - Number of project beneficiaries accessing health improvement workshops: 56</p>	<ul style="list-style-type: none"> • 45% Charitable Trust • 41% Self Generated / Fees / Income • 11% Donations • 3% Gift Aid <ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding <ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations <p>In South Ayrshire we are 100% funded by Project Scotland</p>

<p>(Continuation)</p> <p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>(Continuation)</p> <p>Reduce - Premature mortality rates in under 75s in relation to Community Health Division (CHD)</p> <p>Increase - Number of years of life in good health</p>	<p><u>Alzheimer Scotland (South Ayrshire Service)</u></p> <p>The Service provides an extensive range of leaflets and publications for service users and the wider community. Specific information is available for: people diagnosed with dementia/ memory impairment, families / carers of people with dementia or memory impairment, health professionals, etc. The centre in Troon has a well equipped resource room, lending library and DVD collection which incorporates everything from lifestyle and prevention for young people to financial and legal information for families. All new service users receive a bespoke information pack at first point of contact.</p> <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p><i>(Care & Share service users are people experiencing drug and alcohol abdication, homelessness, social isolation issues, etc).</i> The Project provides the following assistance for its service users :</p> <ul style="list-style-type: none"> • Access to a regular meal /emergency food packages • Shopping for emergency food packages is often done by some of the service users educating them to shop healthily and economically <p><u>Girvan Youth Trust / Z1 Youth Bar</u></p> <p>Z1 Youth Bar is a purpose built alcohol free night club / contemporary lounge bar for young people (11-18) living in Girvan and surrounding 7 rural communities. The facility provides a varied programme of activities that are designed to engage young people in positive and constructive activity; in addition to diversion from alcohol consumption. The programme of activities incorporates ‘Letterbox’ Health Clinic (evening). Letterbox is delivered in partnership with NHS Ayrshire & Arran and Community Learning & Development. As a result of Letterbox young people have increased understanding about healthy lifestyle options and are able to make more informed choices about personal lifestyle.</p>	<p>During 2010 /11 the service provided support packs for 99 new referrals (people diagnosed with dementia or memory impairment)</p> <p>Providing this information helps to prevent further deterioration of memory impairment and improves the general health / quality of life for services users, their family and carers.</p> <p>Since August 2010 we have made contact with 285 individuals – 48 people regularly attend weekly drop in session</p> <p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p> <p>Letterbox has provided healthy lifestyle information to over 300 young people to date</p>	<ul style="list-style-type: none"> • 10% Donations • 90% Local Authority <ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) <ul style="list-style-type: none"> • 80% Trusts / Foundations • 20% Self Generated
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<p>(Continuation)</p> <p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>(Continuation)</p> <p>Reduce - Premature mortality rates in under 75s in relation to Community Health Division (CHD)</p> <p>Increase - Number of years of life in good health</p>	<p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>We help carers to better sustain their caring role by earlier identification, improving their physical and emotional well being and their quality of life. We do this through assessing need, offering health checks, workshops on nutrition, stress management, disease management, positive coping mechanisms and lifestyle choices etc. The Centre also offers carers access to a health and well being group and/or stress management, therapies and/or counselling.</p> <p><u>Friends of Newton Park (Ayr)</u></p> <p>Newton Park is a public park which is open twenty-four, seven. The park has a dedicated team of volunteers who are committed to progressing the park’s development; encouraging enriched use of this urban space. The Park has a committee that has successfully applied for funding / grants to provide a variety of exercise equipment for the elderly. The Park also provides a safe walking route to school / for social dog walking groups. There are designated areas for public use to play games such as volley ball, badminton, paddle tennis, skittles, football etc.</p> <p><u>Addaction Ayrshire – ARBD Service</u></p> <p>The ARBD Team believe that it is critical to successful treatment and recovery of individuals that a healthy and balanced diet is undertaken and maintained, with at least five portions of fresh fruit and vegetables being included daily, where possible. Service users are also offered advice on developing a thiamine-rich diet and information on how to improve their nutrition and health, if required.</p>	<p>We have a current caseload of 2,608 adult carers - 423 regularly access services.</p> <p>89% of carers in South Ayrshire have reported an improvement in their health and well being (<i>using our adult carer quality of life questionnaire, stress management and/or counselling tools</i>) which are based on self assessment. 91% who attended our healthy workshops reported an increase in their physical and mental health. 86% reported a decrease in the number of GP/Nurse appointments they required</p> <p><i>As a result of lobbying South Ayrshire Council there is now a network of level tarmac paths to encourage walking, running jogging and cycling for those recovering from illness or injury.</i></p> <p>Since June 2010, the ARBD Service has actively supported over 20 individuals in South Ayrshire</p>	<ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • Trusts / Foundations • Lottery • Donations • Local Authority • NHS • National Organisation
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<p>(Continuation)</p> <p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>(Continuation)</p> <p>Reduce - Premature mortality rates in under 75s in relation to Community Health Division (CHD)</p> <p>Increase - Number of years of life in good health</p>	<p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Initial identification of need often highlights health issues, particularly for those who have or have had an addiction problem. Drugs or alcohol, or both. This is also the case with many service users who have a history of mental health issues. <i>(Nutrition is very low on the agenda of people who are homeless and have many other issues to deal with)</i>. Staff provide practical support to actively encourage healthy eating / lifestyle among service users.</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide Food and Nutrition training to childcare staff in the voluntary sector.</p> <p>We also provide training to voluntary sector staff (childcare workers) that links to increasing the number of years of life in good health.</p> <p>We provide physical activities for children (including children with additional support needs) indoors and outdoors through our Sitter / Playzone Services.</p> <p>Provision of activities which promote healthy eating and encouraging children to make healthy choices through Sitter Service.</p> <p><i>In the near future we plan to deliver training to childcare staff in the voluntary sector to look at raising the issue of physical activity and healthy eating.</i></p>	<p>All service users are offered advice and encouragement to eat healthily - 40 service users access the Chalmers Court facility during 2010 / 11. We have a comprehensive healthy eating / lifestyle resource library which is accessible to all service users. Staff have also have completed the CAN toolkit training</p> <p>During 2010/11 delivered to 8 childcare workers</p> <p>Active Play Training (14) Parachutes and More Training (4) All About Sports (4) Den Building (10) Retro Play (promotes physical play outdoors / indoors) (3)</p> <p>Sitter Service 44 children, 12 have an additional support need / Playzone Service 58 children, 24 have an additional support need</p> <p>All 44 children accessing the Sitter Services</p> <p><i>All families and staff we work with</i></p>	<ul style="list-style-type: none"> • 61% SAC Supporting People • 39% Housing Benefit • 67% Local Authority • 33% Self Generated / Trading
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<p>(Continuation)</p> <p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>(Continuation)</p> <p>Reduce - Premature mortality rates in under 75s in relation to Community Health Division (CHD)</p> <p>Increase - Number of years of life in good health</p>	<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>We regularly host: healthy eating days, demonstrations, talks, on healthy eating / lifestyle. We also have a small communal vegetable garden, which we hope to expand. We actively encourage residents to become involved in the communal garden initiative. This year we have managed to get the majority of the service users growing their own potatoes, both in bags and in their gardens. Local garden enthusiasts / wardens are actively involved in the both vegetable growing activities.</p> <p><u>Turning Point Scotland</u></p> <p>As part of the support we offer, we promote and encourage individuals to look to improve their diet and nutrition and use the Ayrshire and Arran NHS CAN Cook pack, this pack shows how to prepare cheap and nutritious meals. We also promote sports and activities to improve physical health. Some of the activities we offer include the following groups: fly fishing, walking, Zumba, keep fit, tai-chi, table tennis and pool. We also offer the following complimentary therapies: Indian Head massage, Auricular Acupuncture, Massage, Yoga, Relaxation therapy.</p> <p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p> <p>The principal objective of BRICC is to support the elderly, frail and other people in need throughout the Stinchar Valley and South Carrick. We provide a weekly social club (The BRICC Club) and a weekly Drop in Club. The BRICC Club which is entirely staffed by volunteers provides an opportunity for social interaction with peers. It also helps to stimulate member interests in many spheres, including diet, exercise and healthy lifestyle. Transport to and from the club is provided by volunteer drivers (<i>for those who need this service</i>). Volunteer drivers also take club members to and from hospital / clinic and other necessary appointments.</p>	<p>Over 40 Boyle Court residents take part in: vegetable growing initiatives, healthy lifestyle demonstrations, etc</p> <p>Over 20 of the Boyle Court residents are over the age of 80. Most have lived in the complex for a number of years</p> <p>Of our 249 clients, 38% of those with comparable outcomes report that they are positively improving their physical health; <i>this should have a positive impact on and reduce premature mortality rates in under 75s in relation to Community Health Division (CHD) and increase number of years of life in good health.</i></p> <p>The BRICC Club has approximately 45 members (over 65 years) who attend regularly. The Drop in Club has up to 9 members attending on a weekly basis. Members from both clubs are invited to complete annual questionnaires. Results from the questionnaires show that the group provides a highly desirable service. (<i>This view is upheld by carers, health professionals and families of group members</i>)</p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants • 46% Local Authority • 54% NHS <p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop's staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p>
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<p>(Continuation)</p> <p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>(Continuation)</p> <p>Reduce - Premature mortality rates in under 75s in relation to Community Health Division (CHD)</p> <p>Increase - Number of years of life in good health</p>	<p><u>S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)</u></p> <p><i>Part of new project with effect from Jan 2012 will be an active living project where we will take groups of elderly hearing impaired with weekly classes to carry out activities such as walking groups, pot planting, chair exercises etc.</i></p> <p><u>South Ayrshire Dementia Support Association (SADSA)</u></p> <p>SADSA aims are to promote and encourage a healthier lifestyle to our service users, by providing nutritious and balanced meals that take into account choice and preferences.</p> <p>We also provide stimulating activities (mental and physical), in both day care and our home support services. Activities are planned accordingly to individual service user’s needs and abilities. Creative outings are also designed to cater for different service users needs and include mental, physical and artistic interests. These activities help to stimulate service users and provide interest, which encourages a healthier / improved quality of life.</p> <p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village.</p> <p>Community Health and Wellbeing priority actions as set out in the Development Plan are: Contribute to and benefit from the work of the SAC Community Learning and Leisure Partnership and participate in other local and national initiatives. Key health priorities are to reduce: smoking, obesity and alcohol consumption within the community.</p>	<p>We currently have two residential facilities in South Ayrshire. We provide on-going support to 39 service users at these residential facilities (25 residents at our Ayr facility and 14 residents at our Prestwick facility). We also provide home based support for 65 service users (including residents) at the current time.</p> <p>We have 11 active volunteers which include members of our committee. Our volunteers commit an average of 20 to 30 hours per week, supporting our service users.</p> <p>BDG works closely with all 27 groups who operate in the village and the local medical practice to identify local health priorities and encourage better diet, nutrition and physical health across all age groups.</p>	<ul style="list-style-type: none"> • Trusts / Foundations • Donations • Self Generated / Trading • Local Authority • Lottery <ul style="list-style-type: none"> • 92% Grant Funding • 2% Donations/Fundraising • 6% Other Income <p>Please note that the above figures are approximate. Grant Funding which is facilitated via South Ayrshire Council and they determine any increases/decreases in the funding provided.</p> <p>We have received / generated no income to date.</p>
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<p>(Continuation)</p> <p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>(Continuation)</p> <p>Reduce - Premature mortality rates in under 75s in relation to Community Health Division (CHD)</p> <p>Increase - Number of years of life in good health</p>	<p><u>Age Concern Girvan</u></p> <p>We provide affordable, healthy, nutritious, balanced 3 course meals for the elderly and regularly promote healthy eating days, incorporating fresh fruit and vegetables (though this is primarily achieved for every meal).</p> <p>We hold regular games / quiz sessions to give services users a sense of enjoyment and self wellbeing in a safe environment. We also hold annual outings to help promote independence / physical activity (walking) and enhance services users quality of life. Outings help to reduce social isolation and provide a social platform for service users to engage and develop peer relationships / friendships.</p> <p><u>Blackwood Care (South Ayrshire)</u></p> <p>Blackwood Care staff work closely with other health professionals to maximize health and well-being of service users – i.e. healthy eating and exercise is encouraged by working with dieticians and physiotherapists and general physical well-being by working closely with District Nursing and PAMS.</p>	<p>We provide lunch time 3 course meals, 3-days per week to an average of 40 people on a weekly basis.</p> <p>We organise approximately 2 outings per year. Quiz / game sessions are made possible by the help of our 19 volunteers (including the management committee members).</p> <p>13 tenants currently receiving care / housing support services at the St Leonard’s Court complex. 11 service users currently receive high care support in their own homes (Ayr & Prestwick)</p>	<p>Our income is 100% self generated.</p> <ul style="list-style-type: none"> • Donations • Local Authority /NHS • Scottish Government • Membership
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<p>(Continuation)</p> <p>9b) Encourage better diet, nutrition and physical health across all age groups</p>	<p>Decrease –</p> <p>Smoking Prevalence in Adults</p>	<p><u>Ayr United Football Academy</u></p> <p>We partner the NHS Fresh Air-shire team in their smoking prevention programme - one of the objectives of which is to reduce smoking by adults.</p> <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project provides access to Smoking Cessation workers / groups. We are also able to provide transport to pharmacies / doctors appointments etc</p> <p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. We work in partnership with Smoking Cessation to encourage service users to stop smoking.</p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>We distribute NHS anti-smoking leaflets to residents who smoke during national campaigns etc. We also offer support / signposting to encourage those who do smoke to stop. We also host annual stop smoking displays in the communal area.</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We actively promote no smoking, offer advice / signposting to families we work with. We have signed up to ‘Healthy Working Lives’ and are working towards the Bronze award which encouraged 2 staff to stop smoking.</p>	<p>This area is central to the organisation's objectives and therefore most of our programmes are designed to promote healthy lifestyles through participation in sport – with football as the core sport.</p> <p><i>(Care & Share service users are people experiencing drug and alcohol abdication, homelessness, social isolation issues, etc)</i></p> <p>In 2010 /11 40 service users have accessed the facility at Chalmers Court. (100% of service users smoke). Service users are offered information/ advice relating to stopping smoking.</p> <p>4 residents have given up smoking this year. Very few smokers continue or smoke in public view.</p> <p>2 staff stopped smoking</p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) • 61% SAC Supporting People • 39% Housing Benefit • 95% Self Generated • 5% Trusts / Grants • 67% Local Authority • 33% Self Generated / Trading
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire enjoy the best possible health throughout their lives				Local Outcome 9
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>9c) Increase and maintain the independence of older people and people with long-term conditions and disabilities</p>	<p>Increase - Number of home care packages of more than 10 hours per week for people aged 65+</p> <p>Reduce – Number of people aged 65 and over admitted as an emergency inpatient 2 or more times in a single year</p>	<p><u>Strokefolk</u> Strokefolk provides group based support for people with speech and communication problems following a stroke. We also provide a structured activities programme within a relaxed atmosphere to help service users regain confidence and foster peer friendships. The group utilises the support of volunteers to deliver activities such as developing computing skills, traditional social / table games, music appreciation etc. These activities are accessible to service users during the weekly group meetings. Social outings are also facilitated by the group. Volunteers receive training in communication, moving and handling and basic first aid. Support is also provided for carers to increase their understanding of pos-stroke issues, thus enabling them to cope more effectively with their situation.</p> <p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u> We help carers to better sustain their caring role by earlier identification, improving their physical and emotional well being and their quality of life. We do this through assessing need, offering health checks, workshops on nutrition, stress management, disease management, positive coping mechanisms and lifestyle choices etc. as carers are better informed in disease management and are more able to cope with their caring role. This results in carers being able to continue to look after their loved ones at home safely and independently. This results in the cared for being less likely to be admitted to hospital and/or placed in a care home.</p>	<p>The group is currently supported by 23 volunteers and provides support to 38 members who have been affected by the effects of a stroke</p> <p>We have a current caseload of 2,608 adult carers - 423 regularly access services.</p> <p>In South Ayrshire 94% have reported an increase in their confidence in being a carer and 86% have reported being more able to care for their loved one at home.</p>	<ul style="list-style-type: none"> • 72% Self Generated • 28% Grant – External Funding Body • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds

<p>(Continuation)</p> <p>9c) Increase and maintain the independence of older people and people with long-term conditions and disabilities</p>	<p>(Continuation)</p> <p>Increase - Number of home care packages of more than 10 hours per week for people aged 65+</p> <p>Reduce – Number of people aged 65 and over admitted as an emergency inpatient 2 or more times in a single year</p>	<p><u>Alzheimer Scotland (South Ayrshire Service)</u></p> <p>The South Ayrshire Service provides one-to-one support sessions, for service users and carers. In addition the service provides weekly reminiscence meetings for service users as follows:</p> <ul style="list-style-type: none"> • Ladies Who Lunch Group – Service users / carers meet for lunch at a local hotel. Activities to improve memory focus on social history, hobbies and past work experience. • Men’s Football Group – Service users / carers meet for lunch. Activities to improve memory use football as a catalyst for stimulation. <p>The social stimulation / interaction and memory aid activities utilised during weekly group meetings help service users / (kinship and professional) carers with confidence development and improved well being.</p> <p>The service also hosts a monthly Independent Carers Group meeting. This meeting provides peer support / information sharing on a wide variety of topics. Guest speakers input to the group meetings, providing information and advice on relevant subjects such as respite, primary care strategy, NHS information sharing and South Ayrshire Senior’s Forum activities. Café Chit-Chat - provides an informal opportunity on a monthly basis for carers / service users and anyone concerned about memory loss (self / other – family, friends, etc) to access general advice and receive information with reference to signposting.</p> <p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol work in partnership with elderly services to provide counselling to older problem drinkers. We have a dedicated worker in South Ayrshire who provides support to older people.</p>	<p>Service Provision During 2010/11</p> <ul style="list-style-type: none"> • 653 service users / carers accessed one or more session, 173 home visits were carried out • Ladies Who Lunch Group – Averages 8 service users attending on a weekly basis • Men’s Football Group – Average 10 service users attending on a weekly basis • An average of 12 carers attend the monthly Carers Group meeting • An average of 8 people attend the Café Chit-Chat sessions <p>Current caseload is 25 older people</p>	<ul style="list-style-type: none"> • 10% Donations • 90% Local Authority <p>100% of Core Funding comes from Contracts / Service Level Agreements</p>
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<p>(Continuation)</p> <p>9c) Increase and maintain the independence of older people and people with long-term conditions and disabilities</p>	<p>(Continuation)</p> <p>Increase - Number of home care packages of more than 10 hours per week for people aged 65+</p> <p>Reduce – Number of people aged 65 and over admitted as an emergency inpatient 2 or more times in a single year</p>	<p><u>S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)</u></p> <p>Deafness is a lifetime disability and it brings with it isolation, depression, anxiety, frustration. As a charity we try to alleviate this by offering weekly support groups sessions in South Ayrshire. These support sessions enable people to come out of their homes and meet others who have similar difficulties. The sessions provide support which is focused on helping to increase the confidence and self esteem of service users.</p> <p><u>Ayr Stroke Club</u></p> <p>Ayr Stroke Club provides one- to-one support as well as group based support for people experiencing barriers / issues with speech / communication following a stroke. We also provide weekly activities within a structured and safe environment to help service users: interact, reduce social isolation, improve mental well-being and regain confidence / establish peer friendships. This year we have had guest speakers on a variety of topics including: healthy eating, waste medicine, guide dogs, etc. We organise outings for service users throughout the year also have two annual outings at summer and Christmas (<i>where we enable the service users to complete their own Christmas shopping with the help of volunteers to maintain their independence</i>).</p> <p>The group has a team of 10 dedicated volunteers who help to organise guest speakers and run events / activities. All volunteers are offered training in moving and handling, basic first aid and stroke awareness.</p>	<p>During 2010 - 61 individuals benefited from attending Befriending Support Groups. (<i>Attending weekly support sessions ultimately improves the independence of service users and helps them to feel they can take part in society again</i>).</p> <p>We provide support to 26 people who have been affected by a stroke.</p> <p>The group is currently supported by 10 volunteers</p>	<ul style="list-style-type: none"> • Trusts / Foundations • Donations • Self Generated / Trading • Local Authority • Lottery <p>Our income is 100% self generated.</p>
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<p>(Continuation)</p> <p>9c) Increase and maintain the independence of older people and people with long-term conditions and disabilities</p>	<p>(Continuation)</p> <p>Increase - Number of home care packages of more than 10 hours per week for people aged 65+</p> <p>Reduce – Number of people aged 65 and over admitted as an emergency inpatient 2 or more times in a single year</p>	<p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p> <p>The principal objective of BRICC is to support the elderly, frail and other people in need throughout the Stinchar Valley and South Carrick. Our full / part-time carers provide reliable, flexible and professional care to maintain people’s independence in their own homes. BRICC is an authorised care provider for South Ayrshire Council, is registered with the Care Commission and is a member of Scottish Care. We are also a training provider, registered with SQA. BRICC carers attain Scottish Vocational Qualifications and receive on-going training in moving and handling, food hygiene and first aid.</p> <p><u>South Ayrshire Dementia Support Association (SADSA)</u></p> <p>We provide care and support to allow service users to remain in their own homes and improve their quality of life. All service users have an allocated key worker. This enables close interaction, which helps service users to understand their changing needs. We support service users through the provision of both day care and home support services. Care reviews are held regularly with multi stakeholder groups, which identify support needs to enable service users to live independently at home. Staff are trained to closely monitor changes in their service user’s physical /mental well being. By swift interaction we can prevent admission to hospital.</p> <p><u>Age Concern Girvan</u></p> <p>We provide a safe and structured environment for service users to interact, which helps reduce feelings of isolation, depression, anxiety and promotes good mental-health and wellbeing. We offer support / advice to any user experiencing barriers / issues in order to promote peace of mind.</p>	<p>We currently have 33 full / part time carers who provide homecare services to over 110 clients</p> <p><i>(We also provide training to staff from other care agencies and residential homes).</i></p> <p>We currently have two residential facilities in South Ayrshire. We provide on-going support to 39 service users at these residential facilities (25 residents at our Ayr facility and 14 residents at our Prestwick facility).</p> <p>We also provide home based support for 65 service users (including residents) at the current time.</p> <p>We have 11 active volunteers which include members of our committee. Our volunteers commit an average of 20 to 30 hours per week, supporting our service users.</p> <p>Approximately 40 service users per week use our drop in facility which is made possible by the help of 19 volunteers.</p>	<p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop’s staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p> <ul style="list-style-type: none"> • 92% Grant Funding • 2% Donations/Fundraising • 6% Other Income <p>Please note that the above figures are approximate. Grant Funding which is facilitated via South Ayrshire Council and they determine any increases/decreases in the funding provided.</p> <p>Our income is 100% self generated.</p>
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<p>(Continuation)</p> <p>9c) Increase and maintain the independence of older people and people with long-term conditions and disabilities</p>	<p>(Continuation)</p> <p>Increase - Number of home care packages of more than 10 hours per week for people aged 65+</p> <p>Reduce – Number of people aged 65 and over admitted as an emergency inpatient 2 or more times in a single year</p>	<p><u>South Ayrshire Seniors Forum</u></p> <p>The aim of the Forum is to: - put older people, their representatives and their communities, at the heart of planning, decision making, and delivery of the support and services which older people require to ensure dignity and a reasonable quality of life as they get older. The Forum aims to work with as many older peoples organisations as possible to assist and support them in their work, to advocate (if requested to do so) but always to encourage and facilitate the means for them to challenge and question the agencies that provide the services that directly impact on their quality of life.</p> <p><u>Blackwood Care (South Ayrshire)</u></p> <p>We provide a high level of flexible assistance by professionally trained staff to our tenants, who live in 13 specially designed flats at our St Leonard’s Court complex, in Ayr. Staff work closely with GPs and District Nursing services to maximize the health and well-being of service users to reduce hospital admissions. District nurses visit the complex 2/3 times weekly and health professionals such as podiatrists and physiotherapists also provide on-site care to service users. We also offer packages of care tailored to ensure prompt hospital discharge to reduce “bed-blocking”. Our service users have varying support needs as a result of learning / physical disabilities, acquired brain damage, epilepsy etc.</p> <p>We also provide care services to people who have high care needs, in their own homes. (Throughout Ayr and Prestwick)</p>	<p>The Forum visits various organisations and groups to explain our aim and to encourage participation.</p> <p>This will further develop over the next four years with a paid Development Worker</p> <p>13 tenants currently receiving care / housing support services at the St Leonard’s Court complex</p> <p>11 service users currently receive high care support</p>	<p>To date we have received 1 grant from South Ayrshire Council, we have received no other funding.</p> <ul style="list-style-type: none"> • Donations • Local Authority • NHS • Scottish Government • Membership
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire enjoy the best possible health throughout their lives				Local Outcome 9	
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile	
9d) Promote good mental health and well-being across all age groups	Increase- Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale	<p><u>Scottish Marriage Care</u></p> <p>The organisation is committed to supporting and promoting good mental health to people of all ages. We do this through publicising out services by leaflets and by publicity material with helpful information in community areas like doctor surgeries and community centres etc. We have helpful materials for clients on our Website and have a helpline number for people to call if they are stressed and need to talk to someone right away, if they are unable to wait for a counselling appointment.</p>	<p>Scottish Marriage Care has promotion material in excess of 50 locations throughout South Ayrshire. We also have a help-line (<i>we are currently unable to quantify the number of couples accessing the help-line as the service is relatively new</i>)</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches 	
		<p><u>Girvan Community Garden</u></p> <p>The garden engages adult volunteers who have on-going health issues or are recovering from a mental health issue. The benefit of exercise, stimulation and social interaction gained through volunteering encourages recovery. Volunteering also promotes an increase in self esteem and wellbeing among volunteers.</p>	<p>January - May 2011 (231 individual volunteering contributions). An average of 6 volunteers per week take part in Sunday volunteering (<i>Please note not all volunteers have health issues</i>)</p>		<ul style="list-style-type: none"> • 49% Leader • 24% Leader (Claimed Back) • Donations • Self Generated • Local Authority
		<p><u>Ayr United Football Academy</u></p> <p>We are engaged with the Scottish Association for Mental Health in the delivery of Football participation classes for adults with mental health problems. The courses have been designed to heighten self esteem and provide a pathway for the clients to take up employment or volunteering positions.</p>	<p>The Academy has delivered an 8 week course involving 16 adult participants. (<i>We have only run one pilot programme to date, so it is not possible to evaluate the impact</i>).</p>		

<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase-</p> <p>Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol is aware of how alcohol misuse impacts on mental health and wellbeing and provides counselling and support to people with a dual diagnosis problem</p> <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project provides the following support for service users in order to improve good mental health and well-being:</p> <ul style="list-style-type: none"> • Help to establish routine & facilitate access to support services • Accompanying service users to appointments when appropriate • Run a variety of outward bound and diversionary activity days which help to develop confidence, interest and focus • Run arts and crafts every week allowing service users to try new activities and gives them the opportunity to contribute to group projects • Service users can contribute to our Steering Group which encourages them to address issues facing the wider Care & Share group • Facilitate access to further educations opportunities via 'Call West' 	<p>Present caseload is in excess of 100 people. Analysis of service users who have completed interventions (typical quarter). Wellbeing indicators – improvement in the following areas:</p> <ul style="list-style-type: none"> • 71% social functioning • 71% general health • 71% occupation • 35% criminal involvement • 86% drug/ alcohol use • 57% working relationships • 50% compliance • 71% psychological <p><i>(Care & Share service users are people experiencing drug and alcohol abdication, homelessness, social isolation issues, etc). Weekly drop in sessions (Wednesdays) 285 individuals have accessed the service since August 201 – 48 people average weekly attendance. Ladies Nights (last Saturday each month) on average 11 young women attending. Outdoor Activities – (a varied programme delivered between March and October) on average 10 young people attending each activity session</i></p>	<p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church)
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase-</p> <p>Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>Galloway Forest Project (ProjectScotland)</u></p> <p>The Project’s main activities are carried out in an outdoor environment. Project beneficiaries work within team settings and have on-going access to both a designated Works Supervisor and the Project Mentor. Access to such support combined with the outdoor setting enables beneficiaries to experience optimism about their future and positively impacts on their personal development and wellbeing (indicators from the Warwick-Edinburgh Mental Well-being Scale)</p> <p><u>South Ayrshire Befriending Project</u></p> <p>South Ayrshire Befriending Project provides a befriending service for young people with social or emotional difficulties within South Ayrshire. The Project facilitates one-to-one befriending relationships (fortnightly) for young people referred from a variety of sources including: Social Work, Health Care Teams, schools and partner voluntary sector organisations. Young people who are befriended benefit from access to a variety of social activities such as: cinema, ice-skating, swimming walking, etc. The service also provides group based activities and facilitates paired peer matching relationships. Young people accessing the Project’s services benefit from increased confidence, self-esteem and wellbeing as a result of increased social interaction.</p> <p><u>Girvan Youth Trust / Z1 Youth Bar</u></p> <p>The ‘Hand in Hand’ Project provides support to young people who have an additional support need. The Project works in partnership with Girvan Academy, Invergarven Schools and Social Work. Young people participate in weekly group meetings and outings. A peer budding system enables service users to benefit from one-to-one mentoring support. The Project helps young people who have a recognised disability to enhance their social skills, improve confidence and well being.</p>	<p>During 2010/11 Project Beneficiaries experienced increased positivity in relation to the following: <i>(calculations based on 56 young people)</i></p> <ul style="list-style-type: none"> • 91% new skills developed • 100% guidance and Support from Supervisors & Mentor • 82% team working abilities • 73% training received that improved employability <p>During 2010 /11 South Ayrshire Befriending Project supported 51 befriending relationships</p> <p>During 2010/2011 the Hand in Hand Project supported 15 young people The Project has 20 peer buddies aged 15-17. Buddies receive training in areas such as dealing with challenging behaviour, community bridge building, de-escalation skills. <i>(The peer buddies are supported by adult volunteers)</i></p>	<p>In South Ayrshire we are 100% funded by Project Scotland</p> <ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations <ul style="list-style-type: none"> • 80% Trusts / Foundations • 20% Self Generated
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase- Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>Alzheimer Scotland (South Ayrshire Service)</u></p> <p>The South Ayrshire Service provides an extensive range of support for people with dementia and their families. The service carries out an annual service evaluation. Questionnaire is used to measure the quality and appropriateness of services accessed by on-going service users and carers.</p> <p><u>Friends of Newton Park (Ayr)</u></p> <p>Newton Park is a public park which is open twenty-four, seven. The park has a dedicated team of volunteers who are committed to progressing the park’s development; encouraging enriched use of this urban space. The Park has a committee that has successfully applied for funding / grants to provide a variety of exercise equipment for the elderly. As a result of lobbying South Ayrshire Council there is now a network of level tarmac paths to encourage walking, running jogging and cycling for those recovering from illness or injury. The Park also provides a safe walking route to school / for social dog walking groups. There are designated areas for public use to play games such as volley ball, badminton, paddle tennis, skittles, football etc. The most recent development has been the creation of a sensory garden.</p> <p><u>South Ayrshire Seniors Forum</u></p> <p>The aim of the Forum is to: - put older people, their representatives / communities, at the heart of planning, decision making, and delivery of the support and services which older people require to ensure dignity and a reasonable quality of life as they get older. The Forum aims to work with as many older peoples organisations as possible to assist and support them in their work, to advocate (if requested to do so) but always to encourage and facilitate the means for them to challenge and question the agencies that provide the services that directly impact on their quality of life. <i>(This empowerment manages to convince older people that they are an asset to the community and to society in general thereby improving their mental well-being).</i></p>	<p>During 2010/11 Evaluation responses were as follows: Service users questionnaires issued 33 (13 returned 29%), carers questionnaires issued 92 issued (37 returned 40%)</p> <p><i>Being outdoors is proven to be beneficial to mental well-being. The combination of greenery, water (duck pond) and wildlife provides regular users of the Park with the opportunity to socialize, reducing feelings of isolation.</i></p> <p><i>The recently created sensory garden area will encourage those less able or those in wheelchairs to socialise more; as the Park provides as safe and welcoming outdoor space which can help with improved well-being.</i></p> <p>The Forum visits various organisations and groups to explain our aim and to encourage participation.</p> <p>This will further develop over the next four years with a paid Development Worker</p>	<ul style="list-style-type: none"> • 10% Donations • 90% Local Authority • Trusts / Foundations • Lottery • Donations <p>To date we have received 1 grant from South Ayrshire Council, we have received no other funding.</p>
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase- Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>We promote good physical and mental health and well-being in carers. We do this by early intervention, benefit maximization, emotional support, therapies, counselling and groups.</p> <p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff work with service users on an on-going basis to improve well-being. To compliment this work staff encourage service users to utilize a self-help tool that originated from the ‘Doing well by Depression’ Initiative. <i>(This resource was created to be used as a self-help tool for people who are on a waiting list for assessment / support with mental health issues).</i></p> <p><u>S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)</u></p> <p>Currently our 2 x 30 week lipreading classes in South Ayrshire cover coping / good communication strategies. The feedback from our clients in relation to their effectiveness indicates that they improve wellbeing. Positive feedback has also been received in relation to our support group / volunteer services. <i>Deafness tends to deteriorate with age, and often there is a lack of ‘deaf awareness’ within local communities and even within families. All of these factors can result in anxiety, stress and sometimes depression. We plan to reduce stress in the home by providing a new carer support / training service where we will provide 10 support sessions for family carers of the elderly hearing impaired.</i></p>	<p>We have a current caseload of 2,608 adult carers - 423 regularly access services. 89% of carers in South Ayrshire have reported an improvement in their health and well being using our adult carer quality of life questionnaire, stress management and/or counselling tools which are based on self assessment.</p> <p>Staff are trained in : mental health first aid, ASSIST (suicide prevention model), overdose, self-harm, needle exchange, blood borne viruses which enables them to support service users effectively. <i>(Homeless people are often stereotyped / experience discrimination which results in poor self-image).</i> 100% of service users report an increase in feelings of self-worth at exit point.</p> <p>Total of 2,920 elderly hearing impaired individuals supported, (2010 statistics). Breakdown as follows:</p> <p>Befriending & Help Visits - 1,742 Befriending Support Groups - 61 Internet / Text Phone Training - 67 Digital Hearing Aid Workshops - 176 Lipreading Classes - 84 Signposting & Advice - 612 Relaxation Therapies – 182</p>	<ul style="list-style-type: none"> ● 49% Local Authority (Housing Support & other sources) ● 51% Barnardos Voluntary Funds ● 61% SAC Supporting People ● 39% Housing Benefit ● Trusts / Foundations ● Donations ● Self Generated / Trading ● Local Authority ● Lottery
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase-</p> <p>Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>We have annual mental health promotion displays within the Unit. We also offer assistance / signpost residents or family members to appropriate NHS / voluntary sector services on a needs basis.</p> <p><u>South Ayrshire Escape from Homelessness (known as SeAScape)</u></p> <p>We offer a befriending service to people who have used our rent deposit guarantee scheme. We can also offer befriending to any young person under 25 years of age in South Ayrshire who is vulnerably housed – whether in private rented, temporary or local authority or housing association accommodation. We use the Warwick-Edinburgh Scale within the befriending project and both befrienders and befriendees report increased and improved wellbeing. Some of our service users do not necessarily feel able to engage much more in the wider community but their mental health has at least remained stable rather than deteriorating.</p> <p><u>Children 1st</u></p> <p>We work with children from birth to 12 years in order to support them to achieve positive outcomes in relation to the Scottish Government’s wellbeing indicators – Safe, Healthy, Active, Nurtured, Achieving, Respected, Responsible and Included.</p> <p>Our work with children encourages them to appropriately identify and express feelings and emotions, and identify feelings in others. This teaches them to use appropriate vocabulary to express their emotions, and also encourages them to seek support, rather than act out negative emotions inappropriately. This early intervention approach will contribute to a promotion of good mental health in children. We also work with parents/carers to support them to increase their confidence in their role as parents. This has a positive effect on their overall mental wellbeing.</p>	<p>Mental health promotion literature available to 30+ residents / family members</p> <p>Approximately between 10 and 20 befriending relationships developed each year. Befriending for young people available by inter-agency referral from South Ayrshire Council and other organisations as required.</p> <p>During 2010/11 we worked with 64 children</p> <p>During 2010/11 we supported 113 parents / carers</p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants • 50% Contracts / Service Level Agreements • 50% Self Generated • 70% Local Authority • 30% Trusts / Foundations
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase-</p> <p>Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>Ayr Housing Aid Centre</u></p> <p>Increasing numbers of our service user across services are indicating they have mental health issues, these are often exacerbated by types of accommodation and conditions they live in.</p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>Through our Sitter Service staff provide children with positive play activities indoors and outdoors, which in turn promotes good mental health and wellbeing.</p> <p>Through our Playzone Service staff provide children with positive play activities indoors and outdoors, which in turn promotes good mental health and wellbeing. Playzone also impacts on the mental health of parents who use the service as it allows these parents to speak to other parents, engage with visiting guests knowing that their children are cared for</p> <p>We provide respite care to families in the main for children affected by disabilities. Some families are allocated hours each week / month which can be used for: going out, to help with other family members, to spend time with other siblings, or for children to access arranged groups such as Boys Brigade.</p> <p><u>Turning Point Scotland</u></p> <p>As part of the work completed in the structured 1-2-1 sessions we look at addressing issues that are affecting an individual’s psychological wellbeing,</p>	<p>129 service users have advised the Centre that they have mental health issues</p> <p>During 2010/11 we supported 44 children, (12 have additional support needs)</p> <p>During 2010/11 we supported 58 children, (24 have additional support needs)</p> <p>34 families supported</p> <p>We evaluate the impact of this service to parents through evaluations and case studies, which show that this service has made an impact on families and children enabling them to have good mental health and the ability to cope with day to day life (80% average of referrals)</p> <p>Of our 249 clients, 48% of those with comparable outcomes report that they are positively improving their psychological wellbeing. Improving the psychological wellbeing of these individuals should have a positive impact on and increase the Mean Score for South Ayrshire as measured by the Warwick-Edinburgh Mental Well-being Scale.</p>	<ul style="list-style-type: none"> • 95% Contract / Service Level Agreements • 5% Self Generated / Donations • 67% Local Authority • 33% Self Generated / Trading • 46% Local Authority • 54% NHS
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase-</p> <p>Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>The Lighthouse Foundation</u></p> <p>We offer support, comfort and advice to families who are affected by drug and alcohol misuse (observing the rules of confidentiality). We provide assessment and on-going therapy to children/ young people who have lived with a parent / carer or sibling with an addiction. The following activities enable us to: provide meaningful support to children / young people, engage them in positive and constructive activities.</p> <p>Children’s Play Therapy Project (3-11 years). Play therapy enables children to express their feelings, explore relationships, tell about experiences and wishes. Our therapist helps the child to make sense of what has happened so that they can develop an emotional language and express themselves more easily. We work in partnership with the child, carer, social worker, school.</p> <p>Young People’s Therapy Project (12-18 years). Young People’s Therapy is delivered in different forms, these include counselling, discussion other verbal communication or non-verbal creative forms, such as drama. Therapy sessions are tailored to suit the needs of the young person. (We work in partnership with Blue Triangle Housing to identify and support young people aged 16-18 who are living in homeless accommodation).</p> <p>We also support children / young people by engaging them in: group work, befriending / peer mentoring relationships, fun activities, respite trips and breaks.</p> <p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p> <p>The principal objective of BRICC is to support the elderly, frail and other people in need throughout the Stinchar Valley and South Carrick. We promote good physical and mental health for elderly, housebound and disabled people, in this area of rural deprivation. We achieve this by providing healthy life style modules and various suitable stimuli to prevent isolation and depression.</p>	<p>To date we have supported 8 children in South Ayrshire through the Children’s Therapy Project</p> <p>To date we have supported 4 young people in South Ayrshire through the Young Person’s Therapy Project</p> <p>Over 110 clients receiving homecare services</p> <p>Over 45 elderly people (over 65) attend weekly club / drop in meetings</p>	<ul style="list-style-type: none"> • 90% Trusts / Foundations • 10% Self Generated <p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop’s staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p>
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase- Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>South Ayrshire Dementia Support Association (SADSA)</u></p> <p>SADSA promotes good mental health / well being by contacting local GP surgeries, churches, clinics etc and by attending seminars and venues to offer advice support and information.</p> <p>Our staff also host regular carer support meetings and give talks to local groups. They also host information stands at local events in order to provide information and support to those affected by dementia. We work closely with other support networks and this has worked well in providing multiple benefits to all – notably the service users and carers.</p> <p><u>Age Concern Girvan</u></p> <p>While this is not recorded rigorously, we assess this through conversations with our service users and where appropriate offer advice and guidance to any issues / barriers service users may be experiencing. We always follow this through by asking them how they are / feel they next time they access the drop-in facility.</p> <p><u>Aspire2gether</u></p> <p>Our support, volunteering and learning services all work towards an increase in the self-efficacy and resilience of our service users, using person centered support plans. This ensures that they will be more able to deal with day-to-day issues as they arise, <i>and we would expect them to show an increased WEMWBS score.</i></p> <p>We use a number of ways to measure the impact of the work we do, including using the Housing Support Matrix which measures the ‘distance travelled’ from crisis to independence by individuals in a range of areas including housing, health, drug and alcohol misuse, daily living skills, offending and family and peer networks.</p>	<p>We currently have two residential facilities in South Ayrshire. We provide on-going support to 39 service users at these residential facilities (25 residents at our Ayr facility and 14 residents at our Prestwick facility). We also provide home based support for 65 service users (including residents) at the current time. We have 11 active volunteers which include members of our committee. Our volunteers commit an average of 20 to 30 hours per week, supporting our service users.</p> <p>Conversations relating to well-being take place with all service users on an on-going basis, during the drop-in service. It is only possible to provide this level of support as we have a bank of 19 active volunteers.</p> <p>In 2010/11 Aspire2gether’s housing support, intensive support, young people’s and literacy services worked with over 550 individuals resident in South Ayrshire.</p> <p>Over 400 of those we supported made measurable progress against this matrix and as a result enjoyed a better quality of life and improved self esteem, confidence and resilience.</p>	<ul style="list-style-type: none"> • 92% Grant Funding • 2% Donations/Fundraising • 6% Other Income <p>Please note that the above figures are approximate. Grant Funding which is facilitated via South Ayrshire Council and they determine any increases/decreases in the funding provided.</p> <p>Our income is 100% self generated.</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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<p>(Continuation)</p> <p>9d) Promote good mental health and well-being across all age groups</p>	<p>(Continuation)</p> <p>Increase-</p> <p>Mean Score for South Ayrshire as measured by the: Warwick-Edinburgh Mental Well-being Scale</p>	<p><u>Ayr Arts Guild</u></p> <p>The purposes of the Guild are: To promote, encourage and foster public interest in the study, practice and knowledge of the Arts within the area and other dramatic, literary, musical, educational and cultural purposes connected therewith.</p> <p>We contribute to the well-being of the people of South Ayrshire by arranging a series of well attended music concerts, as follows:</p> <ul style="list-style-type: none"> • Lunchtime organ concerts (May – November) in Ayr Town Hall • The Ayr Concert Series for South Ayrshire Council (BBC Scottish Symphony Orchestra / Scottish Chamber Orchestra) • Sunday afternoon informal concerts (in Council Chambers – Ayr Town Buildings) 	<p>Publication of bi-monthly calendar and newsletter.</p> <p>25 lunchtime concerts</p> <p>6 concerts</p> <p>4 concerts</p>	<p>Calendar / Newsletter Funded by:</p> <ul style="list-style-type: none"> • Subscriptions /Investments • Donations <p>Funded by:</p> <ul style="list-style-type: none"> • Local Authority • Box Office Sales <p>Funded by:</p> <ul style="list-style-type: none"> • Box Office Sales • Enterprise Music Scotland • Local Authority <p>Funded by:</p> <ul style="list-style-type: none"> • Box Office Sales • Enterprise Music Scotland Grants
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire enjoy the best possible health throughout their lives				Local Outcome 9
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
9e) The provision of early and appropriate interventions to all age groups experiencing mental health problems	<p>Reduce –</p> <p>Number of readmissions within one year for those who have had a psychiatric hospital admission over 7 days</p>	<p><u>Scottish Marriage Care</u></p> <p>Many people who come for counselling are on antidepressant drugs and suffer from mental health problems. Through counselling and talking therapy many clients no longer have the need to be on medication and through increased self-esteem are able to take a more active role in society. As mentioned before the organisation will work with people of all ages from primary school children to old age pensioners in an effort to help them develop and maximise their potential.</p> <p>SMC has early intervention as part of their fundamental approach to helping others. The development of programs like FOCCUS offer couples a health check on their relationships to enable them to work on areas that are weak and may cause serious emotional and the resultant mental health problems in the future.</p> <p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>Early intervention of carers of all ages is crucial as those who have little or no support often experience mental health problems. We have many older carers who we have identified at a point of crisis and who have reported feeling suicidal and a significant number 42% are coping with their own depression.</p>	<p>During 2010 /11 approximately 35 clients with mental health problems accessed Scottish Marriage Care services.</p> <p>We have a current caseload of 2,608 adult carers - 423 regularly access services. All staff have mental health first aid and are ASIST trained; we also have 2 ASIST trainers. We also offer CBT and person centred counselling, signposting to other agencies and access to groups etc to reduce social isolation.</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches <ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds

<p>(Continuation)</p> <p>9e) The provision of early and appropriate interventions to all age groups experiencing mental health problems</p>	<p>(Continuation)</p> <p>Reduce –</p> <p>Number of readmissions within one year for those who have had a psychiatric hospital admission over 7 days</p> <p>Reduction –</p> <p>Annual rate of increase in the number of daily defined dose per capita of antidepressants</p>	<p><u>Addaction Ayrshire – ARBD Service</u></p> <p>The ARBD Service aims to contribute to the provision of early and appropriate interventions, to any individual in South Ayrshire (over the age of 16 years) who has been diagnosed with ARBD or is displaying a "cluster" of ARBD-type symptoms. Thus, by providing a secondary service, as part of individuals care packages, we would also aim to contribute to various goals and outcomes such as reducing the number of hospital re-admissions, the need for additional medication and tenancy sustainment, etc.</p> <p>In addition to the above, The service may also be able provide advice, information and support with regard to the issues and areas outlined below. This may also contribute to the provision of the remaining local outcomes / targets.</p> <ul style="list-style-type: none"> • Remaining abstinent from alcohol / illicit drugs • Helping with relapse prevention management • Developing and/or building coping strategies and social skills • Diet, nutrition and general health advice and information • Developing social networks and enhancing existing networks – carers, family and/or friends • Assisting individuals to build upon existing skills, maintaining activities and providing encouragement to develop and participate in new activities, where appropriate • Promoting and encouraging independent living • Helping to address potential anger management issues • Helping to address psychological, motivational and emotional issues • Encouraging attendance at mutual-aid groups (e.g. SMART Recovery) • By supporting families and carers, via providing advice, information and signposting to appropriate carers and other groups for support 	<p>Since June 2010, the ARBD Service has actively supported over 20 individuals in South Ayrshire and has played a significant part, as a secondary service, in the provision of multi-disciplinary packages of care and community-based support and rehabilitation. All of which has assisted individuals to remain in their local communities, away from hospital admissions and other primary care or statutory services.</p> <p>We also regularly provide advice and information to families and/or carers of service users, which assists them to develop a greater understanding of ARBD and other addiction issues, which in turn, allows them to continue with their support</p>	<ul style="list-style-type: none"> • Local Authority • NHS • National Organisation
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<p>(Continuation)</p> <p>9e) The provision of early and appropriate interventions to all age groups experiencing mental health problems</p>	<p>(Continuation)</p> <p>Reduce –</p> <p>Number of readmissions within one year for those who have had a psychiatric hospital admission over 7 days</p> <p>Reduction –</p> <p>Annual rate of increase in the number of daily defined dose per capita of antidepressants</p>	<p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff support / signpost service users who are experiencing depression / mental health issues on an on-going basis. Referral / support provision include:</p> <ul style="list-style-type: none"> • Linking people with appropriate agencies / community organisation • Encourage service users to self-refer to addiction services • Provision of health practitioner surgeries within the service facility • Accompany service users to appointments with support agencies / community based organisations • Utilising The ‘Doing Well With Depression’ self help toolkit • Providing encouragement and advice on an on-going basis to maintain good mental health <p><u>South Ayrshire Escape from Homelessness (known as SeAscape)</u></p> <p>People engage better with health services once they are in suitable and affordable housing. We know that it is difficult for people to address all sorts of health problems, including mental health and addictions, when they are homeless, in temporary or unsuitable accommodation. Our tenancy support staff and befriending service help our service users to maintain their tenancies and avoid repeat homelessness – by helping people deal with their housing issues we enable them to engage with services and make other changes to their lives which, in turn, helps them remain stable for longer. For some service users our help enables them to make significant progress – often only once adequately housed do they engage properly with CPNs, addiction services etc.</p>	<p>Staff are trained in : mental health first aid, ASSIST (suicide prevention model), overdose, self-harm, needle exchange, blood borne viruses which enables them to support service users effectively.</p> <p><i>(Homeless people are often stereotyped and experience the discrimination which results in poor self-image). 100% of service users report an increase in feelings of self-worth when exiting the Project.</i></p> <p>We help around 180 households into accommodation each year. We frequently link people with mental health services and have had many clients referred to us for help before discharge from hospital and have also made emergency contact with health services for people requiring emergency psychiatric services.</p>	<ul style="list-style-type: none"> • 61% SAC Supporting People • 39% Housing Benefit • 50% Contracts / Service Level Agreements • 50% Self Generated
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<p>(Continuation)</p> <p>9e) The provision of early and appropriate interventions to all age groups experiencing mental health problems</p>	<p>(Continuation)</p> <p>Reduce –</p> <p>Number of readmissions within one year for those who have had a psychiatric hospital admission over 7 days</p> <p>Reduction –</p> <p>Annual rate of increase in the number of daily defined dose per capita of antidepressants</p>	<p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>We provide respite care through our Sitter / Playzone Services to families of children with additional support needs. This enables parents to reduce stress levels and helps them to cope with everyday life.</p> <p>We deliver a laughter workshop to voluntary sector staff and parents. The workshop helps to reduce stress levels contributing to good mental health.</p> <p><u>Turning Point Scotland</u></p> <p>As part of the work completed in the structured 1-2-1 sessions we look at addressing issues that are affecting an individual's psychological wellbeing.</p> <p><u>Ayr United Football Academy</u></p> <p>We are engaged with the Scottish Association for Mental Health in the delivery of Football participation classes for adults with mental health problems. The courses have been designed to heighten self esteem and provide a pathway for the clients to take up employment or volunteering positions.</p>	<p>Sitter Service -14 families supported during 2010/11</p> <p>Playzone Service - 34 families supported during 2010/11</p> <p>7 staff and 5 parents participated in 2010/11</p> <p>Of our 249 clients, 48% of those with comparable outcomes report that they are positively improving their psychological wellbeing. Improving the psychological wellbeing of these individuals should have a positive impact on the individual's life and reduce the number of readmissions within one year for those who have had a psychiatric hospital admission over 7 days, reduce the annual rate of increase in the number of daily defined dose per capita of antidepressants and increase the number of people with a diagnosis of dementia on the Quality and Outcomes Framework Dementia Register.</p> <p>The Academy has delivered an 8 week course involving 16 adult participants. <i>(We have only run one pilot programme to date, so it is not possible to evaluate the impact).</i></p>	<ul style="list-style-type: none"> • 67% Local Authority • 33% Self Generated / Trading • 46% Local Authority • 54% NHS • 85% Contracts / Service Level Agreements • 15% Self Generated Funding
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<p>(Continuation)</p> <p>9e) The provision of early and appropriate interventions to all age groups experiencing mental health problems</p>	<p>(Continuation)</p> <p>Reduce –</p> <p>Number of readmissions within one year for those who have had a psychiatric hospital admission over 7 days</p> <p>Reduction –</p> <p>Annual rate of increase in the number of daily defined dose per capita of antidepressants</p>	<p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p> <p>The principal objective of BRICC is to support the elderly, frail and other people in need throughout the Stinchar Valley and South Carrick. We promote good physical and mental health for elderly, housebound and disabled people, in this area of rural deprivation. We achieve this by providing healthy life style modules and various suitable stimuli to prevent isolation and depression.</p> <p><u>South Ayrshire Dementia Support Association (SADSA)</u></p> <p>SADSA try to establish early contact with service users. Early diagnosis / referral is critical to providing the required care and support and to reduce the admissions to hospital.</p>	<p>Over 110 clients receiving homecare services</p> <p>Over 45 elderly people (over 65) attend weekly club / drop in meetings</p> <p>We currently have two residential facilities in South Ayrshire. We provide on-going support to 39 service users at these residential facilities (25 residents at our Ayr facility and 14 residents at our Prestwick facility).</p> <p>We also provide home based support for 65 service users (including residents) at the current time.</p> <p>We have 11 active volunteers which include members of our committee. Our volunteers commit an average of 20 to 30 hours per week, supporting our service users.</p>	<p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop’s staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p> <ul style="list-style-type: none"> • 92% Grant Funding • 2% Donations/Fundraising • 6% Other Income <p>Please note that the above figures are approximate. Grant Funding which is facilitated via South Ayrshire Council and they determine any increases/decreases in the funding provided.</p>
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<p>(Continuation)</p> <p>9e) The provision of early and appropriate interventions to all age groups experiencing mental health problems</p>	<p>Increase –</p> <p>Number of people with a diagnosis of dementia on the Quality and Outcomes Framework Dementia Register</p>	<p><u>South Ayrshire Dementia Support Association (SADSA)</u></p> <p><i>SADSA are aware of the increase of people being diagnosed with dementia and in particular the issue of a much younger age group being diagnosed.</i></p> <p><i>Our staff have contributed to discussions (in a variety of settings) which relate to the care needs / financial implications of managing the increase in cases of diagnosed dementia (for both the social sector and the health authority).</i></p>		<ul style="list-style-type: none"> • 92% Grant Funding • 2% Donations/Fundraising • 6% Other Income <p>Please note that the above figures are approximate. Grant Funding is facilitated via South Ayrshire Council and they determine any increases/decreases in the funding provided.</p>
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire have opportunities to participate fully in society				Local Outcome 10	
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile	
10a) Address health inequalities leading to enhanced employability	Reduce – Number of people in receipt of Incapacity Benefit / Severe Disablement Allowances	<p><u>Scottish Marriage Care</u></p> <p>The organisation as an equal opportunities policy and will help through our counselling and work in schools, improve the self-esteem of individuals and help them achieve their potential. This in turn will help them be more confident and employable. By offering voluntary opportunities at many different levels we train individuals and give them skills that again will increase their employability</p>	<p>Scottish Marriage Care provided volunteering opportunities for 4-6 people during 2010/11</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches 	
		<p><u>Access to Employment</u></p> <p>NHS Single Point of Contact for South Ayrshire</p>	<p>Access to Employment in partnership with South Ayrshire Workforce Plus Group and Ayrshire Health and Work group have established NHS Single Point of Contact for South Ayrshire provision. This provision engages with and provides employability support to clients who have health barriers to employment.</p>		<ul style="list-style-type: none"> • 50% Community Planning Partnership (CPP) • 50% Self generated / Trading
		<p><u>Ayr United Football Academy</u></p> <p>We are engaged with the Scottish Association for Mental Health in the delivery of Football participation classes for adults with mental health problems. The courses have been designed to heighten self esteem and provide a pathway for the clients to take up employment or volunteering positions.</p>	<p>The Academy has delivered an 8 week course involving 16 adult participants. <i>(We have only run one pilot programme to date, so it is not possible to evaluate the impact).</i></p>		

<p>(Continuation)</p> <p>10a) Address health inequalities leading to enhanced employability</p>	<p>(Continuation)</p> <p>Reduce –</p> <p>Number of people in receipt of Incapacity Benefit / Severe Disablement Allowances</p>	<p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol provides a comprehensive counselling and support services to people for whom alcohol is a barrier to employment.</p> <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p><i>(Care & Share service users are people experiencing drug and alcohol abdication, homelessness, social isolation issues, etc).</i></p> <p>The Project provides access to access to telephone landline and advocacy. We also provide opportunities to volunteer which enables increased self-esteem, confidence and improved employability.</p> <p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff work in partnership with a wide variety of statutory / voluntary agencies locally, to provide a comprehensive support / signposting service for service users. Thus enabling enhanced opportunity to improve employability / engage in employment, training or education. Services include: access to training, education, employment and volunteering opportunities within the local area, access to local services such as income maximization, local Jobcentre Plus employment initiatives, etc</p>	<p>Analysis of service users who have completed interventions (typical quarter). Employability indicators – improvement in the following areas:</p> <ul style="list-style-type: none"> • 71% social functioning • 71% general health • 71% occupation • 35% criminal involvement • 86% drug/ alcohol use • 57% working relationships • 50% compliance <p>Weekly drop in sessions (<i>Wednesdays</i>) 285 individuals have accessed the service since August 201 – 48 people average weekly attendance</p> <p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p> <p>The Chalmers Court facility has supported 40 people during 2010 /11. <i>(Many service users are in receipt of incapacity / disablement benefits, which are often linked to addiction/ homelessness / mental health issues)</i></p> <p>Encouragement is provided by staff to 100% of services users to enable them to engage in continuous learning.</p>	<p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church) • 61% SAC Supporting People • 39% Housing Benefit
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(Continuation)	(Continuation)			
<p>10a) Address health inequalities leading to enhanced employability</p>	<p>Reduce – Number of people in receipt of Incapacity Benefit / Severe Disablement Allowances</p>	<p><u>S.I.S.G Enterprises Ltd (Ayrshire Hearing Support Charity)</u></p> <p>We carry out regular deaf awareness training days in South Ayrshire where front-line staff, care staff from nursing homes come and are taught about the inequalities of those with deafness (hard of hearing).</p> <p><u>Real Work Skills</u></p> <p>We are receiving a number of referrals for people who have been in receipt of long term incapacity benefits, who have been re-assessed as fit to work. We are helping all of these individuals to get back into the workplace, or to take up self employment. <i>This is a relatively new area of work for us, and since it started (April 2011) we are seeing an average of 2 people a week.</i></p> <p><u>Ayr Housing Aid Centre</u></p> <p>The Centre provides advice, advocacy, information to service users who are on ESA/Incapacity benefit / DLA</p> <p><u>Turning Point Scotland</u></p> <p>As part of the work we do with our clients, we promote the benefits of maintaining a healthy balanced life, working with individuals through goal setting in their care plans to evaluate where they would like to be in the future, a high proportion of our clients state they would like to be off benefits and look at starting further education, training or employment as part of their recovery.</p>	<p>During 2010 Four full day Deaf Awareness Training days delivered. A further 10 training sessions were delivered in nursing homes, hospitals and sheltered housing complexes</p> <p>In 2011 we have helped 25 people who fit into this cohort.</p> <p>In 2010/11 the Centre provided support to 169 service users , who were in receipt of health related benefits</p> <p>As a service over the last 12 months we have positively discharged 63 individuals due to them starting college or employment thus reducing the number of people in receipt of Incapacity Benefit / Severe Disablement Allowances by this amount.</p>	<ul style="list-style-type: none"> • Trusts / Foundations • Donations • Self Generated / Trading • Local Authority • Lottery <ul style="list-style-type: none"> • 70% Self Generated / Trading • 30% Lottery <ul style="list-style-type: none"> • 95% Contract / Service Level Agreement • 5% Self Generated / Donations <ul style="list-style-type: none"> • 46% Local Authority • 54% NHS

Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire have opportunities to participate fully in society				Local Outcome 10
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
10b) Narrow the gap between high and low attaining pupils	Decrease – Percentage of pupils in South Ayrshire falling within the lowest attaining 20% of pupils nationally	<p><u>South Ayrshire Befriending Project</u></p> <p>The Project works closely with local primary and secondary schools in order to identify young people who are falling into the MCMC category. The Project provides support to increase confidence, self esteem and wellbeing – thus enhancing their ability to perform better at school.</p>	<p>2 young people accessing the Project during 201/11 (from school referral sources, ie school nurse)</p>	<ul style="list-style-type: none"> 64% Grants 25% Local Authority 11% Various Donations
		<p><u>Unity Enterprise – South Ayrshire (PRTC) Carers Centre</u></p> <p>Young Carers Service - Over 40% of young carers have low or no educational attainment. They often don't attend school due to their responsibilities at home and their caring situation and many have no time or space to study. We work within schools to increase attendance and educational attainment for young carers. This is through homework groups and 1:1 support. We also increase young carer awareness and their needs to teachers and pupils alike through PSE Lessons.</p>	<p>PSE Lessons to all first years and their guidance teachers, training to support teachers. We have a current caseload of 349 young carers - 79 regularly / actively participate in group work and activities. Of the young carers for whom education was a problem, 81% had increased attendance at school and 47% left with qualifications and 19% went on to further education.</p>	
		<p><u>South Ayrshire Escape from Homelessness (known as SeAscape)</u></p> <p>Homelessness and housing need contribute to problems for all members of families and can have a real negative impact on children and young people. They need to feel safe and settled and have continuity in their lives to fulfill their potential. Although our project does not work directly with children, we help families into homes suitable for their needs and can signpost members of the family to other services as required.</p>	<p>We help around 180 households into accommodation each year.</p>	<ul style="list-style-type: none"> 50% Contracts / Service Level Agreements 50% Self Generated

<p>(Continuation)</p> <p>10b) Narrow the gap between high and low attaining pupils</p>	<p>(Continuation)</p> <p>Decrease –</p> <p>Percentage of pupils in South Ayrshire falling within the lowest attaining 20% of pupils nationally</p>	<p><u>Ayr United Football Academy</u></p> <p>We deliver NC and HNC courses for our young football players, which allows many to participate in further education where they would not have done so had the course not been in place.</p> <p><u>Children 1st</u></p> <p>We work with children who are experiencing difficulties within their home, school, and / or community. A significant number of the children we work with display challenging behaviour in school, or have significant difficulties with attendance and peer relationships. <i>(We work in partnership with education staff in order to contribute to support packages for children with school difficulties).</i></p> <p><u>Stepping Stones for Families – Childcare Development Project</u></p> <p>By providing a wide range of activities and experiences through our Sitter / Playzone services we contribute to raising the self-esteem and confidence of (school age) children. This in turn helps their / attendance, performance and achievement at school.</p>	<p>The Academy's NC and HNC courses accommodate 20 students on each.</p> <p>During 2010/11 we worked with 64 children</p> <p>During 2010/11 we supported 44 children through our Sitter Service and 58 children through our Playzone Service</p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding • 70% Local Authority • 30% Trusts / Foundations • 67% Local Authority • 33% Self Generated / Trading
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Single Outcome Agreement - Outcomes and Commitment – Healthy & Caring (Organisation, Agency, Group Contributors)

People in South Ayrshire have opportunities to participate fully in society				Local Outcome 10
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
10c) Decrease incidences of homelessness	<p>Increase –</p> <p>Percentage of homeless / potentially homeless households assessed as having a priority need</p>	<p><u>Scottish Marriage Care</u></p> <p>The organisations records in couple counselling and family counselling go a long way to help couples resolve difficulties and families to stay together. Divorce and separation are often causes of homelessness and clearly the service we offer can reduce the incidence.</p> <p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol works with homeless services users and partner organisations who deliver services to people experiencing homelessness / associated issues. We address alcohol issues when it is a contributing factor.</p> <p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff work in partnership with a wide variety of statutory / voluntary agencies locally, to provide a comprehensive support service for service users to enable them to access and sustain a tenancy on exit from the Project. Resettlement support is tailored to meet the needs of individual service users (all services users have a support plan). The staff team provides practical assistance / advocacy support to enable service users to access appropriate follow on accommodation. A service user / service provider partnership model is used. Regular monitoring of individual service user support plans takes place. Assistance is also provided to apply for relevant grants and loans.</p>	<p>It is estimated that 70% of couples that come for counselling with Scottish Marriage Care will remain together. <i>(So this in itself has an impact on homelessness)</i></p> <p>Currently working with 30 people who are affected by homelessness</p> <p><i>Unfortunately a small percentage of service users will never be able to sustain their own tenancy. It is therefore vital that appropriate support is in place prior to exit from the Project. Service users from this particular cohort will more than likely not engage with the support offered by the Project due to mental health or addiction issues.</i></p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches <p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 61% SAC Supporting People • 39% Housing Benefit

<p>(Continuation)</p> <p>10c) Decrease incidences of homelessness</p>	<p>(Continuation)</p> <p>Increase –</p> <p>Percentage of homeless / potentially homeless households assessed as having a priority need</p>	<p><u>South Ayrshire Escape from Homelessness (known as SeAscape)</u></p> <p>Everyone applying to SeAscape for help is either homeless or in unsuitable or unaffordable accommodation and may become homeless unless they are enabled to move to a more suitable property. If they are already homeless they may have chosen to look for private rented accommodation and need our rent deposit guarantee because they do not have enough money of their own to pay the deposit to secure the property. We give the landlord our guarantee instead of the tenant’s deposit and the tenant then has a year to gradually build up their own deposit and our guarantee is withdrawn.</p> <p>We interview and assess applicants’ needs and try to help them find a suitable property and move out of temporary accommodation as quickly as possible. If they are living in unsuitable accommodation when they approach us for help, we would try to enable them to find a property to suit their needs and move into it without ever having to become homeless. We would also make sure that they do not take on a property which is too expensive or unsuitable in any other way and we would help them to end their present tenancy properly and without causing any rent arrears or housing benefit overpayments etc. We also help with all the other move in procedures such as paperwork, setting up bill payments, budgeting etc. We then offer longer term support to help them sustain their tenancies and, hopefully, build up their own deposit funds so that if they need to move in the future they can do so independently and without becoming homeless.</p> <p><u>Ayr Housing Aid Centre</u></p> <p>The issue of homeless prevention is at the core of services provided by the Centre. Increasing the numbers in priority need has been part of a planned process to coincide with the abolition of priority need status in 2012. While this increase will place additional strains on SAC, increased homelessness overall is the challenge over the next 3 years.</p>	<p><i>We work with people who have chosen private rented sector housing. Some people have no option because they do not have a priority need but many others choose private rented because they can find a property of a type or in a location best suited to their needs – perhaps a single mum who wants to be close to her family or someone trying to overcome addiction issues who wants to move away from previous contacts.</i></p> <p>Approximately 1000 referrals per year. All receive information and advice – around 60 -65% attend for interview and continue the application process and approximately 180 go on to be housed and are offered support.</p> <p>Over the past 2 years the Centre has prevented homelessness in over 300 cases. <i>(This objective will be hard to achieve, as prevention services require considerable resources to increase incidents of prevention).</i></p>	<ul style="list-style-type: none"> • 50% Contracts / Service Level Agreements • 50% Self Generated • 95% Contract / Service Level Agreement • 5% Self Generated / Donations
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(Continuation)	(Continuation)			
<p>10c) Decrease incidences of homelessness</p>	<p>Increase – Percentage of homeless / potentially homeless households assessed as having a priority need</p>	<p><u>Turning Point Scotland</u></p> <p>As part of the case management we do as a service, at initial assessment and the 12 week review of a client, we review their current accommodation and if there are any risks to the tenancy. If risks are identified we support the individual to engage with the homeless services and advocate for them to be seen as having a priority need.</p> <p><u>Aspire2gether</u></p> <p>Our support and intensive support services work with people at risk of homelessness or going through the homeless system. In addition we ensure that all relevant agencies are involved and are delivering the appropriate level of service to our service users.</p> <p>Our support includes working with individuals and households to assist them to engage with landlords and other services and to make considered, informed choices about their future. Our support also includes advocating on behalf of service users with landlords and other services to ensure they receive the help required and secure the best possible outcome.</p> <p><u>Blackwood (South Ayrshire)</u></p> <p>Blackwood Housing allocates properties in conjunction with South Ayrshire Council to ensure those most in need are housed as priority. The housing team also work closely with South Ayrshire Council’s Social Work Teams to ensure those who have a ‘care need’ are housed in accommodation that is appropriate.</p>	<p>We currently have a number of clients who are homeless / roofless and clients whose accommodation is at risk. These individuals are known to, and in cases of exceptional need are joint-worked with, homeless services.</p> <p>In 2010/11 Aspire2gether worked with over 550 individuals and households at risk of or experiencing homelessness.</p> <p>We have a housing stock of 94 flats in Ayr and Prestwick.</p> <p>13 of our properties are designed for and are exclusively let to people with a recognised disability / health condition.</p>	<ul style="list-style-type: none"> • 46% Local Authority • 54% NHS • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated • Donations • Local Authority • NHS • Scottish Government • Membership

Healthy & Caring

Outcome 11

Alcohol & Drug Partnership (Theme Group)

Contributor Organisations and Groups

Addaction Ayrshire – ARBD Service
Aspire2gether
Ayr Housing Aid Centre
Ayr United Football Academy
Ayrshire Council on Alcohol
Barnardos - South Ayrshire
Blue Triangle (Glasgow) Housing Association – Ayr
Care & Share Project (Riverside Church, Ayr)
Galloway Forest Project (ProjectScotland)
Girvan Youth Trust / Z1 Youth Bar
Scottish Marriage Care
The Ark
The Lighthouse Foundation
Turning Point Scotland

Single Outcome Agreement - Outcomes and Commitment – Alcohol & Drug (Organisation, Agency, Group Contributors)

People are protected from the harmful effects of alcohol and drugs				Local Outcome 11
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
11a) The provision of appropriate interventions for people who are experiencing alcohol and drug issues in order to promote recovery	Reduce - Number of inpatient discharges with an alcohol-related diagnosis	<p><u>Scottish Marriage Care</u></p> <p>Many couples that experience relationship difficulties also have drug and alcohol problems. If these are severe enough SMC’s counsellors will sign post couples to go to specialist addiction counsellors. Often drug and alcohol abuse can be linked to underlying unhappiness in the couple or individual’s ability to relate. So by helping them find new ways of operating and raising their self-esteem the clients will often reduce and stop harming themselves with addictive substances.</p>	<p>At least 25% of all couples who see a counsellor have a drug or alcohol problem</p> <p>The Ark works with approximately 11,000 young people each year. (The outreach team engaged with 1375 young people on the streets in one year, many of whom were involved in the consumption of alcohol). The Team has delivered over 50 Brief Interventions to young people. We have signposted one young person to Ayrshire Council on Alcohol for additional support.</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches • 45% Charitable Trust • 41% Self Generated / Fees / Income • 11% Donations • 3% Gift Aid
		<p><u>The Ark</u></p> <p>The Ark provides a youth diversionary service, actively promoting alcohol-free events and environment. Our outreach work actively engages with young people involved in the consumption of alcohol, delivering brief Interventions and encouraging them into safe lifestyle choices such as The Ark. We provide advice and support to young people at risk of developing alcohol problems. If appropriate we refer young people to Ayrshire Council on Alcohol.</p>		

<p>(Continuation)</p> <p>11a) The provision of appropriate interventions for people who are experiencing alcohol and drug issues in order to promote recovery</p>	<p>(Continuation)</p> <p>Reduce -</p> <p>Number of inpatient discharges with an alcohol-related diagnosis</p>	<p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol provides a community based alcohol counselling service for problem drinkers and their families, throughout South Ayrshire. Through increased partnership working with statutory and non-statutory services we are encouraging earlier referrals - focusing on prevention. The service is delivered in a supportive and understanding environment and drinking goals are set by the client. Key service provision includes:</p> <ul style="list-style-type: none"> • Confidential individual counselling • Telephone counselling • Family / Carer support • Older People’s / Women’s / Outreach services • Signposting to other agencies <p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p><i>(Care & Share service users are people experiencing drug and alcohol abdication, homelessness, social isolation issues, etc).</i> The Project provides access to NHS addictions services and the Development Worker has attended training courses on alcohol awareness, and alcohol brief interventions. We are able to build confidence in individuals by establishing relationships and helping service users to establish routine.</p> <p>We facilitate access to support services (including further education opportunities) and are able to accompany service users to appointments. We also run arts and crafts sessions (weekly) and organise a variety of outward bound activity days. These activities help to develop confidence, interest and focus.</p> <p>Service users can also contribute to our Steering Group which encourages them to address issues facing the wider Care & Share group.</p>	<p>Current South Ayrshire caseload is 150 Analysis of service users who have completed interventions (typical quarter). Wellbeing indicators – improvement in the following areas:</p> <ul style="list-style-type: none"> • 71% social functioning • 71% general health • 71% occupation • 35% criminal involvement • 86% drug/ alcohol use • 57% working relationships • 50% compliance • 71% psychological <p>Since August 2010 we have made contact with around 285 individuals. Currently an average of 48 people attending the weekly drop in service <i>(Wednesday afternoons)</i>.</p> <p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p> <p>Steering Group meets on Thursdays between Jan and June – average attendance 6 individuals</p>	<p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church)
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<p>(Continuation)</p> <p>11a) The provision of appropriate interventions for people who are experiencing alcohol and drug issues in order to promote recovery</p>	<p>(Continuation)</p> <p>Reduce -</p> <p>Number of inpatient discharges with an alcohol-related diagnosis</p>	<p><u>Girvan Youth Trust / Z1 Youth Bar</u></p> <p>Z1 Youth Bar is a purpose built facility for young people in Girvan and surrounding villages. The Bar provides a youth friendly environment offering viable alternatives to drug and alcohol consumption. The Z1 concept provides a contemporary adult environment – moving away from the traditional community hall youth facilities. Young people 11-18 years access a variety of activities and social interaction opportunities which the Bar provides (over 7-days a week). The Z1 concept enables young people to experience as sense of ownership / empowerment.</p> <p><u>Aspire2gether</u></p> <p>Service users working with us are encouraged to consider alternative lifestyles and supported to attend appointments, make changes to their circumstances and pursue a more positive future.</p>	<p>Currently in excess of 400 young people access the facility</p> <p>In 2010/11 Aspire2gether’s housing and intensive support services worked with around 400 individuals resident in South Ayrshire whose alcohol use was adversely impacting on their ability to sustain a tenancy and live independently. Our services have supported a significant number of these individuals to reduce their alcohol use and where appropriate, we have helped and encouraged them to engage with specialist services.</p>	<ul style="list-style-type: none"> • 80% Trusts / Foundations • 20% Self Generated • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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<p>(Continuation)</p> <p>11a) The provision of appropriate interventions for people who are experiencing alcohol and drug issues in order to promote recovery</p>	<p>(Continuation)</p> <p>Reduce -</p> <p>Number of inpatient discharges with an alcohol-related diagnosis</p>	<p><u>Addaction Ayrshire – ARBD Service</u></p> <p>The Alcohol-Related Brain Damage (ARBD) Service aims to offer specialist support, advice, guidance and community rehabilitation to individuals who currently reside in South Ayrshire and: who are over the age of 16, and who have accurately been diagnosed as suffering from ARBD or who have cognitive difficulties that are alcohol-related and where alcohol misuse is the main presenting problem.</p> <p>The general remit of this ARBD service is to provide a package of community-based specialist support and rehabilitation for individuals, who have recently developed and have been diagnosed with ARBD or who have cognitive difficulties, that are alcohol-related and where a history of alcohol misuse is prominent. Our primary task is to assist people on their road to recovery. Therefore, by offering a range of practical and psycho-social based interventions (i.e. CBT / REBT) which are designed to maximize an individual’s potential to live as independently as possible, within their local community.</p> <p>The service will also be able provide advice, information and assistance with issues around:</p> <ul style="list-style-type: none"> É Remaining abstinent from alcohol / illicit drugs É Helping with relapse prevention management, via psychosocial interventions É Developing and/or building coping strategies and social skills É Diet, nutrition and general health advice and information, including on harm reduction issues É Developing social networks and enhancing existing networks – carers, family and/or friends É Assisting individuals to build upon existing skills, maintaining activities and providing encouragement to develop and participate in new activities, where appropriate É Promoting and encouraging independent living 	<p>Since June 2010, the ARBD Service has actively supported over 20 individuals in South Ayrshire and has played a significant part, as a secondary service, in the provision of multi-disciplinary packages of care and community-based support and rehabilitation. All of which has assisted individuals to remain in their local communities, away from hospital admissions and other primary care and/ or statutory services.</p> <p>We also regularly provide advice and information to families and/or carers of service users, which assists them to develop a greater understanding of ARBD and other addiction issues, which in turn, allows them to continue with their support.</p>	<ul style="list-style-type: none"> • Local Authority • NHS • National Organisation
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People are protected from the harmful effects of alcohol and drugs				Local Outcome 11
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>11a) The provision of appropriate interventions for people who are experiencing alcohol and drug issues in order to promote recovery</p>	<p>The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets</p>	<p><u>Ayr United Football Academy</u></p> <p>We are engaged with the Scottish Association for Mental Health in the delivery of Football participation classes for adults with mental health problems. The courses have been designed to heighten self esteem and provide a pathway for the clients to take up employment or volunteering positions.</p>	<p>The Academy has delivered an 8 week course involving 16 adult participants. <i>(We have only run one pilot programme to date, so it is not possible to evaluate the impact).</i></p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding

Single Outcome Agreement - Outcomes and Commitment – Alcohol & Drug (Organisation, Agency, Group Contributors)

People are protected from the harmful effects of alcohol and drugs				Local Outcome 11	
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile	
11b) Reduce the number of people misusing drugs	Reduce - Drugs prevalence rate in South Ayrshire	<p><u>Scottish Marriage Care</u></p> <p>As part of our education of young people in schools and the work of our counsellors with couples and families, SMC can reduce the numbers of people who may get into taking drugs or indeed reduce the numbers misusing drugs. It is very difficult to quantify but families who find better ways of working seldom get into major difficulties with drugs.</p>	<p>Between 5 and 10% of clients have some problems related to drugs</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches 	
		<p><u>Ayrshire Council on Alcohol</u></p> <p>Ayrshire Council on Alcohol works closely with relevant Third Sector providers in South Ayrshire to address the needs of people where drugs and alcohol are affecting health, well being and quality of life.</p>			<p>100% of Core Funding comes from Contracts / Service Level Agreements</p>
		<p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p>The Project facilitates access to NHS Addiction nurses who are able to provide specialist treatment such a BBV testing and various vaccinations against BBVs. <i>(These services are in addition to those highlighted in Strategic Objective 11a)</i></p>			
<p><u>Galloway Forest Project (ProjectScotland)</u></p> <p>Project beneficiaries who are in the age range 18-25 years participate in drug awareness workshops. The Project's induction programme specifically includes drug / alcohol awareness relating to the work carried out by the Project and the link to health and safety / zero tolerance policy.</p>	<p>During 2010 /11</p> <p>Number of beneficiaries accessing drug awareness information sessions</p> <p>56 young people attending workshops / participating in induction programme</p>	<p>In South Ayrshire we are 100% funded by Project Scotland</p>			

<p>(Continuation)</p> <p>11b) Reduce the number of people misusing drugs</p>	<p>(Continuation)</p> <p>Reduce - Drugs prevalence rate in South Ayrshire</p>	<p><u>Barnardos - South Ayrshire</u></p> <p>Whilst this is not the main focus of our work in Housing Support many of our service users and their children are affected by substance misuse. We do a lot of work with parents to help them acknowledge their dependence issues and seek appropriate help. Up until this year we had a service specifically delivering a support service to children, young people and families where parental substance misuse was an issue. We worked very closely with our colleagues in Social work to ensure the safety of the children and young people involved. We also offered intensive support to the parents to address their substance misuse issue and raise their awareness of its impact on their ability to parent and maintain a safe and nurturing environment for their children. We also deliver a direct support service to young people affected by parental substance misuse.</p> <p><u>Addaction Ayrshire – ARBD Service</u></p> <p>While the ARBD Service specialises in community-based alcohol rehabilitation, it also offers support to ARBD service users who may also have drug issues. To assist ARBD service users who also have drug issues, we also employ a person-centered, one-to-one approach, along with the option of attending mutual-aid groups (SMART Recovery) to allow these individuals to work towards moving towards stability and/or remaining abstinent from drugs, hence assisting to reduce the drug prevalence rates in South Ayrshire.</p>	<p>In the first quarter of this year 55 adults and 53 children received a service</p> <p>22 families which included 30 adults and 46 children received a service in 2010/2011</p> <p>This service worked with 30 children and young people in South Ayrshire in 2010/2011. <i>It is also hoped that through this intervention they will be less likely to model their use of substances on that of their parent/carer.</i></p> <p>Since June 2010, the ARBD Service has actively supported over 20 individuals in South Ayrshire and has played a significant part, as a secondary service, in the provision of multi-disciplinary packages of care and community-based support and rehabilitation. All of which has assisted individuals to remain in their local communities, away from hospital admissions and other primary care and/ or statutory services.</p>	<ul style="list-style-type: none"> • 49% Local Authority (Housing Support & other sources) • 51% Barnardos Voluntary Funds • Local Authority • NHS • National Organisation
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<p>Continuation)</p> <p>11b) Reduce the number of people misusing drugs</p>	<p>(Continuation)</p> <p>Reduce -</p> <p>Drugs prevalence rate in South Ayrshire</p>	<p><u>Blue Triangle (Glasgow) Housing Association – Ayr</u></p> <p>Blue Triangle provides supported accommodation for those (12 people on an on-going basis) affected by homelessness, at their Chalmers Court facility in Ayr. Staff work in partnership with a wide variety of statutory / voluntary agencies locally, to provide a comprehensive support service for service users who have a drug addiction. A large percentage of service users who access the facility have addiction issues. Some may be currently addicted to substances, others may have detoxed, many are in denial. Specific support provided by the staff team incorporates:</p> <ul style="list-style-type: none"> • Development / review of a personal support plan • Signposting to relevant treatment and recovery services • Provision of in-house surgeries (health practitioners) • Practical assistance during detox <p><u>Ayr Housing Aid Centre</u></p> <p>Over the past number of years the Centre has noted an increase in cases from people with addiction / mental health issues. Often due to these issues service user have problems within their homes (relationship breakdown), with neighbours (anti-social issues) leading to problems with tenure stability. We strive to deal with these issues and actively sign-post service user to relevant services.</p>	<p>Staff are trained in : mental health first aid, ASSIST (suicide prevention model),overdose, self-harm, needle exchange, blood borne viruses which enables them to support service users effectively.</p> <p>Taking into account both our advice and support services, 33% (308) of these relates to disability issues. Of these 154 stated they had mental health issues <i>(many of these related to addiction issues)</i>. In terms of our housing support service we have noted 22.2% of disability to over 50% over the past year, many have addiction issues</p> <p><i>(Info taken from Draft 3 year plan for the Centre 2011-2014)</i></p>	<ul style="list-style-type: none"> • 61% SAC Supporting People • 39% Housing Benefit • 95% Contract / Service Level Agreement • 5% Self Generated / Donations
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<p>(Continuation)</p> <p>11b) Reduce the number of people misusing drugs</p>	<p>(Continuation)</p> <p>Reduce - Drugs prevalence rate in South Ayrshire</p>	<p><u>The Lighthouse Foundation</u></p> <p>We offer support, comfort and advice to families who are affected by drug and alcohol misuse (observing the rules of confidentiality). We deliver our basic drugs awareness training - STOP Drugs Education Saves Lives in schools, places of employment, youth projects etc. The training provides information on identification / effects of drugs, legalities of possession, overdose intervention, etc.</p> <p>We also provide training on how to administer Naloxone for those who are living with a family member who has a current drug addiction.</p> <p><u>Aspire2gether</u></p> <p>Service users working with us are encouraged to consider alternative lifestyles and supported to attend appointments, make changes to their circumstances and pursue a more positive future.</p>	<p>During the past 5 years we have delivered Drug Awareness training to in excess of 7,000 individuals. <i>Unable to quantify the number of people living in South Ayrshire who have accessed the training</i></p> <p><i>Unable to quantify at present</i></p> <p>In 2010/11 Aspire2gether’s housing and intensive support services worked with around 150 individuals resident in South Ayrshire whose drug misuse was adversely impacting on their ability to sustain a tenancy and live independently.</p> <p>Around two-thirds of these service users were also in contact with the criminal justice system. Our support enabled around 50 of these individuals to identify appropriate services to assist them to reduce or abstain from drug use and to engage with these services successfully.</p>	<ul style="list-style-type: none"> • 90% Trusts / Foundations • 10% Self Generated • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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<p>(Continuation)</p> <p>11b) Reduce the number of people misusing drugs</p>	<p>(Continuation)</p> <p>Reduce -</p> <p>Drugs prevalence rate in South Ayrshire</p>	<p><u>Turning Point Scotland</u></p> <p>Seastar substance misuse service is a recovery orientated service providing, volunteer support services, peer to peer facilitation and personalised support planning. The service delivers, individually tailored sessions to clients, groups of people, and supports recovery networks in their own community. In South Ayrshire we currently deliver the following:-</p> <ul style="list-style-type: none"> • Peer to Peer support, Volunteer Support Services, Students and work placements • Social and community events; Individually tailored one to one structured interventions • Structured 12 week group recovery programme; Life coaching sessions; Skills workshops; Individual group workshops • Outreach to support recovery communities, • Circle of care support services <p>We also offer complimentary therapies including: Indian Head massage, Auricular Acupuncture, Massage, Yoga, Relaxation therapy. Our work with individuals has enabled them to reduce and/or stop their use of illicit drugs. This has reduced the numbers of people reporting using illicit drugs or reporting reduced use, thus reducing the prevalence rate locally.</p>	<p>Of our 249 clients, 69% of those with comparable outcomes report that they are maintaining or positively moving towards illicit drug free lives; individuals who are maintaining or positively moving towards illicit drug free lives will have a positive affect and reduce the drugs prevalence rate in South Ayrshire.</p>	<ul style="list-style-type: none"> • 46% Local Authority • 54% NHS
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Safe & Supported

Outcome 12 - 13

Community Safety Partnership

Contributor Organisations and Groups

Ailsa Horizons
Aspire2gether
Ayr Housing Aid Centre
Ayr United Football Academy
Ayrshire Council on Alcohol
Ballantrae Development Group (BDG)
Blackwood
Boyle Court Sheltered Housing START Association (Girvan)
Care & Share Project (Riverside Church, Ayr)
Children 1st
Friends of Newton Park (Ayr)
Girvan Youth Trust / Z1 Youth Bar
Scottish Marriage Care
South Ayrshire Befriending Project
South Ayrshire Senior's Forum
The Ark
The Lighthouse Foundation
Turning Point Scotland

Single Outcome Agreement - Outcomes and Commitment – Safe & Supported (Organisation, Agency, Group Contributors)

South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>12a) Reduce the general level of violence on our streets and in our homes and increase detection rates</p>	<p>1. Reduce – Total number of crimes of violence (murder, attempted murder, serious assault, assault and robbery)</p>	<p><u>The Ark</u> The Ark provides a safe, alcohol-free venue which aims to get young people off the streets and away from engaging in anti-social behaviour. Outreach workers are actively engaging with young people on the streets, encouraging them into safer lifestyle choices, providing programmes and generally challenging anti-social behaviour and the attitudes behind it. <i>Outreach workers helped them to see the connection between alcohol and police intervention and positively challenged this thinking.</i></p> <p><u>Ayrshire Council on Alcohol</u> Ayrshire Council on Alcohol work closely with Criminal Justice Services (linked to Probation Service) and courts to address alcohol related offending behaviour. Counselling and alcohol education is provided to assist in reducing offending behaviour.</p> <p><u>Ayr United Football Academy</u> We deliver “Night Leagues” – Football coaching programmes in the evenings and particularly on Fridays, when the incidence of anti social behaviour amongst young adult males is highest. We work in conjunction with the Community Safety Police and target areas of social deprivation.</p>	<p>Working with approximately 11,000 young people each year. Engaged with 1375 young people on the streets in one year, many of whom who were drinking and engaging in anti-social behaviour and some who reported to have been getting into trouble with the police.</p> <p>Present caseload in excess of 40 service users</p> <p>Community Safety Police keep records and there is evidence of reduced crime rates during the period of the football programmes.</p>	<ul style="list-style-type: none"> • 45% Charitable Trust • 41% Self Generated / Fees / Income • 11% Donations • 3% Gift Aid <p>100% of Core Funding comes from Contracts / Service Level Agreements</p> <ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding

<p>(Continuation)</p> <p>12a) Reduce the general level of violence on our streets and in our homes and increase detection rates</p>	<p>(Continuation)</p> <p>1. Reduce –</p> <p>Total number of crimes of violence (murder, attempted murder, serious assault, assault and robbery)</p>	<p><u>Boyle Court Sheltered Housing START (Girvan)</u></p> <p>The service user committee / wardens encourage the Community Police to attend annual meetings within the communal area, where the service users gather. We foster a ‘watch out for your neighbour’ policy and are fortunate that we have a centralised alarm system, which can be used to call our warden during the day. The system also enables residents to call for assistance during the night, through the Monitory Centre in Ayr.</p> <p><u>The Lighthouse Foundation</u></p> <p>We offer support, comfort and advice to families who are affected by drug and alcohol misuse (observing the rules of confidentiality). Through our Prison Project (HMP Kilmarnock) we are able to support families who have a family member in prison. The Project provides one-to-one support for family members (either in person or on the phone). We can provide information on prison regimes, and can also support a family through the court process, if needed. The aim of the Project is to help reduce reoffending by maintaining family contact and support (pre / post sentencing).</p> <p><u>Turning Point Scotland</u></p> <p>By supporting individuals to work towards or to remain drug free and challenging past behaviours in their one-to-one key working sessions and the formal group work is enabling clients to move on with their lives towards recovery, this also has a positive affect on the individuals offending behaviour.</p>	<p>Following a few attempted break-ins we have cut back bushes and are much more diligent at locking all our doors. We received help from Strathclyde Police (on crime prevention) and have also had a presentation from a forensic expert who explained finger printing. These activities have made the situation much less frightening.</p> <p>We are currently working with 30 South Ayrshire families who have a family member in HMP Kilmarnock</p> <p>Of our 249 clients, 57% of those with comparable outcomes report that they are maintaining or positively moving towards crime free lives, this will have the positive affect of reducing the total number of crimes of violence such as serious assault, assault and robbery.</p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants • 90% Trusts / Foundations • 10% Self Generated • 46% Local Authority • 54% NHS
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<p>(Continuation)</p> <p>12a) Reduce the general level of violence on our streets and in our homes and increase detection rates</p>	<p>2. Increase – Detections for possession of a) offensive weapons b) knives</p>	<p><u>No Organisations, Agencies or Groups felt they impacted on / contributed to this section of the Single Outcome Agreement Strategic Objectives, Indicators or Targets</u></p>		
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<p>(Continuation)</p> <p>12a) Reduce the general level of violence on our streets and in our homes and increase detection rates</p>	<p>3. Increase –</p> <p>Number of domestic abuse incidents reported to the police</p>	<p><u>South Ayrshire Befriending Project</u></p> <p>The Project hosted a conference ‘Be Smart / Be Safe’ which included a workshop on domestic abuse (delivered by Women’s Aid). This information has now been cascaded to all young people who access the Project.</p> <p><u>Ayr Housing Aid Centre</u></p> <p>Within the Centre’s caseload there are a number of cases relating to domestic abuse. Partnership working with police, victims and support agencies is a very important part of our work.</p>	<p>As a result of the conference 23 young people have increased awareness relating to recognising domestic abuse, and are empowered to access to relevant help services (<i>if affected by this issue</i>)</p>	<ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations • 95% Contract / Service Level Agreement • 5% Self Generated / Donations
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South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>12a) Reduce the general level of violence on our streets and in our homes and increase detection rates</p>	<p>The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets</p>	<p><u>Care & Share Project (Riverside Church, Ayr)</u></p> <p><i>(Care & Share service users are people experiencing drug and alcohol abdication, homelessness, social isolation issues, etc).</i>The Project provides a range of diversionary activities for service users including access to NHS addictions services. The Development Worker has attended training courses on alcohol awareness, and alcohol brief interventions. We are able to build confidence in individuals by establishing relationships and helping service users to establish routine.</p> <p>We facilitate access to support services (including further education opportunities) and are able to accompany service users to appointments.</p> <p>We also run arts and crafts sessions (weekly) and organise a variety of outward bound activity days. These activities help to develop confidence, interest and focus. Service users can also contribute to our Steering Group which encourages them to address issues facing the wider Care & Share group.</p>	<p>Service provision includes: Weekly drop in sessions (<i>Wednesdays</i>) 285 individuals have accessed the service since August 2010 – 48 people average weekly attendance. Ladies Nights (<i>last Saturday each month</i>) on average 11 young women attending. Outdoor Activities – (<i>a varied programme delivered between March and October</i>) on average 10 young people attending each activity session. Steering Group – an average of 6 people attending per meeting. We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p>	<ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church)

Single Outcome Agreement - Outcomes and Commitment – Safe & Supported (Organisation, Agency, Group Contributors)

South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12		
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile		
12b) Reduce the incidence of anti-social behaviour	1. Reduce – Number of crimes of vandalism	<p><u>Scottish Marriage Care</u></p> <p>For reasons stated in 12a again by helping to make families relate better by helping clients where the issues are around children and parenting, SMC counsellors can make a real difference in making parents bring up children in a more unified and appropriate manner and this can also result in less anti-social behaviour on the streets.</p>	<p>Approximately 30 children per year may be less likely to engage in antisocial behaviour. Around 20% of all cases involve violence in the home.</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches 		
		<p><u>The Ark</u></p> <p>The Ark engages with young people on the streets who are largely disengaged from mainstream services and engaging in anti-social behaviours. Outreach work reducing incidents of risky behaviour.</p>			<p>1375 young people engaged on the streets in one year. Encouraging young people into activities such as an Urban Arts Festival. Incidents of anti-social behaviour (under-age drinking, fire setting, stone throwing, etc) monitored to ensure safety with appropriate services (i.e. police) called when appropriate.</p>	<ul style="list-style-type: none"> • 45% Charitable Trust • 41% Self Generated / Fees / Income • 11% Donations • 3% Gift Aid
		<p><u>Ayr United Football Academy</u></p> <p>We deliver “Night Leagues” – Football coaching programmes in the evenings and particularly on Fridays, when the incidence of anti social behaviour amongst young adult males is highest. We work in conjunction with the Community Safety Police and target areas of social deprivation.</p>			<p>Community Safety Police keep records and there is evidence of reduced crime rates during the period of the football programmes.</p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding

<p>(Continuation)</p> <p>12b) Reduce the incidence of anti-social behaviour</p>	<p>(Continuation)</p> <p>1. Reduce –</p> <p>Number of crimes of vandalism</p>	<p><u>Girvan Youth Trust / Z1 Youth Bar</u></p> <p>Z1 Youth Bar is a purpose built facility for young people in Girvan and surrounding villages. The Bar provides a youth friendly environment offering viable alternatives to drug and alcohol consumption. The Z1 concept provides a contemporary adult environment – moving away from the traditional community hall youth facilities. Young people 11-18 years access a variety of activities and social interaction opportunities which the Bar provides (over 7-days a week). The Z1 concept enables young people to experience as sense of ownership / empowerment.</p> <p><u>Friends of Newton Park (Ayr)</u></p> <p>Newton Park is a public park which is open twenty-four, seven. The park has a dedicated team of volunteers who are committed to progressing the park’s development; encouraging enriched use of this urban space. Local residents / volunteers operate a Park Watch system which mirrors the Neighbourhood Watch Initiative. Engaging children and young people in the development of facilities has greatly assisted with reducing the instances of anti-social behaviour / vandalism with the Park.</p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>With help from Trading Standards we now have signs up all over the complex which deters cold callers. We have also installed a picket fence around communal grassed areas.</p>	<p>Impact on local anti-social behaviour statistics since the facility opened:</p> <ul style="list-style-type: none"> • 2008-2009 17% reduction in anti-social behaviour • 2009 -2010 74% reduction in anti-social behaviour <p>400 young people age 11-18 currently access the Z1 youth bar facility</p> <p><i>Community Safety Police keep records - but the reduction in anti-social behaviour can be clearly demonstrated by a visit to the Park.</i></p> <p>The introduction of signage has reduced the number of opportunistic callers. It also makes us more aware when a stranger enters the complex. The installation of our surrounding picket fence has reduced the number of children / youth who often entered the grassed areas during the day and at night – we feel more secure.</p>	<ul style="list-style-type: none"> • 80% Trusts / Foundations • 20% Self Generated <ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations <ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants
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<p>(Continuation)</p> <p>12b) Reduce the incidence of anti-social behaviour</p>	<p>(Continuation)</p> <p>1. Reduce – Number of crimes of vandalism</p>	<p><u>Children 1st</u></p> <p>We provide an early intervention family support model, which supports children and families to achieve improved outcomes. We work with children, many of whom have behavioural problems, to address difficulties they are having within their home, school and /or community. This work will contribute to decreased involvement in anti-social behaviour.</p>	<p>During 2010/11 we worked with 64 children</p>	<ul style="list-style-type: none"> • 70% Local Authority • 30% Trusts / Foundations
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<p>(Continuation)</p> <p>12b) Reduce the incidence of anti-social behaviour</p>	<p>2. Reduce –</p> <p>Number of deliberately set fires</p>	<p><u>No Organisations, Agencies or Groups felt they impacted on / contributed to this section of the Single Outcome Agreement Strategic Objectives, Indicators or Targets</u></p>		
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<p>(Continuation)</p> <p>12b) Reduce the incidence of anti-social behaviour</p>	<p>3. Increase -</p> <p>Number of detected cases of anti-social behaviour and crimes of disorder</p>	<p><u>Friends of Newton Park (Ayr)</u></p> <p>Newton Park is a public park which is open twenty-four, seven. The park has a dedicated team of volunteers who are committed to progressing the park’s development; encouraging enriched use of this urban space. Local residents / volunteers operate a Park Watch system which mirrors the Neighbourhood Watch Initiative.</p> <p>Active and good relations with local community police on excessive drinking and drug taking within the Park has encouraged local residents and Park users to immediately report incidents to Crime Stoppers. This is vital to increasing detection rates.</p> <p><u>Aspire2gether</u></p> <p>Our support services work with people to stabilise their lives and improve their ability to cope with day to day issues in a rational manner, including where appropriate reducing anti-social behaviour and related criminal activity.</p> <p>We work to encourage people to become active members of their community and take pride in their tenancy and surrounding areas. Support staff mediate between neighbours, families and landlords to avoid conflicts escalating to the point where external agencies are required.</p>	<p><i>Community Safety Police keep records - but the reduction in anti-social behaviour can be clearly demonstrated by a visit to the Park.</i></p> <p>Around 25% of those referred to our housing and intensive support services (145 per year) are the subject of antisocial behaviour complaints, often from neighbours. We work with individuals and families to resolve the situation before it escalates to the point where they are at risk of losing their tenancy.</p> <p>Our services also support many vulnerable individuals who are the target of antisocial behaviour. In such instances we work with them and their landlords to find a solution to the issue and, if this is not possible, to ensure that they can move to another area.</p>	<ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations <p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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<p>(Continuation)</p> <p>12b) Reduce the incidence of anti-social behaviour</p>	<p>(Continuation)</p> <p>3. Increase -</p> <p>Number of detected cases of anti-social behaviour and crimes of disorder</p>	<p><u>Ayr Housing Aid Centre</u></p> <p><i>Anti-social behaviour across tenures and the impact that has on wellbeing and neighbourhood safety is very important issue. The effectiveness of management in terms of housing is vital as is landlord registration. All contribute to safer neighbourhoods.</i></p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>Having regular meetings with the Community Police enables residents to pass on concerns which they would not normally have called the police about. <i>These links have expanded to include the local members of the Elderly Forum who meet on a regular basis in the unit and also are happy with the contact from the Community Police.</i></p> <p><u>Blackwood (South Ayrshire)</u></p> <p>Blackwood has a policy and procedure to proactively address potential neighbour disputes / anti-social behaviour to ensure the best positive living environment for all. We work in partnership with South Ayrshire Council in matters relating to anti-social behaviour neighbor disputes, etc.</p>	<p>We have a housing stock of 94 flats in Ayr and Prestwick. 13 of our properties are designed for and are exclusively let to people with a recognised disability / health condition.</p>	<ul style="list-style-type: none"> • 95% Contract / Service Level Agreement • 5% Self Generated / Donations • 95% Self Generated • 5% Trusts / Grants • Donations • Local Authority • NHS • Scottish Government • Membership
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South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
12b) Reduce the incidence of anti-social behaviour	The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets	<p>Care & Share Project (Riverside Church, Ayr)</p> <p><i>(Care & Share service users are people experiencing drug and alcohol abdication, homelessness, social isolation issues, etc. The Project works closely with the Community Safety Partnership and the local Regeneration Forum.</i></p> <p>We are able to impact on incidences of anti-social behaviour through providing a range of diversionary activities for service users including access to NHS addictions services. The Development Worker has attended training courses on alcohol awareness, and alcohol brief interventions.</p> <p>We are able to build confidence in individuals by establishing relationships and helping service users to establish routine. We facilitate access to support services (including further education opportunities) and are able to accompany service users to appointments. We also run arts and crafts sessions (weekly) and organise a variety of outward bound activity days. These activities help to develop confidence, interest and focus. Service users can also contribute to our Steering Group which encourages them to address issues facing the wider Care & Share group.</p>	<p>Service provision includes: Weekly drop in sessions (<i>Wednesdays</i>) 285 individuals have accessed the service since August 2010 – 48 people average weekly attendance.</p> <p>Ladies Nights (<i>last Saturday each month</i>) on average 11 young women attending. Outdoor Activities – (<i>a varied programme delivered between March and October</i>) on average 10 young people attending each activity session Steering Group – an average of 6 people attending per meeting</p> <p>We currently have 30 active volunteers: 17 volunteers who work on a rota basis (Wednesday drop in), 13 volunteers who work on a rota basis (Ladies Night)</p>	<ul style="list-style-type: none"> • 52% Contracts / Service Level Agreements • 26% Local Authority • 22% Self Funded (contribution from Church)

Single Outcome Agreement - Outcomes and Commitment – Safe & Supported (Organisation, Agency, Group Contributors)

South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
12c) Reduce the public perception of the level of crime and anti-social behaviour	<p>Increase –</p> <p>The percentage of adult residents stating that they feel ‘very safe’ or ‘fairly safe’ when walking alone in the local neighbourhood after dark</p>	<p><u>Ayr United Football Academy</u></p> <p>We deliver “Night Leagues” – Football coaching programmes in the evenings and particularly on Fridays, when the incidence of anti social behaviour amongst young adult males is highest. We work in conjunction with the Community Safety Police and target areas of social deprivation.</p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>The surrounding area at Boyle Court has been made more secure with the introduction of the ‘No Cold Calling’ signs, the fenced grassed areas and the integral alarm system. The area is also very well lit in the evening.</p> <p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. Improved road safety and the prevention of crime within the village are key priorities, in the Development Plan.</p>	<p>Community Safety Police keep records and there is evidence of reduced crime rates during the period of the football programmes.</p> <p>The majority of the 30 service users feel very safe.</p> <p>The Group works closely with the Community Police team to address local road safety / crime issues. Community Police are encouraged to attend Community Meetings.</p> <p>A key action highlighted in the Development Plan which relates to crime reduction / community safety is the reinstatement of a Neighbourhood Watch scheme within the village.</p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding • 95% Self Generated • 5% Trusts / Grants <p>We have received / generated no income to date.</p>

<p>(Continuation)</p> <p>12c) Reduce the public perception of the level of crime and anti-social behaviour</p>	<p>(Continuation)</p> <p>Increase –</p> <p>The percentage of adult residents stating that they feel ‘very safe’ or ‘fairly safe’ when walking alone in the local neighbourhood after dark</p>	<p><u>Aspire2gether</u></p> <p>Our support services work with people to stabilise their lives and improve their ability to cope with day to day issues in a rational manner, including where appropriate reducing anti-social behaviour and related criminal activity.</p> <p>We work to encourage people to become active members of their community and take pride in their tenancy and surrounding areas. Support staff mediate between neighbours, families and landlords to avoid conflicts escalating to the point where external agencies are required.</p>	<p>Around 25% of those referred to our housing and intensive support services (145 per year) are the subject of antisocial behaviour complaints, often from neighbours. We work with individuals and families to resolve the situation before it escalates to the point where they are at risk of losing their tenancy.</p> <p>Our services also support many vulnerable individuals who are the target of antisocial behaviour. In such instances we work with them and their landlords to find a solution to the issue and, if this is not possible, to ensure that they can move to another area.</p>	<p>In Ayrshire, our income is:</p> <ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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Single Outcome Agreement - Outcomes and Commitment – Safe & Supported (Organisation, Agency, Group Contributors)

South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>12d) Reduce the number of injuries and casualties in the home and on our roads</p>	<p>1. Reduce –</p> <p>The number of people killed and seriously injured in road traffic collisions</p>	<p><u>Friends of Newton Park (Ayr)</u></p> <p>Safe cycling paths / safety barriers positioned at entry and exit points to the park are now in place. This has been achieved through partnership working with South Ayrshire Council. Safe cycling provision within the park grounds reduces the risk of those learning to cycle running on to the roads which surround the park.</p> <p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village's Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. Improved road safety within the village is a key priority, in the Development Plan, as the A77 road which is the main road link between Glasgow and the ferry ports of Stranraer and Cairnryan passes through the middle of the village.</p>	<p>The Group is working with the Community Police / Amey to address local road safety issues.</p> <p><i>Speeding drivers and heavy use by HGV vehicles cause the greatest safety concerns for residents.</i></p>	<ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations <p>We have received / generated no income to date.</p>

<p>12d) Reduce the number of injuries and casualties in the home and on our roads</p>	<p>2. Reduce – The number of hospital admissions as a result of unintentional injuries for a) children under 15 years and b) older people over 65 years</p>	<p><u>Scottish Marriage Care</u> Violent behaviour in the home can be a real problem; this can lead to series injuries and even death. SMC counsellors are trained to deal with violent and abusive behaviour and can make a real difference to couples that were formally abusive realising that violence is not the way. This can also have real positive impact on any children in the family.</p> <p><u>South Ayrshire Seniors Forum</u> The Forum is currently represented on the Public Partnership Forum and also is currently involved in promoting a service which should contribute to the reduction of falls in the home. Through the PPF we are on a working group looking at NHS discharge practice with a view to improving the process and the Care & Repair project will be a complement to this. <i>(The work done through the Public Partnership Forum by the representative of our Forum is carried out with Older People as a priority theme. It enables access to information about health services that directly related to older people).</i></p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u> Within the complex we have a regional scheme to reduce the number of hospital admissions through falls. Activity includes the warden giving talks / providing advice on sensible footwear, diet, alcohol and hydration. We also promote the Health Board ‘falls program’. This programme runs sessions over ten weeks to assist with mobility problems. Signposting to other NHS departments for aids and adaptations is also available through the programme.</p> <p><u>Children 1st</u> We work with parents of children aged 0-12 in order to improve their parenting capacity. This work will improve the supervision given to children by their parents.</p>	<p>Around 20% of all cases Scottish Marriage Care involve violence in the home. Approximately 25-30% of our clients have a drug / alcohol problem that may be helped directly or indirectly from counselling.</p> <p>By supporting a bid from one of our member organisations ‘Care & Repair’ to provide a Rapid small Repairs Response Team through the Change Fund.</p> <p><i>Membership of a Working Group which focuses on the development of ideas relating to safety in the home.</i></p> <p>Over 30 residents have access to advice aimed at reducing falls in the home</p> <p>We worked with 113 parents / carers during 2010 /11</p>	<ul style="list-style-type: none"> • 40% Scottish Government • 30% Donations • 10% Trusts / Foundations • 10% Local Authority • 10% Churches <p>To date we have received 1 grant from South Ayrshire Council, we have received no other funding.</p> <ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants <ul style="list-style-type: none"> • 70% Local Authority • 30% Trusts / Foundations
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<p>(Continuation)</p> <p>12d) Reduce the number of injuries and casualties in the home and on our roads</p>	<p>(Continuation)</p> <p>2. Reduce –</p> <p>The number of hospital admissions as a result of unintentional injuries for a) children under 15 years and b) older people over 65 years</p>	<p><u>Aspire2gether</u></p> <p>Our support staff work with people in their tenancies to ensure that they are able to cope with day-to-day household management and where difficulties are identified they will liaise with appropriate agencies to have modifications made to avoid accidents in the home that may result in hospital treatment.</p>	<p>Aspire2gether housing and intensive support services work with all service users to ensure that they are registered with a GP and a dentist and encourage and support them to use these services as required and not to use emergency services inappropriately.</p>	<ul style="list-style-type: none"> • 67% Local Authorities • 23% Housing Association Contracts / Service Level Agreements • 7% Trusts / Foundations • 3% Self Generated
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<p>(Continuation)</p> <p>12d) Reduce the number of injuries and casualties in the home and on our roads</p>	<p>3. Reduce –</p> <p>The number of fire-related fatalities and casualties</p>	<p><u>Ayr United Football Academy</u></p> <p>We partner the NHS Fresh Air-shire team in their smoking prevention programme, one of the objectives of which is to reduce domestic residence fires.</p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>The Fire Brigade visits the complex on an annual basis to give a talk on fire safety / promote home fire safety checks to encourage the use of smoke detectors.</p> <p><u>Blackwood Care (South Ayrshire)</u></p> <p>Blackwood trains all staff in fire prevention and safety. Weekly checks are carried out in properties to ensure fire detection systems are fully operational. Where care and support is provided within Blackwood properties by our Care and Support teams, staff handsets are linked to fire detection systems within service user’s homes for early detection and action. Fire evacuation plans etc are openly available in the event of fire. There are trained First Aiders on shift within 24 hour support service locations.</p>	<p><i>Statistics currently unavailable</i></p> <p>Over 50 residents have access to fire safety advice</p> <p>13 of our properties are designed for and are exclusively let to people with a recognised disability / health condition. <i>(These properties have linked fire detections systems).</i></p>	<ul style="list-style-type: none"> • 85% Contracts / Service Level Agreements • 15% Self Generated Funding • 95% Self Generated • 5% Trusts / Grants • Donations • Local Authority • NHS • Scottish Government • Membership
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South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>12d) Reduce the number of injuries and casualties in the home and on our roads</p>	<p>The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets</p>	<p><u>Blackwood (South Ayrshire)</u></p> <p>Blackwood has health and safety policies and procedures to maximize all stakeholders health and well-being i.e. manual handling, Admin and Control of Medication, working alone in safety, fire safety, reporting of near misses, accidents and incidents etc.</p>	<p>We have a housing stock of 94 flats in Ayr and Prestwick. 13 of our properties are designed for and are exclusively let to people with a recognised disability / health condition.</p>	<ul style="list-style-type: none"> • Donations • Local Authority • NHS • Scottish Government • Membership

Single Outcome Agreement - Outcomes and Commitment – Safe & Supported (Organisation, Agency, Group Contributors)

South Ayrshire is a safe place in which to live, work and visit				Local Outcome 12
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
12e) Positively impact on drug use	<p>Increase –</p> <p>Detections for drug related crime</p> <p>a) supply</p> <p>b) possession and other drug crimes</p>	<p><u>The Lighthouse Foundation</u></p> <p>We provide direct support to families who are finding it difficult to cope with a family member’s addiction. The following services enable families affected by someone else’s addiction to access direct support to cope with their situation:</p> <ul style="list-style-type: none"> • Family Support: one-to-one / group support, advice, advocacy, focus groups, signposting, respite activities / holidays • Supporting families of Prisoners: support pre/post sentencing, awareness of prison and court systems • Stop Drugs Education Saves Lives: basic drugs awareness training / overdose prevention / intervention delivered to all age ranges in a variety of school, employment and community settings • Children & Young People’s Therapy: on-going one-to-one / group therapies and tailored support to enable young people and children to understand / come to terms with their experiences (resulting from living with a family member with an addiction) • Mediation: enables people in recovery (stabilised to redevelop family ties lost as a result of addiction) 	<p><i>(The families who access our services positively impact on detections for drug related crime; by notifying the police of dealers in their home areas)</i></p> <p>We have provided support to 13 families in South Ayrshire</p> <p>We have provided support to 30 families who have a family member in HMP Kilmarnock</p> <p>We have delivered drug awareness / prevention training to over 7,000 people pan Ayrshire</p> <p>We have provided support to 12 children / young people in South Ayrshire</p> <p>We have provided family mediation to 13 South Ayrshire families</p>	<ul style="list-style-type: none"> • 90% Trusts / Foundations • 10% Self Generated

<p>(Continuation)</p> <p>12e) Positively impact on drug use</p>	<p>(Continuation)</p> <p>Increase – Detections for drug related crime a) supply b) possession and other drug crimes</p>	<p><u>South Ayrshire Befriending Project</u></p> <p>The Project hosted a conference ‘Be Smart / Be Safe’ which included a workshop on alcohol / drug misuse. This information has now been cascaded to all young people who access the Project.</p>	<p>As a result of the conference 23 young people have increased awareness relating to drug misuse, and are empowered to access relevant help services <i>(if affected by this issue)</i></p>	<ul style="list-style-type: none"> • 64% Grants • 25% Local Authority • 11% Various Donations
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Single Outcome Agreement - Outcomes and Commitment – Safe & Supported (Organisation, Agency, Group Contributors)

People in South Ayrshire are supported to improve their communities				Local Outcome 13
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
13a) Increase the proportion of communities with local groups committed to improving their neighbourhood	Increase – The number of communities with a local development plan in place	<p><u>Friends of Newton Park (Ayr)</u></p> <p>Friends of Newton Park was founded in 2002. Since its formation this volunteer Group has worked in partnership with both statutory and voluntary sector bodies to enhance /utilise this urban park. The Group has involved the local community during all stages of the park’s development. It has also been successful in sourcing funding to develop facilities / improve the park landscape.</p>	<p>Partnership working has involved: South Ayrshire Council, NHS, PPF, local schools / community council, Volunteer Centre South Ayrshire – now VASA, BTCV, Forestry Commission and RSPB.</p>	<ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations
		<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>The service user committees have planned a five year landscaping project, in conjunction with the council. The plan sets out objectives to improve the look / ensure effective use of the grounds round the sheltered housing complex. The following actions have helped to realise a safer and improved living environment for residents:</p> <ul style="list-style-type: none"> • Improvement of surrounding grassed areas, planting vegetables and preventing people / dogs from entering the complex • Promoting the planting of residents front gardens and proving assistance, if they cannot achieve this on their own 	<p>Over 50 residents have been involved in developing and implementing the plan. 100% positive feedback received to date <i>(relating to improvements realised as a result of the plan)</i></p> <p><i>Achievements to date have involved the use of intergenerational practices – local schools, volunteers and the assistance of the local BTCV Green Gym.</i></p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants

Clean, Attractive & Sustainable

Outcome 14 -16

Sustainability Partnership (Theme Group)

Contributor Organisations and Groups

Ailsa Horizons
 Ballantrae Development Group (BDG)
 Ballantrae Rural Initiative Care in the Community (BRICC)
 Blackwood
 Bookcycle
 Boyle Court Sheltered Housing START Association (Girvan)
 Friends of Newton Park (Ayr)
 Galloway Forest Project (ProjectScotland)
 Girvan Community Garden
 Real Work Skills

Single Outcome Agreement - Outcomes and Commitment – Clean Attractive & Sustainable (Organisation, Agency, Group Contributors)

South Ayrshire has sustainable and accessible amenities and service to meet the needs of all communities				Local Outcome 14
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>14a) Engage people, businesses and communities more effectively in the sustainability agenda</p>	<p>Increase – Number of: a) schools b) churches achieving Eco-School Green Flag or Eco-Congregation status</p>	<p><u>Galloway Forest Project (ProjectScotland)</u> The Project engages young people 18-25 in a varied programme of activities such broad leaf tree planting, wildlife /natural heritage conservation. Activities impact on the sustainability agenda but also promote the Galloway Forest Park as a visitor attraction, encouraging people from the South Ayrshire community to access / appreciate the local environment.</p> <p><u>Friends of Newton Park (Ayr)</u> Friends of Newton Park work in partnership with the local primary school and the parish church. The school utilises the park space to engage pupils in a varied programme of maintenance / improvement activities in their local park (through the Eco Green Flag Programme). <i>The local church actively engages: youth groups, boys brigade / guides groups in park renovation / gala events.</i></p>	<p>During 2010 /11 conservation activities completed have included: 13,500 broadleaf trees planted (Galloway Forest Park area), 6 Ditching / Drainage projects carrying out 5,000mtrs of drainage work. Maintenance of :Black Grouse Viewing Platform (Carrick Forest Drive) / communal areas in Straiton village centre / pathwork to ancient monument site at Barrhill</p> <p>Volunteers attend parent / teacher evenings to actively advance joined up working between the school / parents and children living in the local community.</p>	<p>In South Ayrshire we are 100% funded by Project Scotland</p> <ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations

<p>(Continuation)</p> <p>14a) Engage people, businesses and communities more effectively in the sustainability agenda</p>	<p>(Continuation)</p> <p>Increase –</p> <p>Number of:</p> <p>a) schools</p> <p>b) churches</p> <p>achieving Eco-School Green Flag or Eco-Congregation status</p>	<p><u>Girvan Community Garden</u></p> <p>We work in partnership with BTCV (Green Gym initiative) to involve local people in developing the garden. On average 11 volunteers per week are involved in this way. Volunteering Sundays are also popular with local volunteers of all ages.</p> <p>Girvan Academy pupils were involved in garden activities over an 8 week period. The pupils built a bench for the garden, as their main project. In addition S3 pupils created mosaics (in school) for the garden (<i>as a mini trail for younger children to follow</i>). They also painted signs to distribute around the garden.</p> <p>Girvan Primary school pupils (P1's) Discovery Group are currently visiting the garden to learn how to sow seeds, pot up seedlings and look after them as they mature. Pupils have also looked at wild flowers to study what insects they attract into the garden. Pupils will also participate in harvesting and eating their produce over the coming weeks.</p> <p>Sacred Heart school has taken part in a story telling session and planted beans this year. Invergarven School for special needs pupils have participated small activities in the garden in 2010.</p>	<p>January - May 2011 (231 individual volunteering contributions). An average of 6 volunteers per week take part in Sunday volunteering</p> <p>An average of 11 Girvan Academy pupils participated (weekly)</p> <p>30 pupils participated over a 6 week period</p> <p>26 pupils participated</p>	<ul style="list-style-type: none"> • 49% Leader • 24% Leader (Claimed Back) • Donations • Self Generated • Local Authority
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<p>(Continuation)</p> <p>14a) Engage people, businesses and communities more effectively in the sustainability agenda</p>	<p>(Continuation)</p> <p>Increase –</p> <p>Number of:</p> <p>a) schools</p> <p>b) churches</p> <p>achieving Eco-School Green Flag or Eco-Congregation status</p>	<p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village’s Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. Our Environment is one of the four Strategic Themes in the Development Plan, and is a key priority for the village. Priority Actions highlighting the Group’s plans relating to this Strategic Theme are:</p> <p><u>How the village looks:</u> More planters, tidy gardens and public areas; and a concerted, co-ordinated effort to improve the look of the buildings in our streets</p> <p><u>Caring for the Environment:</u> Be responsible custodians of our local environment eg in relation to issues such as the biosphere; energy conservation; windfarms and landfill</p>	<p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG's ideas.</p> <p>BDG works closely with all 27 groups who operate in the village. The local Primary school, children’s / youth groups, church, parent and toddler groups, scouts etc all actively involve children in projects linked to community issues. Recent community projects actively engaging the community more effectively in the sustainability agenda are the Beautiful Ballantrae initiative, garden competition, litter picks and beach cleans, community activities at the local Garden Centre, seasonal community based family events.</p> <p>Working with each community group to ensure actions from those plans are being progressed.</p>	<p>We have received / generated no income to date.</p>
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South Ayrshire has sustainable and accessible amenities and service to meet the needs of all communities				Local Outcome 14
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
14a) Engage people, businesses and communities more effectively in the sustainability agenda	The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets	<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>We have a small communal vegetable garden, which we hope to expand. We actively encourage residents to become involved in the communal garden initiative. This year we have managed to get the majority of the service users growing their own potatoes, both in bags and in their gardens. Local garden enthusiasts / wardens are actively involved in the both vegetable growing activities.</p>	Over 40 Boyle Court residents take part in: vegetable growing initiatives.	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants
		<p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p> <p>The principal objective of BRICC is to support the elderly, frail and other people in need throughout the Stinchar Valley and South Carrick. We provide a weekly social club (The BRICC Club) and a weekly Drop in Club (45 members). The BRICC Club which is entirely staffed by volunteers provides an opportunity for social interaction with peers. We also provide homecare services for over 110 clients in their own homes. BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop’s staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</p> <p><u>Ailsa Horizons</u></p> <p>Eight Village Level Action Plans produced, in: Ballantrae, Barr, Barrhill, Colmonell, Lendalfoot, Dailly, Tarbolton and Mossblown & St Quivox We also provide support to village development associations and the Carrick Community Councils’ Forum to design and implement projects addressing the sustainability agenda.</p>	<p>The BRICC Thrift Shop is well used by customers and donors alike. Last year we raised our highest amount since the organisation was founded 14 years ago. We now have a large tail-lift van to deal with larger recyclable items such as furniture.</p>	<p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop’s staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p> <ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated

Single Outcome Agreement - Outcomes and Commitment – Clean Attractive & Sustainable (Organisation, Agency, Group Contributors)

South Ayrshire has sustainable and accessible amenities and service to meet the needs of all communities				Local Outcome 14
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
14b) Increase the availability of affordable homes in South Ayrshire	<p>Increase –</p> <p>Annual number of new affordable homes completed and occupied</p>	<p><u>Ailsa Horizons</u></p> <p>We are working with the Carrick Community Councils’ Forum and Ayrshire Housing to identify possible brown-field development sites</p>	<p>Funding application submitted – intending to complete survey in the current financial year</p>	<ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated

Single Outcome Agreement - Outcomes and Commitment – Clean Attractive & Sustainable (Organisation, Agency, Group Contributors)

South Ayrshire has sustainable and accessible amenities and service to meet the needs of all communities				Local Outcome 14
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
14c) Increase the resistance of assets and services to the impacts of climate change	<p>Increase –</p> <p>Index of the level of preparedness of the Partnership for managing the risks associated with climate change</p>	<p><u>No Organisations, Agencies or Groups felt they impacted on / contributed to this section of the Single Outcome Agreement Strategic Objectives, Indicators or Targets</u></p>		

Single Outcome Agreement - Outcomes and Commitment – Clean Attractive & Sustainable (Organisation, Agency, Group Contributors)

South Ayrshire has attractive built and natural environments, appreciated by its citizens and visitors				Local Outcome 15
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
15a) Improve the local environment of urban and rural areas	1. Increase – The percentage of the population rating their neighbourhood as very good	<p><u>Girvan Community Garden</u></p> <p>The Garden exists to advance development and regeneration of the area of land situated at rear of Knockcushan House, 25 Knockcushan St, Girvan, and other areas of land in Girvan and surrounding villages in South Ayrshire. Its main aims are the advancement of citizenship or community development and the provision of recreational facilities. The Garden utilises volunteers and provides training opportunities. It also acts as a venue for public events, art work displays etc.</p> <p><u>Friends of Newton Park (Ayr)</u></p> <p>Since the formation of Friends of Newton Park in 2002 Newton Park has been transformed. Prior to 2002 the park was a Spartan urban park space that was a haven for vandalism, under age drinking, etc. As a result of much hard work by small committed group of volunteers, the local community, schools and statutory / voluntary sector partners the park has been transformed. Park facilities have been greatly enhanced and much work has also taken place to improve park safety, aesthetics, promote biodiversity etc.</p> <p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>The service user committees have planned a five year landscaping project, in conjunction with the council. The plan sets out objectives to improve the look / ensure effective use of the grounds round the sheltered housing complex.</p>	<p>The facilities and activities of the garden are available to members of the public at large and / or those who, by reason of their youth, age, infirmity or disablement, poverty or social and economic circumstances, have need of such facilities with the object of improving their conditions of life.</p> <p>75% of local residents consulted feel park improvements have enhanced the local area. Park improvements have also resulted in a marked increased the number of local residents accessing / enjoying the park.</p> <p>Over 50 residents have been involved in developing and implementing the plan. 100% positive feedback received to date (<i>relating to improvements realised as a result of the plan</i>)</p>	<ul style="list-style-type: none"> • 49% Leader • 24% Leader (Claimed Back) • Donations • Self Generated • Local Authority <ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations <ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants

<p>(Continuation)</p> <p>15a) Improve the local environment of urban and rural areas</p>	<p>2. Increase – Cleanliness of local streets</p>	<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>By fencing off the ‘open’ complex and putting up no dog fouling signs we have been successful in reducing dog fouling within the complex.</p> <p><u>Blackwood (South Ayrshire)</u></p> <p>Maintenance staff within Blackwood Housing ensure high standards of property and environment through cyclical and planned maintenance programmes. We are proactive in encouraging our tenants to maintain a clean and tidy environment in the street / communal areas adjacent to their homes. Staff regularly check the external environment surrounding our properties and clear standards relating to cleanliness and environmental issues are stipulated in our Tenancy Support Agreements.</p>	<p>The reduction in dog fouling has not only improved the complex area but it also appears to have been successful in highlighting the need to reduce mess on the adjacent street. <i>(As a result local residents / dog owners have approached us with positive feedback).</i></p> <p>We have a housing stock of 94 flats in Ayr and Prestwick.</p> <p>13 of our properties are designed for and are exclusively let to people with a recognised disability / health condition</p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants • Donations • Local Authority • NHS • Scottish Government • Membership
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South Ayrshire has attractive built and natural environments, appreciated by its citizens and visitors				Local Outcome 15
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
15a) Improve the local environment of urban and rural areas	The following organisations, agencies and groups feel they contribute to the Strategic Objective listed, but not the corresponding Indicators & Targets	<p><u>Ballantrae Development Group (BDG)</u></p> <p>Ballantrae Development Group (BDG) was established by the Ballantrae Community Council in January 2011, to discuss ideas for the development of the village. The village's Development Plan sets out a "Vision, Themes and Priorities" for the future of the village. As we plan for the future, we will focus on four Strategic Themes and within these themes we will pursue a number of Priority Actions (which may change over time). These are:</p> <ol style="list-style-type: none"> <u>Economic Sustainability</u>: Support for local businesses, Encouraging Tourism <u>Our Environment</u>: How the village looks, Homes and Housing, Transport, Caring for the Environment, Community Safety <u>Social Sustainability</u>: Facilities and Activities, Support for Community Groups, Community Health and Wellbeing <u>Good Communications</u>: A Ballantrae Website & Newsletters, Information Boards, Engagement in Community Planning <p><u>Ailsa Horizons</u></p> <p>Eight Village Level Action Plans produced, in: Ballantrae, Barr, Barrhill, Colmonell, Lendalfoot, Dailly, Tarbolton and Mossblown & St Quivox</p>	<p>Local residents were surveyed in 2009/10 (in partnership with Ailsa Horizons). The survey results formed key actions for the village. These key actions led to the formation of the BDG and have also formed the village's Development Plan. Through the Development plan we intend to improve residents' rating of their neighbourhood.</p> <p>BDG comprises 7 members of the local community. A "Reference Group" of a further 12 people has been established as a sounding board for the BDG's ideas.</p> <p>One of the first "deliverables" was a village website www.ballantrae.org.uk. The BDG are now represented on the Sustainability / Economic Development Mirrored Theme Groups, which enable direct communication with the CPP.</p> <p>Working with each community group to ensure actions from those plans are being progressed</p>	<p>We have received / generated no income to date.</p> <ul style="list-style-type: none"> 20% Service Level Agreements 80% Self Generated

Single Outcome Agreement - Outcomes and Commitment – Clean Attractive & Sustainable (Organisation, Agency, Group Contributors)

South Ayrshire's carbon emissions are substantially reduced				Local Outcome 16
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
16a) Encourage households, public sector agencies and businesses to reduce their carbon emissions	Reduce – Carbon footprint for South Ayrshire(<i>tonnes per head of population</i>)	<p><u>Girvan Community Garden</u></p> <p>The Community Garden has a very low carbon footprint due to the fact that we harvest water; we have no electricity on site so we are looking to use solar energy in the future.</p> <p><u>Friends of Newton Park (Ayr)</u></p> <p>As a result of an on-going tree planting programme since 2002 the park has benefited from increased biodiversity. Creating wildlife areas decreases the need for excessive hedge / grass cutting resulting in a reduction in the use of maintenance machinery.</p> <p><u>Ballantrae Rural Initiative Care in the Community (BRICC)</u></p> <p>BRICC Thrift Shop operates purely on donated stock. The Thrift Shop is an important local outlet for recycling goods back into local communities which helps to reduce the amount of waste going to landfill.</p>	<p>148 broad leaf trees planted (still surviving) since 2002. <i>Many more, little saplings planted but broken by kids and dogs.</i></p> <p>The BRICC Thrift Shop is well used by customers and donors alike. Last year we raised our highest amount since the organisation was founded 14 years ago. We now have a large tail-lift van to deal with larger recyclable items such as furniture.</p>	<ul style="list-style-type: none"> • 49% Leader • 24% Leader (Claimed Back) • Donations • Self Generated • Local Authority <ul style="list-style-type: none"> • Trusts / Foundations • Lottery • Donations <p><i>BRICC Thrift Shop, which opens daily and is staffed entirely by volunteers raises substantial funds to help with our activities. There are around 50 people on the shop's staffing rota or working behind the scenes. All of the stock is donated. The Thrift Shop is an important local outlet for recycling goods.</i></p>

(Continuation)	(Continuation)			
<p>16a) Encourage households, public sector agencies and businesses to reduce their carbon emissions</p>	<p>Reduce – Carbon footprint for South Ayrshire (<i>tonnes per head of population</i>)</p>	<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>We compost all waste that we can through the use of compost bins and kitchen tidies we received from South Ayrshire Council (<i>through their waste management program</i>).</p> <p><u>Bookcycle</u> <i>Bookcycle is a new social enterprise, with profits going back into the community. We operate Ayrshire wide to raise funds for not-for-profit organisations and community groups. We have local collection points in South Ayrshire.</i></p> <p>Recycling activities enable us to support local volunteers, provide work skills, supply free books to local literacy groups and avoid landfill. Volunteers have the opportunity to gain confidence, develop new skills and improve employability.</p> <ul style="list-style-type: none"> • Books donated by not-for-profit organisations and community groups will receive either 25% of the sale price or if they have no sale value they will receive a percentage of the pulp price • 100% of the sale / pulp value of books donated by members of the community will support Bookcycle volunteer placements <p><u>Ailsa Horizons</u></p> <p>Community ownership of carbon reducing facilities is increased through facilitating wind farm community benefit organisations to fund projects – some of which are carbon-reducing.</p>	<p>All new service users get a bin tidy and are encouraged to compost</p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants
			<p><i>Unable to quantify at present as we are in our first year of trading. We have only recently secured premises for our operations.</i></p>	<p>Start-up funding has been received from 2 social enterprise support agencies</p>
			<p>Ailsa Horizons is developing a wind turbine project with community ownership model.</p>	<ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated

Single Outcome Agreement - Outcomes and Commitment – Clean Attractive & Sustainable (Organisation, Agency, Group Contributors)

South Ayrshire’s carbon emissions are substantially reduced				Local Outcome 16
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
16b) Encourage the reduction and reuse of waste products	<p>1.Reduce – Tonnage of biodegradable municipal waste going to landfill</p> <p>2. Increase – Percentage of waste recycled or composted</p>	<p><u>Boyle Court Sheltered Housing START Association (Girvan)</u></p> <p>We encourage recycling on an on-going basis and also promote this theme within our complex for one month each year. A method we have found to be particularly useful has been to type up colour coded list, (during our computing classes) that identify which items go into the relevant recycling bins. Residents who have mobility issues receive assistance from the warden / volunteers to access the recycling bins.</p> <p><u>Girvan Community Garden</u></p> <p>The Community Garden uses donated compost, from South Ayrshire Council from waste products.</p> <p><u>Real Work Skills</u></p> <p>We take in donated suits for issue to candidates who have interviews. This diverts unwanted clothing from landfill. We are unable to quantify the amount as we have never weighed them. We are also signed up to Zero Waste Scotland, and do as much recycling as possible, also encouraging our tenants to do the same.</p>	<p>Over 50 residents are encouraged to participate in recycling household waste on an on-going basis</p>	<ul style="list-style-type: none"> • 95% Self Generated • 5% Trusts / Grants • 49% Leader • 24% Leader (Claimed Back) • Donations • Self Generated • Local Authority • 70% Self Generated / Trading • 30% Lottery

<p>(Continuation)</p> <p>16b) Encourage the reduction and reuse of waste products</p>	<p>(Continuation)</p> <p>1.Reduce – Tonnage of biodegradable municipal waste going to landfill</p> <p>2. Increase – Percentage of waste recycled or composted</p>	<p><u>Bookcycle</u></p> <p><i>Bookcycle is a new social enterprise, with profits going back into the community. We operate Ayrshire wide to raise funds for not-for-profit organisations and community groups. We have local collection points in South Ayrshire.</i></p> <p>Recycling activities enable us to support local volunteers, provide work skills, supply free books to local literacy groups and avoid landfill. Volunteers have the opportunity to gain confidence, develop new skills and improve employability.</p> <ul style="list-style-type: none"> • Books donated by not-for-profit organisations and community groups will receive either 25% of the sale price or if they have no sale value they will receive a percentage of the pulp price • 100% of the sale / pulp value of books donated by members of the community will support Bookcycle volunteer placements 	<p><i>Unable to quantify at present as we are in our first year of trading. We have only recently secured premises for our operations.</i></p>	<p>Start-up funding has been received from 2 social enterprise support agencies</p>
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Single Outcome Agreement - Outcomes and Commitment – Clean Attractive & Sustainable (Organisation, Agency, Group Contributors)

South Ayrshire’s carbon emissions are substantially reduced				Local Outcome 16
Strategic Objective	Indicators & Targets	Organisation, Agency, Group (service provision relating to Indicators & Targets)	Quantifiable / Soft Indicators	Income Profile
<p>16c) Persuade people to adopt less environmentally polluting forms of transport, including walking and cycling</p>	<p>1. Increase - Percentage of adults that travel to work or education by active or public transport</p> <p>2. Maintain – Percentage of journeys to/from school by active or public transport</p> <p>3. Maintain – Percentage of passengers satisfied with the public transport system</p>	<p><u>Galloway Forest Project (ProjectScotland)</u></p> <p>The Project base is in an outlying village (Straiton) which is served by a limited public transport service. To enable Project beneficiaries to access this employment and training opportunity it provides a minibus service from designated pick-up points in Ayr / Ayr Travel to Work Area to the Project base.</p> <p><u>Ailsa Horizons</u></p> <p>Community Transport is supported in our work by being part of the RTNG Network for Carrick</p>	<p>During 2010 /11 – 60 beneficiaries / employees accessing the Project’s transport service</p> <p>504 communal travel to work journeys provided (average of 14 people including driver per journey)</p> <p>RTNG is working on a feasibility study that will inform South Ayrshire about the accessibility and capacity of rural community transport within Carrick.</p>	<p>In South Ayrshire we are 100% funded by Project Scotland</p> <ul style="list-style-type: none"> • 20% Service Level Agreements • 80% Self Generated